



Your
story
matters.

JUNE 29, 2025

Message Notes



People-ing 101: Building Community One Story at a Time
"COMFORT ONE ANOTHER"
Pastor Tom Lundeen | June 29, 2025

How can the most connected culture in human history be _____ so much to find meaningful relationships?

Loneliness isn't a 21st century _____...

The good news is that God sees us and knows all about us, and He knows how to _____ the problem of loneliness.

Note **2 Corinthians 1:3-4**

God knows we need to be _____ (note **Isaiah 40:1**).

In the New Testament, the _____ is described as "the Counselor/Comforter" (**John 14:16**).

Jesus _____ showed compassion (note **Mark 1:41**; **Matthew 14:14**; **Matthew 20:34**; **John 14:18**).

1. What Does It Mean to Comfort One Another?

Comfort = to soothe in grief...relief in affliction, encourage...to call _____.

The Holy Spirit = *the Counselor/Comforter/Advocate/one who stands _____ of* (note **John 14:16-17**).

Comforting one another is a _____ activity...

2. Comforting One Another Matters (note **John 16:33)**

Jesus followers aren't _____ from trials...suffering... problems...

But following Jesus means we never go through tough times _____ or in our own strength.

We all need, at times, to be soothed when grieving, relieved when burdened, _____ when sad, and cheered and encouraged.

3. How Can We Comfort Each Other?

- A. By _____ experiencing God's comfort - we're most helpful when we _____ into the source of all true comfort (note **2 Corinthians 1:3**). But when I've personally experienced God's comfort, I know where to _____ others to (note **2 Corinthians 1:4**). Note **2 Corinthians 11:23b-29; 1:5-9**.
- B. _____ that God is in control - real comfort is always found in an _____ of truth (note **1 Thessalonians 4:13-18**). Truth-filled words shared lovingly and sensitively and with right _____ can bring real comfort. Paul's _____ truth theme in these verses? God is in _____! He has the last word and the final say, and He will care for His people whether alive on this earth or _____ in Jesus. The present, future, and our _____ are in God's hands. This is comforting, _____?

SO MY NEXT STEP IN PEOPLE-ING 101:

- Comforting one another helps us _____ when life's difficulties and pain blur our vision and all we see is chaos and confusion.
- Let's lean into God's comfort so you can _____ it with others.

Tell us about the next step you took today in your spiritual journey!

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Your group matters.

DISCUSSION GUIDE

- Icebreaker -

If you could spend an entire summer anywhere in the world, where would it be?

1. Which of the “one anothers” in this series have you begun living out in your daily life? (Accept, honor, love, serve or be on mission with one another...)
2. “God knows we need to be comforted.” (**Isaiah 40:1**) God gave Jesus followers His Holy Spirit to be the “Counselor/Comforter” (**John 14:16-17**). How do these passages help you understand that “comforting one another is a personal activity”?
3. Read **2 Corinthians 1:3-9, 11:23b-29**. When have you experienced God’s comfort and how has it helped you in encouraging others in need of His comfort?
4. Read **1 Thessalonians 4:13-18**. “Truth-filled words shared lovingly and sensitively and with right motives can bring real comfort.” When have you experienced comfort from another person and how did it impact you?
5. Are you in need of God’s comfort, or is there someone you know who needs comfort? What steps will you take this week to rest in God’s comfort and/or share His comfort with others?

PERSONAL GUIDE

Day One: Mark 11; Psalm 128

Day Two: Numbers 11; Proverbs 4

Day Three: Galatians 5; 2 Kings 2

Day Four: Revelation 20; Ezekiel 5

Day Five: Job 4; Acts 16



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