

NEW DAY, NEW WAY

TOM LUNDEEN, SENIOR PASTOR

WEEK SEVEN - OCTOBER 20, 2019

Habits _____ so much because people who are effective do consistently what other people do occasionally at best.

_____ eat willpower for breakfast. (Ortberg)

Note Deuteronomy 34:10-12

We don't control all the circumstances in our lives, but we do control the _____ we make.

We make choices and then our choices _____
(Warren)

Note Hebrews 11:23-27

1. Choice #1 = I Reject Being _____ by Others (note Hebrews 11:24)

Most people today are living _____...

Who are you letting determine your _____?

Note Romans 12:2; Exodus 23:2a; I Thessalonians 2:4; John 17:16

In Jesus we are given a _____ identity
(note II Corinthians 5:17).

2. Choice #2 = I Embrace Short-Term _____ for Long-Term _____ (Hebrews 11:25)

Many of the problems we experience in life come because of our inability to delay _____...

God gives us _____ to choose whatever we want; but we're never free from the c_____.

Hebrews 11:23 (God chose Moses); 11:24 (Moses rejected the labels of others); 11:25 (Moses chose God's way)

Following Jesus involves both r_____ certain things and c_____ certain things.

What kind of "creature of habit" does God want to shape my life into?:

- Where do we need to start accepting r_____ for our lives?
- Who are you _____ for your problems and unhappiness?
- Yes, we are p_____ of our past, but in Jesus, we don't have to be a p_____ to our past.
- Note Romans 5:3-4; II Corinthians 4:17, 18
- Problems won't last; the _____ I develop from going through problems will last.
- My faith in Jesus will last.
- The rewards for following and serving Jesus will last.

Tell someone about the next step you took today in your spiritual journey. You can also use the connect card to let us know about your commitment, too!

NEW DAY, NEW WAY

TOM LUNDEEN, SENIOR PASTOR

WEEK SEVEN - OCTOBER 20, 2019

Habits matter so much because people who are effective do consistently what other people do occasionally at best.

Habits eat willpower for breakfast. (Ortberg)

Note Deuteronomy 34:10-12

We don't control all the circumstances in our lives, but we do control the choices we make.

We make choices and then our choices make us. (Warren)

Note Hebrews 11:23-27

1. Choice #1 = I Reject Being Defined by Others
(note Hebrews 11:24)

Most people today are living lies...

Who are you letting determine your identity?

Note Romans 12:2; Exodus 23:2a; I Thessalonians 2:4; John 17:16

In Jesus we are given a new identity
(note II Corinthians 5:17).

2. Choice #2 = I Embrace Short-Term Pain for
Long-Term Gain (Hebrews 11:25)

Many of the problems we experience in life come because of our inability to delay gratification...

God gives us freedom to choose whatever we want; but we're never free from the consequences.

Hebrews 11:23 (God chose Moses); 11:24 (Moses rejected the labels of others); 11:25 (Moses chose God's way)

Following Jesus involves both refusing certain things and choosing certain things.

What kind of "creature of habit" does God want to shape my life into?:

- Where do we need to start accepting responsibility for our lives?
- Who are you blaming for your problems and unhappiness?
- Yes, we are products of our past, but in Jesus, we don't have to be a prisoner to our past.
- Note Romans 5:3-4; II Corinthians 4:17, 18
- Problems won't last; the character I develop from going through problems will last.
- My faith in Jesus will last.
- The rewards for following and serving Jesus will last.

Tell someone about the next step you took today in your spiritual journey. You can also use the connect card to let us know about your commitment, too!



WEEK SEVEN **DISCUSSION GUIDE**

NEW DAY, NEW WAY

WEEK OF OCTOBER 20, 2019

It's a new day with new ways to look at our habits!
This week we have the opportunity to continue making choices that impact us in positive, long-term ways. We'll look at short-term vs. long-term choices and how they impacted Moses' life...and how we can give up short-term pain for long-term gain! Though Moses wasn't perfect, his choices helped him be known as a great example of faith (see Hebrews 11). How might my choices and habits do the same for me?

DISCUSSION GUIDE



Icebreakers: What was your favorite Saturday activity as a child? If you could have lunch with someone famous/historical, who would you pick and why? What is the craziest color paint you've used/seen in a room in your house (and how long did it take before you repainted)?

Watch this week's intro video before answering the questions below.
You can find the video at myrc.link/resources or use this QR Code:



- 1** Pastor Tom used a quote from Rick Warren when he said, "We make our choices and then our choices make us." When have you seen this be true in your life or the life of someone close to you? Take some time to unpack this idea together.
- 2** Read Deuteronomy 34:10-12. After you read that, what do you think of Moses? Pretty impressive stuff! Now read Hebrews 11:23-27. As you process the thought that Moses' impressive list of feats were the results of one decision upon another, what does that do for your own state of mind?
- 3** Whether people pleaser or truth speaker, we have a choice about what or who will define us. Pastor Tom challenged us to reject being defined by others, but instead be defined by our identity in Christ. How is this an easy or difficult choice to either make, or to live out daily? What voices need to be ignored in your life so that the truth of who we really are can be heard? (2 Corinthians 5:17)
- 4** The second choice we were challenged to make was to embrace short-term pain for long-term gain. What have been some of the results when you have chosen the opposite; short-term gain for long-term pain? While we have freedom of choice, we also get to own the consequences of those decisions!
- 5** We see in Hebrews 11:23-25 Moses having to both choose and reject things to end up where he does; in the hall of faith! What are some real, concrete things that we need to choose or reject to live out our true identity in Christ?
- 6** What are some of the struggles of embracing a life of delayed gratification? How can we live out Hebrews 10:24 as a group to experience our true identity?
- 7** At the end of the message notes, Pastor Tom presented a series of questions and statements about who God wants to shape us into. Which of these struck a chord in your heart, and what habit is that going to impact? Finish off your night by reading 2 Corinthians 4:17-18 and celebrating the reality of our true identity and its eternal rewards!