

Ephesians: Discovering Unity and Identity in Christ

Study Overview

Week 1: Spiritual Blessings in Christ — Ephesians 1

Theme: Our identity and blessings in Christ

- Explore God’s eternal plan of **election, redemption, and adoption**.
- Discuss what it means to be **sealed with the Holy Spirit**.
- Reflect on how being chosen by God shapes our confidence and purpose.

 **Key Verse:** “Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.” — *Ephesians 1:3*

Week 2: Grace and Reconciliation — Ephesians 2

Theme: From death to life by grace through faith

- Examine how salvation is God’s **gift, not by works**.
- Discuss Christ’s **reconciliation** of Jews and Gentiles into one new humanity.
- Reflect on being **God’s workmanship**, created for good works.

 **Key Verse:** “For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God.” — *Ephesians 2:8*

Week 3: The Mystery of the Gospel — Ephesians 3

Theme: God’s hidden plan revealed through Christ

- Explore the **mystery** of the gospel and Paul’s mission to the Gentiles.
- Reflect on **Paul’s prayer** for strength and understanding.
- Share personal experiences of grasping God’s grace and love.

 **Key Verse:** “I pray that you, being rooted and established in love, may have power... to grasp how wide and long and high and deep is the love of Christ.” — *Ephesians 3:17–18*

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Week 4: Unity in the Body of Christ — Ephesians 4

Theme: Living out our unity and maturity in Christ

- Discuss the call to **oneness**—one body, one Spirit, one Lord.
- Explore **spiritual gifts** and how they build up the Church.
- Apply Paul’s challenge to **live worthy of our calling** with humility and patience.

 **Key Verse:** “Make every effort to keep the unity of the Spirit through the bond of peace.”
— *Ephesians 4:3*

Week 5: Living as Children of Light — Ephesians 5

Theme: Walking in love, purity, and wisdom

- Discover what it means to **imitate God** and live a life of love.
- Reflect on marriage as a **picture of Christ and the Church**.
- Discuss practical ways to live as **children of light** in a dark world.

 **Key Verse:** “Follow God’s example, therefore, as dearly loved children and walk in the way of love.” — *Ephesians 5:1–2*

Week 6: Spiritual Warfare and Final Greetings — Ephesians 6

Theme: Standing firm in God’s strength

- Examine the **armor of God** and how each piece equips believers for battle.
- Reflect on the power of **prayer, perseverance, and community**.
- Conclude with Paul’s encouragement to stand strong and stay connected in faith.

 **Key Verse:** “Put on the full armor of God, so that you can take your stand against the devil’s schemes.” — *Ephesians 6:11*