



Your group matters.

## DISCUSSION GUIDE

- Icebreaker -

*If you could write a book that was guaranteed to be a best seller, what would you write?*

1. Read **2 Timothy 1:15, 16; 4:9-10a, 16**. Paul understood the difficulty of being alone as well as how refreshing someone like Onesiphorus (on-uh-SIFF-uh-ruhs) could be. Describe a time you were refreshed by someone and the impact it had on you.
2. Pastor Tom indicated that “encouragers take risks.” (**2 Timothy 1:8, 16**) What risks might you encounter as you reach out to those who need encouragement and what has kept you from taking those risks?
3. Read **2 Timothy 1:17**. Have you ever found encouraging someone to be hard work? Explain your answer.
4. Pastor Tom explained that “spiritual consistency” like Onesiphorus displayed is a “product of a Spirit-filled/led/controlled life.” What steps are you taking (or need to take) to be a consistent encourager to others?
5. Thinking back through this series, which of the “one anothers” (accept, honor, love, serve, be on mission with, comfort, instruct, bear with, take steps with, or encourage) have you found most impactful as you’ve applied what God is teaching you?

## PERSONAL GUIDE

*Day One:* Mark 15; Psalm 132

*Day Two:* Numbers 15; Proverbs 8

*Day Three:* Ephesians 3; 2 Kings 6

*Day Four:* 1 Thessalonians 2; Ezekiel 9

*Day Five:* Job 8; Acts 20

*This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.*



Your  
story  
matters.

**JULY 27, 2025**

Message Notes



**People-ing 101: Building Community One Story at a Time**  
**"ENCOURAGE ONE ANOTHER"**  
 Pastor Tom Lundeen | July 27, 2025

Today we wrap up our series that's been focused on how God has provided a great pathway for us to deal with a huge problem in our \_\_\_\_\_ connected world = Loneliness.  
 God's \_\_\_\_\_? The *one anothers*...

Large \_\_\_\_\_ of encouragement are important for Jesus followers as we navigate a world where encouragement is often hard to find.  
 \_\_\_\_\_ needs encouragement.  
 Onesiphorus = *bringing* \_\_\_\_\_.

### 1. Encouragers \_\_\_\_\_ Others

Note **2 Timothy 1:15, 16; 4:9-10a, 16**

Often \_\_\_\_\_...*often visited and encouraged me*...  
 People who are refreshing aren't constantly negative, fault-finding, \_\_\_\_\_, and complaining.

*Often refreshed me* = word picture = \_\_\_\_\_ me up.  
 Paul was a \_\_\_\_\_ runner approaching the finishing line (note **2 Timothy 4:7**).  
 This wasn't a \_\_\_\_\_ deal (*often refreshed*...).

### 2. Encouragers Take \_\_\_\_\_ (note **2 Timothy 1:16**)

Onesiphorus wasn't a fair-\_\_\_\_\_ friend...  
 Note **2 Timothy 1:8**  
 Onesiphorus was willing to risk his reputation, safety, and perhaps even his \_\_\_\_\_...in order to encourage Paul.

### 3. Encouragers \_\_\_\_\_ Hard (note **2 Timothy 1:17** = *...searched everywhere...*)

Onesiphorus had to search through an unfamiliar city for a condemned prisoner in a \_\_\_\_\_/difficult atmosphere.  
*A good man will seek the opportunity of doing good and will not shun that offer.*

### 4. Encouragers Are \_\_\_\_\_ (note **2 Timothy 1:18**)

Onesiphorus consistently encouraged others, whether in his hometown/home church, or in the unfriendly confines of a \_\_\_\_\_ dungeon in Rome.  
 This spiritual consistency was a \_\_\_\_\_ of a Spirit-filled/led/controlled life.

### SO MY NEXT STEP IN PEOPLE-ING 101:

- What's our \_\_\_\_\_ when it comes to encouraging others?
- Do we bring an advantage to others?
- Do we \_\_\_\_\_ others?
- Jesus wants us to stand out in a cancel culture/social media trolling culture by consistently encouraging others.
- Note **1 Thessalonians 5:11**
- Real \_\_\_\_\_ and purpose in the Christian life is often as straightforward as taking God's Word to heart personally to *encourage one another*.

***Tell us about the next step you took today in your spiritual journey!***  
**App:** Message Notes/Connect Card **Or:** MYRC.LINK/CONNECT



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Today we wrap up our series that's been focused on how God has provided a great pathway for us to deal with a huge problem in our incredibly connected world = Loneliness.  
 God's pathway? The *one anothers*...

Large doses of encouragement are important for Jesus followers as we navigate a world where encouragement is often hard to find.  
Everyone needs encouragement.  
 Onesiphorus = *bringing advantage*.

## 1. Encouragers Refresh Others

Note **2 Timothy 1:15, 16; 4:9-10a, 16**

Often refreshed...often visited and encouraged me...

People who are refreshing aren't constantly negative, fault-finding, whiny, and complaining.

Often refreshed me = word picture = braced me up.

Paul was a weary runner approaching the finishing line (note **2 Timothy 4:7**).

This wasn't a one-off deal (*often refreshed*...).

## 2. Encouragers Take Risks (note **2 Timothy 1:16**)

Onesiphorus wasn't a fair-weather friend...

Note **2 Timothy 1:8**

Onesiphorus was willing to risk his reputation, safety, and perhaps even his life...in order to encourage Paul.

## 3. Encouragers Work Hard

(note **2 Timothy 1:17** = ...searched everywhere...)

Onesiphorus had to search through an unfamiliar city for a condemned prisoner in a hostile/difficult atmosphere.  
*A good man will seek the opportunity of doing good and will not shun that offer.*

## 4. Encouragers Are Consistent (note **2 Timothy 1:18**)

Onesiphorus consistently encouraged others, whether in his hometown/home church, or in the unfriendly confines of a cold dungeon in Rome.  
 This spiritual consistency was a product of a Spirit-filled/led/controlled life.

### SO MY NEXT STEP IN PEOPLE-ING 101:

- What's our reputation when it comes to encouraging others?
- Do we bring an advantage to others?
- Do we refresh others?
- Jesus wants us to stand out in a cancel culture/social media trolling culture by consistently encouraging others.
- Note **1 Thessalonians 5:11**
- Real success and purpose in the Christian life is often as straightforward as taking God's Word to heart personally to *encourage one another*.

**Tell us about the next step you took today in your spiritual journey!**

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