



RIVERSIDE
CHURCH



Culture SHOCK

The Truth about the truth

"You Are Enough...or Are You?"

March 2, 2025
Pastor Tom Lundeen

WE ARE SERVANTS OF CHRIST!

**DON'T LET CULTURE INFLUENCE US!
CHRIST SAYS I AM THE TRUTH**

MYRC.CHURCH



MESSAGE NOTES

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...we're going to explore a huge reality that is part of our _____ landscape, that is there are many beliefs that sound like they could be true, but they're not true.

And these _____ true beliefs are embraced by all types of people, including Jesus' followers at times.

We all *hit the* _____ during our lives...
But why don't I feel like I'm enough?

Because I'm not enough, and neither are you.
Without _____, I'm not enough and you're not enough.

1. God is _____ and I'm Not

Note **Colossians 2:8-10**

- I think I'm enough, but I know I'm not, so I feel _____/ashamed.
- I think I'm enough, so I take my eyes off _____ and think I'm in control/self-sufficient.

Big problem = If I believe I'm enough, I won't seek the only _____ who is enough.

2. We Are Not Enough _____ From Jesus Because...

- A. We're _____ in our sins (note **Ephesians 2:1**).
- B. We're without _____ and helpless (note **Ephesians 2:12**).
- C. We're foolish, disobedient, and a slave to sin (note **Titus 3:3**).
- D. We're walking in darkness and spiritually _____ (note **1 John 2:11**).
- E. We're miserable (note **Romans 7:24**).
- F. We're ignorant and separated from the _____ of God (note **Ephesians 4:18**).
- G. We're objects of wrath, destined for destruction (note **Romans 9:22**).

We cannot compare our _____ to others (note **James 2:10; Romans 3:10, 12**).

Sin is more than just a _____/spiritual offense...

It's also a _____ offense...

3. Why I Don't Have to Be Enough (note **Ephesians 2:1-5; 2 Corinthians 3:4-5**)

- A. I'm helpless, but Jesus is my helper (note **Hebrews 13:6**).
- B. Jesus is my strength when I'm _____ (note **2 Corinthians 12:9-10**).
- C. Jesus is my hope when hope is hard to find
(note **2 Thessalonians 2:16**).
- D. When I'm weary, Jesus gives me genuine _____
(note **Matthew 11:28**).
- E. Jesus gives me real peace when fear and anxiety seem
unconquerable (note **John 14:27**).
- F. In uncertain economic times, being _____ like Jesus is
the pathway to having my needs met (note **Philippians 4:15-19;**
Acts 20:35).
- G. When I'm in pain and hurting, Jesus comforts me (note
2 Corinthians 1:3-4).
- H. If I'm a slave to sin and in bondage to anyone/anything, Jesus
is the Savior and _____ who sets me free
(note **John 8:36**).

Note **Hebrews 13:5**

The Truth about the truth:

- In what area of your life are you _____ on yourself
instead of God?
- What is God _____ you to do about it?
- I'm not enough and neither are you and we never will be.
- But all we need to do is to put our trust in Jesus and
_____ on Him.
- Note **Romans 10:13; Psalm 86:7; 50:15; 145:18; Jeremiah 33:3;**
1 Peter 5:7



Tell us about the next step you took today in your spiritual journey!

App: Message Notes/Connect Card **Or:** [MYRC.LINK/CONNECT](https://myrc.link/connect)

SMALL GROUP
guide on the back

SG

Your group matters.

DISCUSSION GUIDE

- Icebreaker -

March came in like a "lamb". What was the worst "lion" year you can remember?

1. Pastor Tom said, when we "hit the wall," many are surprised to discover that they are not enough and feel guilt/shame as a result. Have you ever felt shame/guilt over not being enough? Why?
2. Another reaction, Pastor Tom said, was to take our eyes off God and double-down on self-sufficiency, trying harder on our own. Has that been your tendency and if so, how has that worked for you?
3. But why are we not enough? Pastor Tom listed seven reasons for our inadequacy from the Bible. Read over these passages and discuss which reasons best resonate in your life.
4. Read **Ephesians 2:1-5**; **2 Corinthians 3:4-5**; and **Colossians 2:10**. Pastor Tom also lists eight reasons why we don't have to be enough. Which of these reasons bring you the most comfort and confidence as you walk through life?
5. "In what area of your life are you relying on yourself instead of God and what is God calling you to do about it?" (Pastor Tom)

PERSONAL GUIDE

Day One: Matthew 22; Psalm 111

Day Two: Leviticus 21; Proverbs 18

Day Three: 2 Corinthians 1; 1 Kings 7

Day Four: Revelation 3; Jeremiah 45

Day Five: Ecclesiastes 7; Acts 27

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.



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Big problem = If I believe I'm enough, I won't seek the only One who is enough.

2. We Are Not Enough Apart From Jesus Because...

- A. We're dead in our sins (note **Ephesians 2:1**).
- B. We're without hope and helpless (note **Ephesians 2:12**).
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- D. We're walking in darkness and spiritually blind (note **1 John 2:11**).
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We cannot compare our sins to others (note **James 2:10**; **Romans 3:10, 12**).

Sin is more than just a legal/spiritual offense...
It's also a relational offense...

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