



WELCOME
to
RIVERSIDE
CHURCH

Big Lake
Buffalo
Sauk Rapids

April 19, 2026

SG

Your group matters.

DISCUSSION GUIDE

- Icebreaker -

What is one trip you have never taken but would really like to take someday?

1. Read **Numbers 16:1-3**. What would your first response have been if you had been Moses or Aaron? Now read verse 4. How hard would it be for you to turn to prayer first and what would make it difficult?
2. Pastor Tom indicated that humility is the key factor motivating us to pray when in conflict. But humility before whom: our challenger, our partner, the people around us, God? And why should we be humble, anyway? (See **Psalm 50:15** and **86:6-10**.)
3. The emotions of the moment make it easy to take offense and lose focus on what the real issues are. Pastor Tom says that gaining God's perspective in prayer helps us to confront the actual issues. When was the last time you lost track of the real issue and fought about lesser things? What perspective would have redirected you to the real issue?
4. Look up the following verses on anger: **Psalm 37:8**; **Proverbs 14:29**; **Ecclesiastes 7:9**; **Proverbs 16:32**; **15:18**; **29:22**. What are the defining characteristics of an angry person that you notice? Now lookup **Ephesians 4:26-27** and **1 Peter 2:23**. What are the defining characteristics of a peace-seeking person?
5. **Ephesians 4:26b** says, "And don't sin by letting anger control you. Don't let the sun go down while you are still angry..." What is causing you anger in your life today? Spend some time as a group confessing these to God and each other and praying for one another.

PERSONAL GUIDE

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.

Day One: John 1; Psalm 13

Day Two: Deuteronomy 10; Proverbs 8

Day Three: Romans 7; 1 Corinthians 12

Day Four: 2 Peter 1; Ezekiel 40

Day Five: Job 39; Acts 23



Milestones - Part 4 "Challenges" (Part 1)

Tom Lundeen | April 19, 2026

Challenge = ...a calling in question of the truth of statements, rights, authority, etc. ...something which tests a person's _____. (Webster)

Note **Numbers 16:1-3**

When my ability to lead...is challenged and my character is tested, how should I _____?

First of all, when life is challenging:

1. Fall _____ on Your Face

Note **Numbers 16:4**

Moses didn't _____ out the first thoughts that were scrolling through his brain.

He didn't immediately go on the _____ and attack those who were attacking him.

In _____, he sought God's help, guidance, and protection.

Note **Psalms 50:15; 86:6-10**

2. Be Prepared to Confront the Actual _____

Note **Numbers 16:5-7a**

It's easy to lose focus on what the real issue(s) are and instead, make it all about _____...

Because Moses went to God first, he was able to have the right _____.

Note **Numbers 16:7b-11**

Jesus constantly kept _____ people to understand the real issues (note **Matthew 5:21-22, 43-47; 12:9-13**).

3. We Need to Deal with Our _____

Note **Numbers 16:1, 12-15a**

The Scriptures have a lot to say about the _____ of anger in our lives and relationships (note **Psalm 37:8; Proverbs 14:29; Ecclesiastes 7:9; Proverbs 16:32; 15:18; 29:22**).

Human beings with spiritually defective DNA rarely _____ anger righteously (note **James 1:20**).

The New Testament teaches us to not ignore, suppress, or _____ our anger, but to recognize its overwhelmingly negative impacts and how to navigate it in a godly way (note **Ephesians 4:26-27**).

Moses showed us how to _____ with anger (note **Numbers 16:15**).
God can _____ our anger (note **Psalm 55:22**).
_____ modeled this way of navigating anger for us (note **1 Peter 2:23**).

MILESTONES MATTER:

- Life can be (and _____ is) challenging.
- Living on purpose means we turn to God and _____ our hearts and minds to His work in and through us through the challenges we have to navigate in our lives.

Tell us about the next step you took today in your spiritual journey!

App: Message Notes/Connect Card **Or:** MYRC.LINK/CONNECT



Milestones - Part 4 "Challenges" (Part 1)

Tom Lundeen | April 19, 2026

Challenge = ...a calling in question of the truth of statements, rights, authority, etc. ...something which tests a person's qualities. (Webster)

Note **Numbers 16:1-3**

When my ability to lead...is challenged and my character is tested, how should I respond?

First of all, when life is challenging:

1. Fall Flat on Your Face

Note **Numbers 16:4**

Moses didn't blurt out the first thoughts that were scrolling through his brain.

He didn't immediately go on the offensive and attack those who were attacking him.

In humility, he sought God's help, guidance, and protection.

Note **Psalms 50:15; 86:6-10**

2. Be Prepared to Confront the Actual Issues

Note **Numbers 16:5-7a**

It's easy to lose focus on what the real issue(s) are and instead, make it all about ourselves...

Because Moses went to God first, he was able to have the right perspective.

Note **Numbers 16:7b-11**

Jesus constantly kept pushing people to understand the real issues (note **Matthew 5:21-22, 43-47; 12:9-13**).

3. We Need to Deal with Our Anger

Note **Numbers 16:1, 12-15a**

The Scriptures have a lot to say about the dangers of anger in our lives and relationships (note **Psalm 37:8; Proverbs 14:29; Ecclesiastes 7:9; Proverbs 16:32; 15:18; 29:22**).

Human beings with spiritually defective DNA rarely express anger righteously (note **James 1:20**).

The New Testament teaches us to not ignore, suppress, or deny our anger, but to recognize its overwhelmingly negative impacts and how to navigate it in a godly way (note **Ephesians 4:26-27**).

Moses showed us how to deal with anger (note **Numbers 16:15**).

God can handle our anger (note **Psalm 55:22**).

Jesus modeled this way of navigating anger for us (note **1 Peter 2:23**).

MILESTONES MATTER:

- Life can be (and often is) challenging.
- Living on purpose means we turn to God and open our hearts and minds to His work in and through us through the challenges we have to navigate in our lives.

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