



DISCUSSION GUIDE

Ice Breaker: Running is something people do for exercise, for fun, or to avoid something negative. When have you run the fastest? What were the circumstances?

- Pastor Tom mentioned that “sometimes sin kind of sneaks up on us/ambushes us.” Have you ever experienced that or known someone who was caught off-guard by sin? How does this differ from the “pre-meditated” path Pastor Tom talked about in Proverbs 6:18b?
- Pastor Tom outlined 4 pathways that our feet race toward. Review them in your notes along with the corresponding passages. Which of these have you experienced and what have you learned along your journey?
- Read Proverbs 1:10, 15-16 and Isaiah 59:7-8. Based on these passages, what harm can come from befriending the wrong crowd? How have you seen this reality in your life?
- Review the “friendship principle” outlined in Proverbs 13:20, 1 Corinthians 15:33 and Ecclesiastes 4:9-12. What are the benefits of choosing your friends wisely (those who influence you the most)?
- Pastor Tom reminded us that good friendships “take work, patience, risks, initiative and prayer...but they are worth it.” Describe a relationship you’re investing in and what benefits you are you reaping.
- God’s Word can illuminate your path (see Psalm 119:105). In what ways have you experienced guidance through reading the Bible? What is your greatest challenge in this area and how can your group support you?

PERSONAL GUIDE

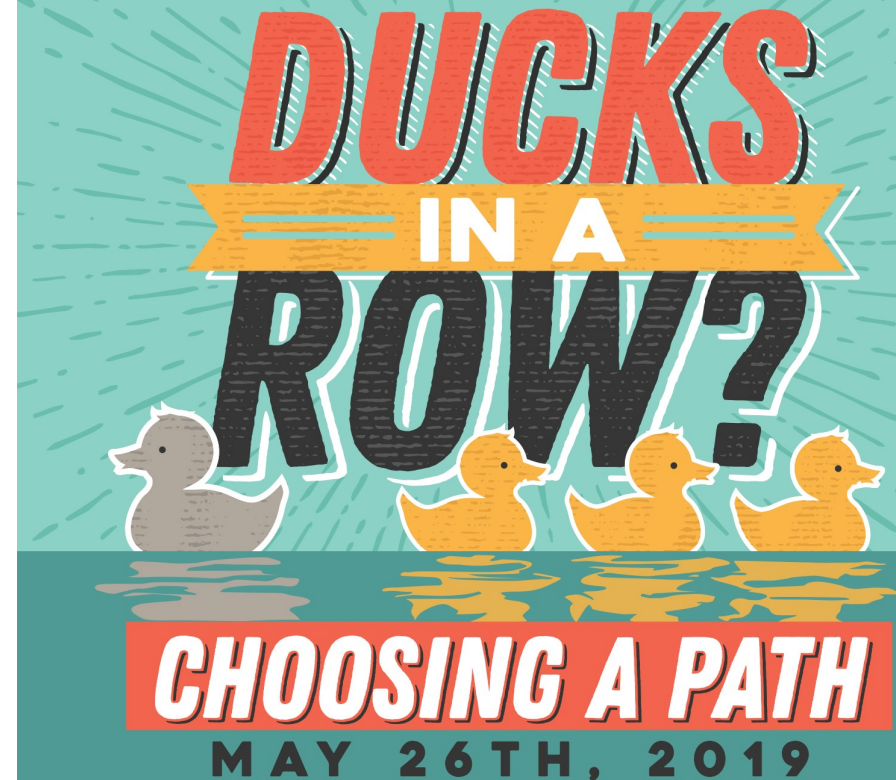
Day 1: Read Psalm 76

Day 2: Read Psalm 77

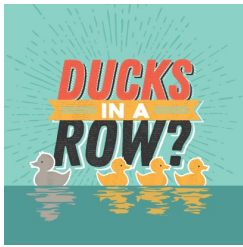
Day 3: Read Psalm 78

Day 4: Read Psalm 79

Day 5: Read Psalm 80



**MESSAGE NOTES & SMALL GROUP
DISCUSSION || PERSONAL GUIDES**



“Choosing a Path” [Tom Lundeen, Senior Pastor]

MESSAGE NOTES

While having q_____ f_____ is good to have in most sports, it can be a big problem in other ways (note Proverbs 6:16, 18b)

Our spiritually defective DNA negatively affects us from h_____ to toe.

So what pathway are your _____ taking you on?

1. The Pre-_____ Path

Note Romans 1:30; Psalm 36:1a, 4a

Sometimes sin kind of sneaks up on us/_____ us.

This is not what Proverbs 6:18b is talking about.

Just what pathways are our feet _____ towards?

- Paths of our own _____ (note Proverbs 12:15a).
- Paths that are deceiving in what they p_____ (note Proverbs 16:25).
- Paths that are p_____...(note Matthew 7:13-14).
- God's path (note Psalm 119:105).

2. The _____ Path

Note Proverbs 1:10, 15-16; Isaiah 59:7-8

It's always easier to get involved in some kind of m_____ or activity if others are also involved.

The Bible gives us a “f_____ principle” that never changes and is true no matter who you are (note Proverbs 13:20; I Corinthians 15:33).

Note Proverbs 17:17

Good friendships...take work, patience, _____, initiative, and prayer...but they are worth it (note Ecclesiastes 4:9-12).

THE BIG3



COME ON THE WEEKEND



BE PART OF A GROUP



SERVE OTHERS

myrc.link/ServeOthers

So are my ducks in a row?:

- God knows that sometimes *quick feet* can lead us into b_____ t_____.
- The Lord wants to help us get our “ducks in a row” by performing some “spiritual p_____” in our lives.
- He's provided every resource we need...
- His pathway _____ by the truth of His Word...
- His Spirit who gives us the _____ we need...
- And positive and h_____ friendships and relationships in the Body of Christ...
- So today is the best day and the right day to run towards the Lord.

Tell someone about the next step you took today in your spiritual journey. You can also use the Connect Card to let us know about your commitment, too!



“Choosing a Path” [Tom Lundeen, Senior Pastor]

MESSAGE NOTES

While having quick feet is good to have in most sports, it can be a big problem in other ways (note Proverbs 6:16,18b).

Our spiritually defective DNA negatively affects us from head-to-toe.
So what pathway are your feet taking you on?

1. The Pre-Meditated Path

Note Romans 1:30; Psalm 36:1a, 4a
Sometimes sin kind of sneaks up on us/ambushes us.
This is not what Proverbs 6:18b is talking about.

Just what pathways are our feet racing towards?

- Paths of our own design (note Proverbs 12:15a).
- Paths that are deceiving in what they promise (note Proverbs 16:25).
- Paths that are popular... (note Matthew 7:13-14).
- God's path (note Psalm 119:105).

2. The Crowded Path

Note Proverbs 1:10, 15-16; Isaiah 59:7-8
It's always easier to get involved in some kind of mindset or activity if others are also involved.

The Bible gives us a “friendship principle” that never changes and is true no matter who you are (note Proverbs 13:20; 1 Corinthians 15:33).

Note Proverbs 17:17

Good friendships...take work, patience, risks, initiative, and prayer...but they are worth it (note Ecclesiastes 4:9-12).

So are my ducks in a row?:

- God knows that sometimes quick feet can lead us into big trouble.
- The Lord wants to help us get our “ducks in a row” by performing some “spiritual podiatry” in our lives.
- He's provided every resource we need...
- His pathway lift up by the truth of His Word...
- His Spirit who gives us the power we need...
- And positive and healthy friendships and relationships in the Body of Christ...
- So today is the best day and the right day to run towards the Lord.

Tell someone about the next step you took today in your spiritual journey. You can also use the Connect Card to let us know about your commitment, too!

