



Series: Lord, Teach Us to Pray (01)

Title: Taste and See That the Lord is Good

Scripture: Psalm 4, 34, 64, 94, 124

Theme Verse: *34 A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. 35 By this all people will know that you are my disciples, if you have love for one another.* **John 13:34–35 ESV**

August: *I sought the LORD, and he answered me and delivered me from all my fears...Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him!* **Psalm 34:4, 8**

WHY PRAY?

- Am I praying to get more of God or to get more from God?
- We do not pray to get God's ear. We pray because we have God's ear.

THE PROBLEM:

The problem is NOT that we pray ABOUT the same old things.

The problem is we SAY the same old things about the same old things when we pray.

The METHOD

1. Read each line in a psalm and then pray anything that comes to mind as you consider the words of that line in the psalm.
2. When you can't think of anything else for that line, then read the next line and pray what comes to mind as you read that line.
3. You can continue to pray like this until you run out of time or you run out of psalm.
4. If you run out of psalm before you run out of time, then turn the page and go to another psalm. You never run out of anything to say.
5. What you are doing is taking the words that originated in the heart and mind of God and circulating them through your heart and mind back to God.

PRAYER GUIDE: AUGUST 4, 2024

Psalm 4 PRAY:

Praise - "God, thank you for hearing me when I pray. Thank you for being gracious to me by giving me life and salvation."

Repent - "God, I repent for sinning in my anger. Forgive me for the words that I have carelessly said and shared."

Ask - "Lord, give me relief in my distress and give me peace in my heart. Please, help me to practice the joy that you freely offer."

Yield - "God, I trust that you can take care of me and the things that are weighing me down."

Psalm 34 PRAY:

Praise - "God, I bless and praise you that you make yourself available and findable to us. Thank you that you deliver us from every fear and save us from all our troubles"

Repent - "God, I repent for looking to other people and places to alleviate my fears and to save me from trouble."

Ask - "Lord, help me and my family to taste and see that You are good. "

Yield - "God, I surrender my fears to you and decide today to seek you through your Word."

Psalm 64 PRAY:

Praise - "God, I praise you that you are full of truth, justice, mercy, and grace."

Repent - "God, I repent for expecting life to never have adversity. I too often think life should go smoothly and I wrongly think that you are unjust and that you have forgotten me when bad things happen."

Ask - "Lord, turn your enemies' words and snares against them. God, give your people peace."

Yield - "God, when people speak against me, I will trust that you will deliver justice and mercy and I surrender my desire to get even. God, I receive your comfort."

Psalm 94 PRAY:

Praise - "God, I thank you for knowing, seeing, and hearing every thought I have and every action I take. I praise you that you will not abandon or forsake your church!"

Repent - "God, I repent for resisting your discipline and teaching. I'm sorry for refusing the rest you freely offer me in the midst of my trouble and allowing my cares to weigh me down."

Ask - "God, raise up church planters, missionaries, pastors, and servant leaders in Parkway to disciple our neighbors and the nations. God my Rock, provide the physical and financial resources we need to accomplish Mission Moseley."

Yield - "God, I will rest in your Word and Spirit. I will learn from you and trust that you know the actions and thoughts of men and will take vengeance and give mercy according to your will and not mine. I will allow Your consolations to cheer my soul."

Psalm 124 PRAY:

Praise - "God, I praise you that You came down and sent Jesus Christ to become flesh and make your dwelling among sinful humans. I praise you that Jesus is my Savior because of His death on the cross and His glorious resurrection."

Repent - "God, I repent from my sins. I turn from going my own way and I turn to follow you."

Ask - "Lord, help me to not give myself over to sin and Satan. God, give me the power to escape temptation. God, break the strongholds in my life and help me to walk by faith, keeping in step with the Spirit of God."

Yield - "God, I bless the LORD. I will find my help and identity in the name of the LORD and will live and die to share the name of the LORD with my neighbors and the nations."