



DISCUSSION GUIDE

Ice Breaker: What are some of the first “spring” activities that you’ve done, or are planning on doing now that the weather has gotten nicer?

- We all have our pet peeves, or things we love to hate in others; what are some of yours and why do you think they bother you so much?
- Does it surprise you that God has his own list? Read Proverbs 6:16-19.
- Why do you think the list begins with pride (haughty eyes?) Hint: Pastor Tom said that pride “is the incubator of all sin.” What are some things that pride has led you into that in hindsight would have been better to avoid?
- How do you feel about C.S. Lewis’ statement that the proud person experiences “the complete anti-God state of mind.”?
- Read Genesis 3:1-5 and discuss what role pride played in the fall of Adam & Eve.
- We were shown four ways that pride devastates our lives in the message (see Message Notes). Spend some time reading the passages, discussing how those things have played out in your life and why it can *still* be so difficult to set aside our pride.
- Of the four areas of harm, which one stands out most as a growth area for you? Why?
- How does it make you feel to know that the reason God despises pride is because of how it harms you?
- God’s solution was a person, Jesus Christ, who set the ultimate example of humility for us to follow. (Phil. 2:5-8) What are some ways that you can follow Jesus’ example in living a humble life? Read Philippians 2:1-4 for some great “ideas.” Which of these do you need the most help in living out in real life?

PERSONAL GUIDE

Day 1: Read Psalm 61

Day 2: Read Psalm 62

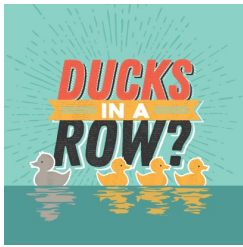
Day 3: Read Psalm 63

Day 4: Read Psalm 64

Day 5: Read Psalm 65



**MESSAGE NOTES & SMALL GROUP
DISCUSSION || PERSONAL GUIDES**



“I’ Trouble”

[Tom Lundeen, Senior Pastor]

MESSAGE NOTES

Note Proverbs 6:16

These are not “The _____ Sins”...

Note James 2:10

So why are these 7 things _____ out in Proverbs 6?

- They affect nearly every person at some time and at some _____.
- These things don’t just _____ us personally, but also negatively affect people that we rub shoulders with...

Note Proverbs 6:16-17a (“haughty eyes” = _____)

1. It is the I _____ of All Sin

Note Genesis 3:1-5

As the f _____ of all sin, pride opens our lives to many other sinful attitudes and motives.

“...pride is an attitude that focuses undue attention on _____” (Major).

...pride pushes us away from _____ God....

...and keeps us from giving God the _____ He’s worthy of...

The proud person experiences “the complete _____ - God state of mind” (C.S. Lewis).

2. It is D _____ (note Proverbs 16:18)

- A. It o _____ any good in our lives (note Galatians 5:26).
- B. It _____ our relationships with others (note Philippians 2:2-3) - pride hurts our relationships with others because it is the spiritual and emotional equivalent to poor personal _____.
- C. It is personally _____ (note Proverbs 16:18; Acts 12:20-23; Luke 22:54-62; Proverbs 11:2; 18:12a) - pride is always “some one else’s _____” (note Exodus 5:2; II Chronicles 26:16; 32:25; Daniel 4:30).
- D. It hinders any spiritual _____ in our lives (note Proverbs 21:4; I John 2:16; James 4:6; Matthew 23:5-7, 11-12, 15, 23) - it causes us to see others in a critical light and make comparisons with others in evaluating our own _____...(note Luke 18:9-14).

So ae my ducks in a row?:

- God despises pride because of how it _____ you and me.
- The good news is that God has an answer to pride and He wants to _____ us from its negative consequences (note Philippians 2:5-8).

Tell someone about the next step you took today in your spiritual journey. You can also use the Connect Card to let us know about your commitment, too!



"I" Trouble"
[Tom Lundeen, Senior Pastor]

MESSAGE NOTES

Note Proverbs 6:16

These are not "The 7 Deadly Sins"...

Note James 2:10

So why are these 7 things singled out in Proverbs 6?

- They affect nearly every person at some time and at some level.
- These things don't just impact us personally, but also negatively affect people that we rub shoulders with...

Note Proverbs 6:16-17a ("haughty eyes" = pride)

1. It is the Incubator of All Sin

Note Genesis 3:1-5

As the foundation of all sin, pride opens our lives to many other sinful attitudes and motives.

"...pride is an attitude that focuses undue attention on self" (Major).

...pride pushes us away from trusting God...

...and keeps us from giving God the credit He's worthy of...

The proud person experiences "the complete anti-God state of mind" (C.S. Lewis).

2. It is Devastating (note Proverbs 16:18)

- A. It obscures any good in our lives (note Galatians 5:26).
- B. It damages our relationships with others (note Philippians 2:2-3) – pride hurts our relationships with others because it is the spiritual and emotional equivalent to poor personal hygiene.
- C. It is personally damaging (note Proverbs 16:18; Acts 12:20-23; Luke 22:54-62; Proverbs 11:2; 18:12a) – pride is always "some else's issue" (note Exodus 5:2; 2 Chronicles 26:16; 32:25; Daniel 4:30).
- D. It hinders any spiritual progress in our lives (note Proverbs 21:4; 1 John 2:16; James 4:6; Matthew 23:5-7, 11-12, 15, 23) – it causes us to see others in a critical light and make comparisons with others in evaluating our own spirituality...(note Luke 18:9-14).

So are my ducks in a row?:

- God despises pride because of how it hurts you and me.
- The good news is that God has an answer to pride and He wants to liberate us from its negative consequences (note Philippians 2:5-8).

Tell someone about the next step you took today in your spiritual journey. You can also use the Connect Card to let us know about your commitment, too!