

DISCUSSION GUIDE

ICE BREAKER: What's your favorite chip flavor, and what does it pair best with?

1. Read Galatians 5: 16-18. How does this passage help you understand the feeling of being out of step, or out of rhythm with the Holy Spirit?
2. Read Galatians 5: 19-21. Pastor Tom noted three categories where our sinful nature tends to come out. Take some time to discuss how (1) each of these leads us to be out of step with the Spirit, and (2) experiences that you have had battling each of them.
 - a. Physical or sexual
 - b. Spiritual confusion
 - c. Relationship issues
3. Thankfully, we aren't left on our own to figure out how to get back in rhythm. Read Romans 6:4 and discuss how we, as Jesus followers, can live new lives by the power of our Heavenly Father.
4. Read Galatians 2:20 and 5:1. What does it look like in your mind to have Christ living in you, and to stay free without getting re-tied to slavery?
5. Read Galatians 5:22-23. How does this picture line up with, or differ from your idea of what you discussed in question 4?
6. Galatians 5:24-25 shows us how to walk in step with the Spirit. How do we do so, but more importantly, what is that going to look like in your everyday life this week

PERSONAL GUIDE

Day One: **1 Samuel 2**
Day Two: **1 Samuel 3**
Day Three: **1 Samuel 4**
Day Four: **1 Samuel 5**
Day Five: **1 Samuel 6**



**MESSAGE NOTES & SMALL GROUP
DISCUSSION || PERSONAL GUIDES**

“OUT OF STEP”

FEBRUARY 23RD, 2020



“Out of Step”

[Tom Lundeen, Senior Pastor]

MESSAGE NOTES

The Scriptures tell us how important it is for genuine Jesus followers to be in right _____ with the Holy Spirit...

So when it comes to following and serving Jesus every day, are we in _____ with the Holy Spirit, or are we out of step...?

1. When we Have Two _____...

Note Galatians 5:16-19a

Our _____ nature is something we're used to seeing and experiencing...but we do seem to see it more _____ in other people's lives than our own.

- A. Physical/_____ (note Galatians 5:19b) - *sexual immorality* (_____); _____ (filthy heart and mind); *lustful pleasures* (uncontrolled appetites and no _____). Any kind of sexual _____ outside of God's design (one man/one woman in a lifetime marriage) tells us we're out of step with the Spirit.
- B. Spiritual _____ (note Galatians 5:20a) - *sorcery...witchcraft* (from _____ = use of drugs, i.e., “pharmacy”). *Idolatry...We are to worship God, love people, and use things, but too often we use people, love self, and worship things, leaving God out of the picture* _____. (Wiersbe).
- C. _____ issues (note Galatians 5:20b-21a) - *drunkenness, wild parties, and other sins like these...hostility* (hateful feelings used to _____ and challenge others); *quarreling* (contentiousness); *jealousy* (rivalry and _____ with others by making them look bad in other's eyes); *outbursts of anger* (uncontrolled fits of rage, temper _____); *selfish ambition* (canvassing for position and self-seeking that causes _____); *dissension* (factions); *division* (_____ that purposely exclude others and politicking to build followers to attack others...); *envy* (carry _____ and want what others have). When we're out of step with the Spirit, the first place it becomes _____ is relationships.

2. However, God Can Give Us a New _____...

As fully devoted followers of Jesus, we have been placed into the very _____ of Christ (note Romans 6:3-5).

Because of Jesus, we have been _____ (note Galatians 5:1; 2:20; 5:24; Romans 6:6-7).

Note Romans 7:21-23

Our _____ with Jesus in His death, burial, and resurrection has released the grip of sin in our lives.

Are we in rhythm with the Holy Spirit?:

- So where is your life walk today?
- Are you keeping in step with the Spirit, or do you have _____ feet?
- Getting in step with the Spirit starts by saying YES to Jesus as Lord.
- We don't have to be stuck out of step, but we can _____ afresh to the Holy Spirit...

Tell someone about the next step you took today in your spiritual journey. You can also use the connect card to let us know about your commitment, too!



“Out of Step” [Tom Lundeen, Senior Pastor]

MESSAGE NOTES

The Scriptures tell us how important it is for genuine Jesus followers to be in right rhythm with the Holy Spirit...
So when it comes to following and serving Jesus every day, are we in rhythm with the Holy Spirit, or are we out of step...?

1. When We Have Two Left Feet...

Note Galatians 5:16-19a

Our sinful nature is something we're used to seeing and experiencing...
...but we do seem to see it more clearly in other people's lives than our own.

- A. Physical/Sexual (note Galatians 5:19b) – *sexual immorality* (porneia); impurity (filthy heart and mind); *lustful pleasures* (uncontrolled appetites and no shame). Any kind of sexual activity outside of God's design (one man/one woman in a lifetime marriage) tells us we're out of step with the Spirit.
- B. Spiritual confusion (note Galatians 5:20a) – *sorcery...witchcraft* (from pharmakeia = use of drugs, i.e., “pharmacy”). *Idolatry...We are to worship God, love people, and use things, but too often we use people, love self, and worship things, leaving God out of the picture completely.* (Wiersbe).
- C. Relationship issues (note Galatians 5:20b-21a) – *drunkenness, wild parties, and other sins like these...hostility* (hateful feelings used to defy and challenge others); *quarreling* (contentiousness); *jealousy* (rivalry and competing with others by making them look bad in other's eyes); *outbursts of anger* (uncontrolled fits of rage, temper tantrums); *selfish ambition* (canvassing for position and self-seeking that causes division); *dissension* (factions); *division* (cliques that purposely exclude others and politicking to build followers to attack others...); *envy* (carry grudges and want what others have). When we're out of step with the Spirit, the first place it becomes obvious is relationships.

2. However, God Can Give Us a New Rhythm...

As fully devoted followers of Jesus, we have been placed into the very experiences of Christ (note Romans 6:3-5).
Because of Jesus, we have been set free (note Galatians 5:1; 2:20; 5:24; Romans 6:6-7).

Note Romans 7:21-23

Our union with Jesus in His death, burial, and resurrection has released the grip of sin in our lives.

Are we in rhythm with the Holy Spirit?:

- So where is your life walk today?
- Are you keeping in step with the Spirit, or do you have two left feet?
- Getting in step with the Spirit starts by saying YES to Jesus as Lord.
- We don't have to be stuck out of step, but we can surrender afresh to the Holy Spirit...

Tell someone about the next step you took today in your spiritual journey. You can also use the connect card to let us know about your commitment, too!