





"IT'S THE START THAT STOPS US" - Part 1

April 7, 2024 🌒 Pastor Tom Lundeen





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All of us come to important ______ in our lives where we aren't sure what we should do...these are *Now What?* moments, and depending on what we do or don't do, these times will have significant impact in our lives and futures. First of all, God will guide us:

1. By Giving Us a Divine _____ (note <u>Nehemiah 1:1-3</u>)

Note <u>2 Chronicles 36:14-21</u>

For more than _____ years, no walls were rebuilt in Jerusalem. No walls = defeated people, unsafe, and a source of _____ (note <u>Nehemiah 2:17</u>).

Note Nehemiah 1:4

Many times God gives us a burden about something to also give us direction/guidance.

2. By _____ Prayer

Nehemiah prays a heartfelt, honest and ______ prayer. It begins as all prayers should start = by ______ God for who He is (Nehemiah 1:5-6a; The Lord's Prayer = Hallowed by Your Name).

His prayer then moves to ______ confession of sin, both corporate...and personally (note <u>Nehemiah 1:6b-7</u>). ...prayer that focuses on God's Word/truth/_____ (note <u>Nehemiah 1:8-10</u>).



Only after praise/worship, confession of sin, and affirmation of God's truth/promises does Nehemiah make his ______ request (note <u>Nehemiah 1:11</u>). Prayer is a huge part of ______ direction for our lives (note <u>Colossians 1:9; James 1:5</u>).

3. By Taking Us in a _____ Direction

Note <u>Nehemiah 1:11b</u>

Being a cup-bearer is not remotely ______ to being in construction/general contractor. God gives us a burden because He is ______ us to do something about it.

So now what?

- To be guided by God means that the _____ burden you respond to is saying 'YES!' to Jesus as Lord.
- What burden do you sense God is putting on your heart?



SMALL GROUP

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Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital* or hard copy).*MY**RC.**LINK**/CONNECT** or text **riverside** to **94000**



DISCUSSION GUIDE

- Icebreaker -

If you were completely deaf but were somehow given the opportunity to hear for one hour, what three things would you want to hear in that time?

- 1. Read <u>Nehemiah 1:1-4</u>. In reflecting on this passage, Pastor Tom said, "Many times God gives us a burden about something to also give us direction/guidance." Has God ever placed a "burden" on your heart to guide you, and where did it lead?
- 2. Throughout his prayer Nehemiah focuses on God's character and promises (Nehemiah 1:5, 8-10). Even though God doesn't need any reminding, how would making this your practice embolden your prayers?
- **3.** In <u>Nehemiah 1:6-7</u>, Nehemiah confesses not only his own sins to God, but also the sins of the people of Israel that were committed long before he was born. Have you ever brought the sins of your family or church community to God in confession? Why do you think this is or isn't important to do?
- **4.** Pastor Tom told us that "prayer is a huge part of receiving direction for our lives." Read <u>James 1:5-6</u>. How does God use prayer to help turn a burden into direction? How have you seen this to be true in your life?
- 5. Note <u>Nehemiah 1:11b</u>. Pastor Tom said, "Being a cup-bearer is not remotely equivalent to being in construction/general contractor." Have you ever sensed God directing you to go outside of your comfort zone or expertise to serve Him? Why do you think He does that and, in the end, how did it go?

Day One: John 3; <u>Psalm 71</u> Day Twa: <u>Exodus 21; Proverbs 9</u> Day Three: <u>Hebrews 6; 1 Samuel 22</u> Day Four: <u>2 Thessalonians 1; Jeremiah 5</u> Day Five: <u>Job 9: Acts 15</u>

PERSONAL GUIDE

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.



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All of us come to important <u>moments</u> in our lives where we aren't sure what we should do...these are *Now What*? moments, and depending on what we do or don't do, these times will have significant impact in our lives and futures.

First of all, God will guide us:

1. By Giving Us a Divine <u>Burden</u> (note <u>Nehemiah 1:1-3</u>)

Note <u>2 Chronicles 36:14-21</u>

For more than <u>140</u> years, no walls were rebuilt in Jerusalem. No walls = defeated people, unsafe, and a source of <u>humiliation</u> (note <u>Nehemiah 2:17</u>).

Note Nehemiah 1:4

Many times God gives us a burden about something to also give us direction/guidance.

2. By <u>Sincere</u> Prayer

Nehemiah prays a heartfelt, honest and <u>personal</u> prayer. It begins as all prayers should start = by <u>praising</u> God for who He is (Nehemiah 1:5-6a; The Lord's Prayer = Hallowed by Your Name).

His prayer then moves to <u>transparent</u> confession of sin, both corporate... and personally (note <u>Nehemiah 1:6b-7</u>). ...prayer that focuses on God's Word/truth/<u>promises</u> (note <u>Nehemiah 1:8-10</u>).





Only after praise/worship, confession of sin, and affirmation of God's truth/promises does Nehemiah make his <u>specific</u> request (note <u>Nehemiah 1:11</u>). Prayer is a huge part of <u>receiving</u> direction for our lives (note **Colossians 1:9; James 1:5**).

3. By Taking Us in a <u>New</u> Direction

Note <u>Nehemiah 1:11b</u>

Being a cup-bearer is not remotely <u>equivalent</u> to being in construction/ general contractor.

God gives us a burden because He is <u>entrusting</u> us to do something about it.

So now what?

- To be guided by God means that the <u>first</u> burden you respond to is saying 'YES!' to Jesus as Lord.
- What burden do you sense God is putting on your heart?



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