



Your *group* matters.

DISCUSSION GUIDE

- Icebreaker -

What month of the year do you think most people would say best describes your personality and why?

1. Pastor Tom said, "It's easier to think like a slave than act like a free person." Why do you think that is? Do you find it easier to live like a slave to sin or as someone free in Christ?
2. Read **Numbers 11:1-6**. Adams wrote, "The good old days are the product of a bad old memory." If this is true, then what causes us to believe the lie and revert to old thoughts and habits, and what can we do to avoid such revisionist history?
3. What role did the "foreign rabble" play in getting the Israelites to revert to their negative patterns of living? (**Numbers 11:4**) What people/temptations/thoughts/etc. play the part of the "foreign rabble" in your journey with Jesus and how do you chase them out of your "camp"?
4. **Numbers 11:11-15** makes it clear that "Moses hated his job." Describe a time you have felt similar to Moses. How do you think God responds to your tantrums? Now read **Numbers 11:16-17**. How does it make you feel knowing God responds to you the same way?
5. On one of Moses' hardest days, he showed God his ugliest qualities and God responded by showing him grace. This is the God who invites you to "follow me". Can you entrust yourself to that kind of God? Will you say 'YES!' to Him today? If you have said your 'YES!' already, do you need to recommit to trusting Him - how?

PERSONAL GUIDE

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.

Day One: Jonah 2; Psalm 9

Day Two: Deuteronomy 6; Proverbs 4

Day Three: Romans 3; 1 Corinthians 8

Day Four: 1 Peter 2; Ezekiel 36

Day Five: Job 35; Acts 19



WELCOME to RIVERSIDE CHURCH

*Big Lake
Buffalo
Sauk Rapids*

March 22, 2026



Milestones - Part 3
"Headaches" (Part 1)

Tom Lundeen | Mar 22, 2026

Note **Revelation 15:3**

The more authority and leadership _____ God gives us, the more big-time headaches we can count on.

Headaches come our way because:

1. People Often _____ to Negative Life Patterns

Note **Numbers 9:23**

It's easier to think like a slave than _____ like a free person.

It's easier to _____ to old ways of thinking/acting that are deeply rooted in our hearts/minds (*path of least resistance*) from the past, than trusting God to do His new work in our lives and circumstances... (note **Numbers 11:1-6**).

Foreign rabble = non-Israelites who followed the Israelites out of Egypt and encouraged _____ against God.

They did what people always do...they _____ the past and minimized the negative parts of the *good old days*...
The good old days are the product of a bad old _____. (Adams)

True...they got bucket loads of fish for free...but they had forgotten that the same hands that fed them fish also cracked a whip across their back. They had forgotten that the ones who ran the farmer's market where they bought their garlic and onions were the same ones who forced them into harsh labor...to make them too tired to have more children...to make them die of exhaustion in the desert heat...to make them perish at an early age... So, we learn from the Hebrew children wandering in the wilderness that a painful past is less frightening than an uncertain future. We would rather _____ in our Misery. We would rather remain in our Pain, than _____ a leap of faith. (Hadley)

Note **1 Corinthians 10:1, 11**

2. We Can Get _____

Note **Numbers 12:3**

Moses knew God personally and lived for God's _____. But he was still a _____, and he experienced frustration and discouragement at times.

- Moses hated his job (note **Numbers 11:11**).
- He was overwhelmed by his perceptions of _____ expectations (note **Numbers 11:12-13**).
- He was sick and tired of the _____ of the people he was trying to serve and lead (note **Numbers 11:10**).
- *Frustrated with his supervisor and furious with his constituents, Moses is way past the point of turning in a _____.* (Hadley)

Note **Numbers 11:14-15** (Similar to Elijah in **1 Kings 19:4** and Job in **Job 6:9, 21**.)

Moses is being ripped apart...He's being torn in two by a people - a stubborn people that refuse to let go of the past and take even one step more into the future. And a God who will neither surrender the _____ future, nor let His people slide back into their _____ past. (Hadley)

MILESTONES MATTER:

- Today are we reverting to some negative life patterns from our _____?
- Are we frustrated because of the failures and hang-ups of _____?
- Like Moses, go to God, be real, and find spiritual relief and encouragement.

Tell us about the next step you took today in your spiritual journey!
App: Message Notes/Connect Card **Or:** MYRC.LINK/CONNECT



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"Headaches" (Part 1)**

Tom Lundeen | Mar 22, 2026

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The more authority and leadership responsibility God gives us, the more big-time headaches we can count on.

Headaches come our way because:

1. People Often Revert to Negative Life Patterns

Note **Numbers 9:23**

It's easier to think like a slave than act like a free person.

It's easier to revert to old ways of thinking/acting that are deeply rooted in our hearts/minds (*path of least resistance*) from the past, than trusting God to do His new work in our lives and circumstances...(note **Numbers 11:1-6**).

Foreign rabble = non-Israelites who followed the Israelites out of Egypt and encouraged rebellion against God.

They did what people always do...they romanticized the past and minimized the negative parts of the *good old days*...

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Note **1 Corinthians 10:1, 11**

2. We Can Get Frustrated

Note **Numbers 12:3**

Moses knew God personally and lived for God's purposes.

But he was still a human being, and he experienced frustration and discouragement at times.

- Moses hated his job (note **Numbers 11:11**).
- He was overwhelmed by his perceptions of God's expectations (note **Numbers 11:12-13**).
- He was sick and tired of the whining of the people he was trying to serve and lead (note **Numbers 11:10**).
- *Frustrated with his supervisor and furious with his constituents, Moses is way past the point of turning in a resignation.* (Hadley)

Note **Numbers 11:14-15** (Similar to Elijah in **1 Kings 19:4** and Job in **Job 6:9, 21**.)

Moses is being ripped apart...He's being torn in two by a people - a stubborn people that refuse to let go of the past and take even one step more into the future. And a God who will neither surrender the grand future, nor let His people slide back into their miserable past. (Hadley)

MILESTONES MATTER:

- Today are we reverting to some negative life patterns from our past?
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