



Your group matters.

## DISCUSSION GUIDE

- Icebreaker -

*If your small group had a group mascot,  
what would it be and why?*

1. Answer Pastor Tom's initial question, "Why is it hard to serve one another?" Be as specific as possible.
2. Read **Mark 10:45** and **Galatians 5:13**. Pastor Tom stated that, "We're only genuinely free when we live the life God created us to live." Describe how serving others frees us to "be and do what Jesus wants."
3. Pastor Tom explained that serving helps fulfill the intention of the Old Testament law (see **Galatians 5:14** and **Matthew 7:12**). How does knowing this make serving others easier for you, or does it?
4. Read **Galatians 5:16-26**. Pastor Tom explained that "legalism and libertarianism are not answers" to the serving dilemma; rather, being filled with the Holy Spirit as outlined in **Ephesians 5:18** is the answer. What steps will you take this week to be continually filled and controlled by the Holy Spirit?
5. "The best way to find yourself is to lose yourself in the service of others." (Engstrom) How might trying a First Serve or how has serving regularly helped you discover more about yourself?

## PERSONAL GUIDE

*Day One:* Mark 9; Psalm 126

*Day Two:* Numbers 9; Proverbs 2

*Day Three:* Galatians 3; 1 Kings 22

*Day Four:* Revelation 18; Ezekiel 3

*Day Five:* Job 2; Acts 14

*This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.*



Your  
story  
matters.

JUNE 15, 2025

Message Notes



**People-ing 101: Building Community One Story at a Time**  
**"SERVE ONE ANOTHER"**  
 Pastor Tom Lundeen | June 15, 2025

...multiple studies reveal that people are \_\_\_\_\_ than ever, and it impacts people of all ages.

How can this be the case?

How can the most \_\_\_\_\_ culture in history be struggling to find meaningful relationships?

In the New Testament alone, there are at least 41 \_\_\_\_\_ passages on how we're to relate and deal with each other often referred to as the *one anothers*.

First reality we have to \_\_\_\_\_ with is:

## 1. Why Is It \_\_\_\_\_ to Serve One Another?

As Jesus followers we know we're to serve \_\_\_\_\_...

...But serving each other can be more \_\_\_\_\_ at times.

Serve = *aid, assist, benefit, help, supply, \_\_\_\_\_, uphold.*

Note **Galatians 5:15**

\_\_\_\_\_ *tooth and nail...*

## 2. We Experience \_\_\_\_\_ Freedom

Christian freedom isn't a license to practice \_\_\_\_\_

(note **Galatians 5:13a, b**).

Christian freedom is to \_\_\_\_\_ and do what Jesus wants.

What have we been freed \_\_\_\_\_?

\_\_\_\_\_! (note **Galatians 5:13c**)

Serve = *permanent surrender of personal rights in attitude of \_\_\_\_\_ surrender.*

Note **Mark 10:45**

We're only genuinely free when we live the life that God \_\_\_\_\_ us to live.

## 3. Fulfill the \_\_\_\_\_ of the Old Testament Law (note **Galatians 5:14** and **Matthew 7:12**)

## 4. So How Do We Do This?

Legalism and libertarianism are not \_\_\_\_\_...

Note **Galatians 5:16**

...live, walk, be led, be controlled, be \_\_\_\_\_, keep in step with the Spirit...

Note **Galatians 5:17, 20-21a**

Apart from the working of the Holy Spirit in our lives, serving others is at best a \_\_\_\_\_/obligation if it's even on our radar screen.

Note **Galatians 5:22-23**

We're commanded to be \_\_\_\_\_ with the Holy Spirit (note **Ephesians 5:18**).

The Spirit-filled life is a life of \_\_\_\_\_ relationships...(note **Galatians 5:25-26**).

## SO MY NEXT STEP IN PEOPLE-ING 101:

- Actually, the challenge to serve *one another* is an \_\_\_\_\_ to be filled and controlled by the Holy Spirit.
- Fulfillment, meaning, genuine purpose, and freedom is found as we embrace this profound spiritual \_\_\_\_\_ of serving Jesus and others.
- *The best way to find yourself is to lose yourself in the \_\_\_\_\_ of others.* (Engstrom)

**Tell us about the next step you took today in your spiritual journey!**

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How can this be the case?

How can the most connected culture in history be struggling to find meaningful relationships?

In the New Testament alone, there are at least 41 distinct passages on how we're to relate and deal with each other often referred to as the *one anothers*.

First reality we have to grapple with is:

## 1. Why Is It Hard to Serve One Another?

As Jesus followers we know we're to serve God...

...But serving each other can be more challenging at times.

Serve = *aid, assist, benefit, help, supply, support, uphold*.

Note **Galatians 5:15**

*Fighting tooth and nail...*

## 2. We Experience True Freedom

Christian freedom isn't a license to practice evil (note **Galatians 5:13a, b**).  
 Christian freedom is to be and do what Jesus wants.

What have we been freed for?

Slavery! (note **Galatians 5:13c**)

Serve = *permanent surrender of personal rights in attitude of total surrender*.

Note **Mark 10:45**

We're only genuinely free when we live the life that God created us to live.

## 3. Fulfill the Intention of the Old Testament Law (note **Galatians 5:14** and **Matthew 7:12**)

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Legalism and libertarianism are not answers...

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*...live, walk, be led, be controlled, be filled, keep in step with the Spirit...*

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Apart from the working of the Holy Spirit in our lives, serving others is at best a chore/obligation if it's even on our radar screen.

Note **Galatians 5:22-23**

We're commanded to be filled with the Holy Spirit (note **Ephesians 5:18**).

The Spirit-filled life is a life of healthy relationships...

(note **Galatians 5:25-26**).

## SO MY NEXT STEP IN PEOPLE-ING 101:

- Actually, the challenge to serve one another is an invitation to be filled and controlled by the Holy Spirit.
- Fulfillment, meaning, genuine purpose, and freedom is found as we embrace this profound spiritual reality of serving Jesus and others.
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