



DISCUSSION GUIDE

Icebreaker: Would you prefer cold and sunny or warm and cloudy?

1. Pastor Tony shared that, "Doing great good doesn't exempt you from attack." How have you experienced this?
2. Read [1 Kings 19:1-4](#). Pastor Tony explained that, "...some of the greatest people in the Bible had moments of despair they couldn't see past." What have those moments looked like for you?
3. Read [1 Kings 19:5-7](#). Pastor Tony shared that, "There are times when the most spiritual thing you can do is get some real rest." What does rest look like for you when facing a huge challenge?
4. Pastor Tony shared that our honest feelings, although real, do not mean we are seeing clearly. How have your honest emotions challenged your perspective?
5. Read [1 Kings 19:12-18](#). Pastor Tony said, "When we let God speak, brokenness isn't a stopping point. Our frustrations may be the pathway to another person's freedom." Looking back, how might frustrations in your life have been used to positively impact others?
6. Share with your group how you processed the prayer opportunity at the end of the message.

Day One: [Matthew 17](#)

Day Two: [Genesis 17](#)

Day Three: [1 Corinthians 1](#)

Day Four: [2 Timothy 3](#)

Day Five: [Job 17](#)

*This Personal Guide has been adapted from
Professor Grant Horner's Bible Reading System.*

PERSONAL GUIDE



Your story matters.



MYRC.CHURCH



"DING DONG... DITCH?"

Pastor Tony Myles
MESSAGE NOTES

1 KINGS 18:41-19:3

Doing great good doesn't exempt you from _____.

When the doorbell rings, you can _____ or you can _____.

- Who or what's been ringing your doorbell?

Your fear may not really be about the possibility of losing, but that you're going to have to _____ (etc).

- How can we stand for God and His truth, and embrace His mission when everyone and everything around us is standing for anything and everything else but God and His truth?
- What if God wants to encourage and _____ - _____ you today?

1 KINGS 19:1-18

v.1-3: The total journey by foot Elijah took was at least _____.
Similarly, our moments of subtraction usually involve _____.

v.4: Just like us, some of the greatest people in the Bible had moments of despair they couldn't _____.

v.5-7: There are times when the most spiritual thing you can do is get some real _____ and _____... notice that God is _____ on this.

v.8: Spending a genuine moment with God doesn't guarantee the next steps we take are _____ with God.

v.9: A cave is a natural place for an _____ of noise. Why there?

v.10: It's always _____ why a servant of God may suffer... especially to a servant of God. Your honest feelings will feel incredibly real, but that doesn't mean you're _____.

v.11-13: When you're going through chaos, _____ makes a sound... a "still small voice" that connects God's _____ future peace to now.

v.14: It's okay to not be okay... it's just not okay to put it on _____.

v.15-18: When we let God speak, brokenness isn't a _____.
Our frustrations may be the pathway to another person's _____.

God's prescription for Elijah might be the same for us:

- ☐ Presence
- ☐ Provision
- ☐ Prompting
- ☐ Preparation
- ☐ Preaching

SO WHO'S GOT THIS IN YOUR LIFE?:

- The _____ and _____ you lean into will determine the _____ you experience.
- Trials help you see if you believe what you say you believe. Faith is living like God is telling _____.
_____.
- Allow your problems to have an honest moment... so long as you _____ to have an honest moment.
- We all need a reminder and a revelation of God and what He's actually doing beyond how we're _____ it.

"What are you doing here, _____?"

DON'T MISS THIS...

Life is going to ring your doorbell. How you respond is not determined by what happens to you, but if you _____.

*Tell someone about the next step you took today in your spiritual journey!
Let us know, too, and fill out our connect card (digital* or hard copy).*

**[MyRC.link/connect](https://myrc.link/connect) or text riverside to 94000*



SMALL GROUP
guide on the back



"DING DONG... DITCH?"

Pastor Tony Myles
MESSAGE NOTES

1 KINGS 18:41-19:3

Doing great good doesn't exempt you from attack.

When the doorbell rings, you can withdraw or you can engage.

- Who or what's been ringing your doorbell?

Your fear may not really be about the possibility of losing, but that you're going to have to fight another day (etc).

- How can we stand for God and His truth, and embrace His mission when everyone and everything around us is standing for anything and everything else but God and His truth?
- What if God wants to encourage and in-courage you today?

1 KINGS 19:1-18

v.1-3: The total journey by foot Elijah took was at least 130 miles. Similarly, our moments of subtraction usually involve addition.

v.4: Just like us, some of the greatest people in the Bible had moments of despair they couldn't see past.

v.5-7: There are times when the most spiritual thing you can do is get some real rest and replenishment... notice that God is all-in on this.

v.8: Spending a genuine moment with God doesn't guarantee the next steps we take are in step with God.

v.9: A cave is a natural place for an echo of noise. Why there?

v.10: It's always blurry why a servant of God may suffer... especially to a servant of God. Your honest feelings will feel incredibly real, but that doesn't mean you're seeing clearly.

v.11-13: When you're going through chaos, silence makes a sound... a "still small voice" that connects God's permanent future peace to now.

v.14: It's okay to not be okay... it's just not okay to put it on repeat.

v.15-18: When we let God speak, brokenness isn't a stopping point. Our frustrations may be the pathway to another person's freedom.

God's prescription for Elijah might be the same for us:

- ☐ Presence
- ☐ Provision
- ☐ Prompting
- ☐ Preparation
- ☐ Preaching

SO WHO'S GOT THIS IN YOUR LIFE?:

- The rest and oration you lean into will determine the restoration you experience.
- Trials help you see if you believe what you say you believe. Faith is living like God is telling the Truth.
- Allow your problems to have an honest moment... so long as you allow God to have an honest moment.
- We all need a reminder and a revelation of God and what He's actually doing beyond how we're framing it.

"What are you doing here, _____?"

DON'T MISS THIS...

Life is going to ring your doorbell. How you respond is not determined by what happens to you, but if you let Jesus work in you.

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Let us know, too, and fill out our connect card (digital* or hard copy).*

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