

Please Read-DETAILS FOR GRETNA GRITTY ON SEPTEMBER 21st

Directions

Gretna Glen Address: [87 Old Mine Road, Lebanon, PA 17042 \(Event Location\)](#)

Wellspring Philhaven Parking Lot: [283 South Butler Road, Lebanon, PA 17042 \(Shuttle Parking\)](#)

Parking

Gretna Glen parking lot is very small. Please follow this instructions and carpool when possible.

This is the plan:

- **Competitive Heat Participants**-Park at GRETNA GLEN (ARRIVE at 7:15am)
- **Nitty Gritty Participants** – Park at GRETNA GLEN (Nitty Runners may start from 9:00-11:30)
- **Non-Competitive Participants**- Park at Wellspring Philhaven (ARRIVE at Philhaven 1.5 hours prior to race time)
- **Volunteers park at Cornwall UMC**

If you are a **combination** of any of the above, you may try to park at Gretna Glen first. If parking is full, we will direct you to Philhaven.

When parking fills at Gretna Glen, all participants will be directed to Philhaven, no matter what event they are participating in.

Shuttle services to and from Philhaven & Gretna Glen (approximately a 3 minute ride) will be provided. Buses will go back and forth every 15 minutes or so. We will have constant communication between the Philhaven parking lot and Gretna Glen. If parking opens up, the Phil Haven parking coordinator will send you over to Gretna Glen.

If you are driving into Gretna Glen, please drive SLOWLY and be ALERT. Participants cross the camp road very near the camp entrance. Please be careful coming in and out of camp.

Food Service - All participants: (Nitty & Gritty Participants) receive lunch included with your registration fee.

Lunch will start being served at 9:30. Non-participants may purchase a meal for \$10.00 (this is the price for children or adults- CASH ONLY)

Hydration Stations

Water Coolers will be placed all over camp and at first aid/hydration stations along the trail.

Check In

Check in will be outside of the Henry Funk Program Center at Gretna Glen. **Walk-Ins are welcome! [Online registration does not close until after the event is over.](#) Walk-Ins will be assigned to the 1st available wave, and we will work with you to help you run with your group/team.**

- No Friday packet pick up is needed. Saturday check-in is quick and easy.
- At check-in you will receive your bib and directions for your next step.
- At check-In, you will receive your t-shirt. If you registered by 9/13/2024 you will receive the size shirt you requested at check-in. Those registered after 9/13 can stop back up at Funk Center after the race to pick up a shirt.
- If you are late for your non-competitive heat, no worries. Last heat begins at 11:00am.
- If you are early for your non-competitive heat, you are welcome to jump into the earlier heat if there is room in that heat. Just ask the volunteers at the wagon.

After the Race

A limited number of Emergency warming blankets are available at the finish line. Please reuse if possible. We will have 'recycling' bins for them around the site.

Shower off stations are at the village, along with with 'rustic' changing areas.

General Information

- Gretna Glen & Wellspan Philhaven are alcohol free/non-smoking facilities.
- Safety protocols are in place and emergency personnel will be on site.
- You will get muddy, you may even lose a shoe. Come prepared.
- You are responsible for all of your personal belongings. There will be places for you to drop your bag at the start/finish area. This is a "non-staffed" area, with no "bag check" system. Please use your own discretion.
- Spectators are welcome at no charge. All spectators should follow the same parking instructions as their participants. Best case is they carpool with a participant or park at Philhaven Parking Lot (283 South Butler Rd., Lebanon, PA 17042)
- Childcare is **not** available for this event. If you are participating in the 5K Mud Run you must have someone to supervise your children. The 5K event on average takes participants 1-2 hours to complete. Children participating in the Nitty Gritty must also have an adult present at the Nitty Gritty start area or on the course (obstacles are not for adults).

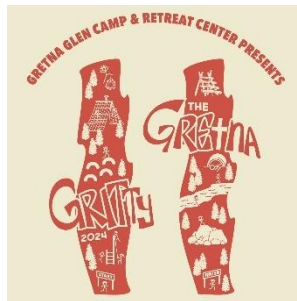
Social Media

Tag us #gretnagritty or #gretnagritty2024

Share the donation link: <https://runsignup.com/Race/Donate/PA/Lebanon/GretnaGritty>

As an outdoor ministry we are grateful you have chosen to spend your time and help us fundraise. We ask all participants and guests to honor this sacred space by embracing a spirit of community, fun, and adventure.

Race day emergency contact number: 717-679-6715 (Apryl)



POST EVENT INFO:

After the event all participants will receive an email with:

- A survey so you can tell us what you liked, and where we can improve for next year.
- Links to professional chip timing results as provided by Falcon Race Timing.
- This google photo album that you may add your photos to from Gritty day. <https://photos.app.goo.gl/3Jon3CWHdzY1VpAm9> . We will work to upload all photos taken on that day asap, but it will be a few days until that album has all of the photos in it.