



DISCUSSION GUIDE

Ice Breaker: What is your most memorable summer vacation moment...or mishap?

- When you hear the word “compassion,” what pictures or ideas come to mind?
- Dictionary.com defines compassion as “a feeling of deep sympathy and sorrow for another who is stricken by misfortune, accompanied by a strong desire to alleviate the suffering.” How do your pictures/ideas compare to this definition?
- Read Exodus 34:4-7; Psalm 25:6; 86:15; Joel 2:13 and Jonah 4:2. How is God characterized in these verses? Who are the speakers in each of these passages?
- What are the implications that God Himself describes Himself as “The God of compassion and mercy!”?
- Read Luke 7:11-17. In our current culture, it’s hard to imagine someone interrupting a scene as Jesus did in this case. What challenges do you experience in our “don’t get involved/shut your garage door with the remote” society?
- 90% of compassion is noticing other human beings, even if they are not on our agenda that day. How can you get better at noticing people in need even when they are not on your agenda?
- Pastor Tom said, “avoiding compassion fatigue means remembering God is God and I’m not.” Jesus utilized His time alone to pray or rest (see Mark 1:35) and he didn’t meet everyone’s needs.
- What steps can you take to avoid compassion fatigue?
- Which side of the pendulum do you naturally swing—noticing others or fatigue? How do we balance noticing others without getting fatigued?
- Read Matthew 9:35-38 and 1 Peter 3:8. Pastor Tom reminded us that “Jesus knew that every human being’s greatest need is spiritual.” How can you take this approach when meeting the needs of people around you? How does this help you stay on mission?

PERSONAL GUIDE

Day 1: Read Psalm 111

Day 2: Read Psalm 112

Day 3: Read Psalm 113

Day 4: Read Psalm 104

Day 5: Read Psalm 105

BECOMING COMPASSIONATE

SENIOR PASTOR TOM LUNDEEN

MESSAGE NOTES & SMALL GROUP
DISCUSSION // PERSONAL GUIDES

JULY 14, 2019



“Becoming Compassionate” **[Tom Lundeen, Senior Pastor]**

MESSAGE NOTES

So as we're committed to and passionate about Jesus' _____, what does God want to add into our lives that will also help us become more like Jesus?

Note Exodus 34:6; Psalm 25:6; 86:15; 103:8; 145:8; Joel 2:13; Jonah 4:2

So how did Jesus _____ compassion?

1. He Really _____ People

Note Matthew 9:36; 14:14; Luke 7:13; 19:9-10; John 4:16-18, 28-29, 39-41

Jesus was never _____...but He always saw other people no matter what was going on _____ Him and what was happening to Him.

_____% of compassion is noticing other human beings, even if they are not on our _____ that day.

We also need to see that Jesus:

2. Avoided “Compassion _____”

Note Philippians 2

Jesus didn't go non-stop _____.

- He needed time to be _____.
- He didn't meet every person's _____ (*note Acts 3:1-10; 4:22*)

Avoiding compassion _____ means remembering God is God and I'm not...

And growing in compassion makes us more like Jesus because:

3. Compassion and Mission are P_____ **Connected**

Note John 3:16; Matthew 9:35-36

Jesus knew that every human being's greatest need is _____ (*note Matthew 9:37-38*).

Note 1 Peter 3:8

So am I becoming...:

- Is it time for me to start really seeing people?
- Is it time for me to remember that God is God and I'm not?
- Is it time for me to make the connection between compassion and Jesus' mission in my life and relationships?

Tell someone about the next step you took today in your spiritual journey. You can also use the Connect Card to let us know about your commitment, too!



“Becoming Compassionate” **[Tom Lundeen, Senior Pastor]**

MESSAGE NOTES

So as we're committed to and passionate about Jesus' mission, what does God want to add into our lives that will also help us become more like Jesus?

Note Exodus 34:6; Psalm 25:6; 86:15; 103:8; 145:8; Joel 2:13; Jonah 4:2
So how did Jesus demonstrate compassion?

1. He Really Saw People

Note Matthew 9:36; 14:14; Luke 7:13; 19:9-10; John 4:16-18, 28-29, 39-41

Jesus was never bored...but He always saw other people no matter what was going on around Him and what was happening to Him.

90% of compassion is noticing other human beings, even if they are not on our agenda that day.
We also need to see that Jesus:

2. Avoided “Compassion Fatigue”

Note Philippians 2

Jesus didn't go non-stop 24/7.

- He needed time to be alone.
- He didn't meet every person's needs (note Acts 3:1-10; 4:22)

Avoiding compassion fatigue means remembering God is God and I'm not...
And growing in compassion makes us more like Jesus because:

3. Compassion and Mission are Permanently Connected

Note John 3:16; Matthew 9:35-36

Jesus knew that every human being's greatest need is spiritual (note Matthew 9:37-38).

Note 1 Peter 3:8

So am I becoming...

- Is it time for me to start really seeing people?
- Is it time for me to remember that God is God and I'm not?
- Is it time for me to make the connection between compassion and Jesus' mission in my life and relationships?

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