

# DISCUSSION GUIDE

**ICE BREAKER:** What's been one of your most encouraging experiences in the past month? Work, school, family, Small Group, church, community, gym; anything's fair game.

1. When you heard Pastor Tom begin talking about being "filled with the Holy Spirit", what were your initial thoughts or expectations?
2. Read Romans 8:9-11. How does this passage reassure us of the fact that we have the *whole* Holy Spirit indwelling us?
3. Since we know we have the Holy Spirit living in us, how does the sense of conflict within us point to a need to be *filled* with the Holy Spirit? Read Galatians 5: 16-18.
4. Read Ephesians 5: 18. How does your spirit respond to this *command*? What has been your experience in seeking the filling of the Holy Spirit? How does Pastor Tom's teaching on this topic impact your response?
5. Review the 5 points w/their accompanying passages in your message notes on how to be filled with the Holy Spirit. What steps have you stumped, which ones have you followed through with and what's stopping you from moving forward?
6. Now that you've surrendered to the Holy Spirit, what direction are your newly filled sails sending you? How have you been empowered for life and serving Jesus and his church?
7. What next step have you taken, or should you be taking, to walk more closely in rhythm with the Holy Spirit?

## PERSONAL GUIDE

Day One: 1 Samuel 2  
Day Two: 1 Samuel 3  
Day Three: 1 Samuel 4  
Day Four: 1 Samuel 10  
Day Five: 1 Samuel 11



**MESSAGE NOTES & SMALL GROUP  
DISCUSSION || PERSONAL GUIDES**

**"IS THAT ALL  
THERE IS?"**

**MARCH 1ST, 2020**



## “Is That All There Is?”

[Tom Lundeen, Senior Pastor]

### MESSAGE NOTES

If we find walking with Jesus to mostly be a frustration; or it feels like something is lacking; or it seems like we keep “\_\_\_\_\_ a \_\_\_\_\_” in our relationship with God; then our need may well be to understand and experience what it means to be filled with the Holy Spirit.

#### 1. Things We Need to \_\_\_\_\_

- A. The Holy Spirit is \_\_\_\_\_ us (note Romans 8:9) - ...being filled with the Holy Spirit isn't a question of getting \_\_\_\_\_ of the Spirit.
- B. There is an \_\_\_\_\_ conflict (note Galatians 5:16-18) - *The Spirit who has come to indwell us at the new birth battles the flesh, the unsettled \_\_\_\_\_ that seeks to dominate us.* (Dr. Paul Bubna, past President of the C&MA). Are we conscious of the inner spiritual conflict within us, or is \_\_\_\_\_ an issue for us?
- C. We need to be real about our \_\_\_\_\_.
- D. To be filled with the Spirit isn't an optional extra; it's a \_\_\_\_\_ (note Ephesians 5:18).

#### 2. How Can We Be Filled With the Holy Spirit?

- A. Confession and \_\_\_\_\_.
- B. We need to know \_\_\_\_\_ we are in Jesus (note Romans 6:5-7)
- C. We need to believe that this \_\_\_\_\_ is true for us (note Romans 6:11)
- D. We need to \_\_\_\_\_ *the parts of our body* to the Holy Spirit (note Romans 6:13, 16-18, 19-22; Galatians 5:25).
- E. We need to \_\_\_\_\_ to be filled with the Holy Spirit (note Ephesians 5:18 and Luke 11:13).

2 Greek words for *be filled* = one means to fill a \_\_\_\_\_ with liquid, but in Ephesians 5:18 the word conveys the idea of to *fill with* \_\_\_\_\_...

*Are we in rhythm with the Holy Spirit?:*

- Have you personally embraced these true principles in God's Word and \_\_\_\_\_ asked God to fill you with the Holy Spirit?
- Let God “fill your sails” and discover (or rediscover) the Spirit-filled life.

**Respond today when the invitation is given to be filled with the Holy Spirit!**

- Why does the Holy Spirit fill us?
- To \_\_\_\_\_ us for life and serving Jesus and His Body.

Tell someone about the next step you took today in your spiritual journey. **If you're not regularly serving in some way, use the connect card and look inside the worship folder for ideas about various ways you can be engaged in serving and put it in the offering baskets.**



## “Is That All There Is?”

[Tom Lundeen, Senior Pastor]

### MESSAGE NOTES

If we find walking with Jesus to mostly be a frustration; or it feels like something is lacking; or it seems like we keep “missing a beat” in our relationship with God; then our need may well be to understand and experience what it means to be filled with the Holy Spirit.

### 1. Things We Need to Know

- A. The Holy Spirit is within us (note Romans 8:9) - ...being filled with the Holy Spirit isn't a question of getting more of the Spirit.
- B. There is an inner conflict (note Galatians 5:16-18) – *The Spirit who has come to indwell us at the new birth battles the flesh, the unsettled rebel that seeks to dominate us.* (Dr. Paul Bubna, past President of the C&MA). Are we conscious of the inner spiritual conflict within us, or is superficiality an issue for us?
- C. We need to be real about our sin.
- D. To be filled with the Spirit isn't an optional extra; it's a command (note Ephesians 5:18).

### 2. How Can We Be Filled With the Holy Spirit?

- A. Confession and repentance.
- B. We need to know who we are in Jesus (note Romans 6:5-7).
- C. We need to believe that this truth is true for us (note Romans 6:11).
- D. We need to offer the parts of our body to the Holy Spirit (note Romans 6:13, 16-18, 19-22; Galatians 5:25).
- E. We need to ask to be filled with the Holy Spirit (note Ephesians 5:18 and Luke 11:13).

2 Greek words for *be filled* = one means to fill a jar with liquid, but in Ephesians 5:18 the word conveys the idea of *to fill with wind...*

*Are we in rhythm with the Holy Spirit?:*

- Have you personally embraced these true principles in God's Word and intentionally asked God to fill you with the Holy Spirit?
- Let God “fill your sails” and discover (or rediscover) the Spirit-filled life.

**Respond today when the invitation is given to be filled with the Holy Spirit!**

- Why does the Holy Spirit fill us?
- To empower us for life and serving Jesus and His Body.

Tell someone about the next step you took today in your spiritual journey. **If you're not regularly serving in some way, use the connect card and look inside the worship folder for ideas about various ways you can be engaged in serving and put it in the offering baskets.**