

# Encounters Bible Reading Plan

## 6 Weeks Through the Book of Mark

To go along with our winter sermon series, *Encounters*, we've created a six week Bible reading plan. Make time any five days of each week to read the passage listed. If you fall behind, just pick up where you left off. Spending time in scripture is more important than keeping a strict schedule.

The reading plan takes you through stories in the book of Mark where Jesus encounters people in a variety of ways and settings—with individuals or groups, and through conversations, teachings, or miracles. Sometimes people approached him, sometimes he approached them, and other times people were just nearby and interacted with him as he moved through his life.

No matter the scenario, no one who encountered Jesus left unchanged. We hope that your time reading the stories of Jesus' encounters will shape and guide you as you also encounter Jesus through reading Scripture about him.

### BREAD Bible Reading Method

To help us encounter Jesus through our Scripture reading, there's a way of engaging with a passage that helps us slow down and find a personal encounter with God as we read. It's called **BREAD**, and it's a simple acronym to guide your time in God's Word. It will help you pray, meditate, and journal through the Scripture passages. Follow the prompts and let it guide your time.

**BE STILL.** Start by putting away your devices or any distractions and get into a comfortable but alert position. Take a moment to let your mind calm down so you can focus. Invite the Holy Spirit to guide your time.

**READ.** When you're ready, read through the Scripture for that day. After a minute, reread the passage again slowly. As you read, notice what stands out to you about and write it down.

**ENCOUNTER.** Meditate on what God highlighted to you in the passage by journaling or thinking through questions like:

- Where does this intersect with my current life and circumstances?
- What might God want me to know about himself, myself, or others?
- Is God revealing a lie or truth he wants me to notice and respond to?
- What else might God be saying to me?

**APPLY.** Next, begin to name and write down how God might want you to carry what he's saying into your day. What truth do you need to hold onto today? How might God want to change you through this passage? Write down how you are going to apply this truth practically today.

**DEVOTE.** Finally, write or say a prayer, committing yourself to what God has been revealing to you and how you want to be transformed by him and his truth.

### Week 1

- ☐ Day 1: **Mark 1:16–28** *Jesus Calls His First Disciples*
- ☐ Day 2: **Mark 1:29–39** *Jesus Heals Many*
- ☐ Day 3: **Mark 1:40–45** *Jesus Heals a Man with Leprosy*
- ☐ Day 4: **Mark 2:1–12** *Jesus Forgives and Heals a Paralyzed Man*
- ☐ Day 5: **Mark 2:13–17** *Jesus Calls Out Levi and Eats with Sinners*

### Week 2

- ☐ Day 1: **Mark 2:18–28** *Jesus Questioned About Fasting*
- ☐ Day 2: **Mark 3:1–6** *Jesus Heals on the Sabbath*
- ☐ Day 3: **Mark 3:7–19** *Crowds Follow Jesus and Jesus Appoints the Twelve*
- ☐ Day 4: **Mark 4:35–41** *Jesus Calms the Storm*
- ☐ Day 5: **Mark 5:1–20** *Jesus Restores a Demon-Possessed Man*

### Week 3

- ☐ Day 1: **Mark 5:21–43** *Jesus Raises a Dead Girl and Heals a Sick Woman*
- ☐ Day 2: **Mark 6:30–44** *Jesus Feeds the Five Thousand*
- ☐ Day 3: **Mark 6:45–56** *Jesus Walks on Water*
- ☐ Day 4: **Mark 7:1–23** *Jesus and the Pharisees*
- ☐ Day 5: **Mark 7:24–30** *Jesus Honors a Syrophenician Woman's Faith*

### Week 4

- ☐ Day 1: **Mark 7:31–37** *Jesus Heals a Deaf and Mute Man*
- ☐ Day 2: **Mark 8:1–13** *Jesus Feeds the Four Thousand*
- ☐ Day 3: **Mark 8:22–26** *Jesus Heals a Blind Man at Bethsaida*
- ☐ Day 4: **Mark 9:2–13** *The Transfiguration*
- ☐ Day 5: **Mark 9:14–29** *Jesus Heals a Boy Possessed by an Impure Spirit*

### Week 5

- ☐ Day 1: **Mark 10:46–52** *Blind Bartimaeus Receives His Sight*
- ☐ Day 2: **Mark 11:12–25** *Jesus Clears the Temple Courts*
- ☐ Day 3: **Mark 11:27–33** *The Authority of Jesus Questioned*
- ☐ Day 4: **Mark 12:28–34** *The Greatest Commandment*
- ☐ Day 5: **Mark 14:1–11** *Jesus Anointed at Bethany*

### Week 6

- ☐ Day 1: **Mark 14:12–26** *The Last Supper*
- ☐ Day 2: **Mark 14:43–52** *Jesus Arrested*
- ☐ Day 3: **Mark 14:53–65** *Jesus Before the Sanhedrin*
- ☐ Day 4: **Mark 15:1–15** *Jesus Before Pilate*
- ☐ Day 5: **Mark 16:9–20** *Jesus Appears After His Resurrection*