

An aerial photograph of a vast mountain valley. A wide, winding river flows through the center, surrounded by lush green hills and rugged mountain peaks. The sky is filled with soft, golden light, suggesting a sunrise or sunset, with rays of light filtering through the clouds. The overall scene is majestic and serene.

A DEEPER LIFE

Loving God with Our Body

BARRINGTON
UNITED
METHODIST CHURCH

Sunday, January 26, 2025

WORDS OF WELCOME

Pastor Rick Carlson, First UMC West Dundee

HYMN #584 (UMH)

Lord, You Give the Great Commission
Vocal Ensemble

- (1) Lord, you give the great commission:
 “Heal the sick and preach the word.”
Lest the church neglect its mission
 and the gospel go unheard,
 help us witness to your purpose
 with renewed integrity: (Refrain)

(Refrain)
With the Spirit’s gifts empower
us for the work of ministry.
- (2) Lord, you call us to your service:
 “In my name baptize and teach.”
That the world may trust your promise,
 life abundant meant for each,
 give us all new fervor, draw us
 closer in community: (Refrain)
- (3) Lord, you make the common holy:
 “This my body, this my blood.”
Let us all, for earth’s true glory,
 daily lift life heavenward,
 asking that the world around us
 share your children’s liberty: (Refrain)
- (4) Lord, you show us love’s true measure:
 “Father, what they do, forgive.”
Yet we hoard as private treasure
 all that you so freely give.
May your care and mercy lead us
 to a just society: (Refrain)
- (5) Lord, you bless with words assuring:
 “I am with you to the end.”
Faith and hope and love restoring,
 may we serve as you intend,
 and, amid the cares that claim us,
 hold in mind eternity: (Refrain)

CHILDREN’S TIME

Susan Acosta, Director of Family Ministries
and Noah’s Ark Christian Academy

PRAYER

Pastor Rick Carlson, First UMC West Dundee

THE LORD’S PRAYER #895

**Our Father, who art in heaven, hallowed be thy name.
Thy Kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever. Amen.**

SCRIPTURE

Matthew 28: 16-20

Dave Snyder

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

SERMON

"Loving God with Our Bodies"

Pastor Matthew Johnson, Associate Pastor BUMC

HYMN #2130 (TFWS)

The Summons

Vocal Ensemble

- (1) Will you come and follow me if I but call your name?
Will you go where you don't know and never be the same?
Will you let my love be shown, will you let my name be known,
Will you let my life be grown in you and you in me?
- (2) Will you leave yourself behind if I but call your name?
Will you care for cruel and kind and never be the same?
Will you risk the hostile stare should your life attract or scare?
Will you let me answer prayer in you and you in me?
- (3) Will you let the blinded see if I but call your name?
Will you set the prisoners free and never be the same?
Will you kiss the leper clean, and do such as this unseen,
And admit to what I mean in you and you in me?
- (4) Will you love the 'you' you hide If I but call your name?
Will you quell the fear inside and never be the same?
Will you use the faith you've found to reshape the world around,
Through my sight and touch and sound in you and you in me?
- (5) Lord, your summons echoes true When you but call my name.
Let me turn and follow you and never be the same.
In your company I'll go where your love and footsteps show.
Thus I'll move and live and grow in you and you in me.

INVITATION TO MINISTRY AND BLESSING

Pastor Matthew Johnson, Associate Pastor BUMC

CREDITS:

Organist—Michael Rees

Ensemble—Seth Durbin, Jenna Hesseln, Patti Mangis

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Words Jeffrey W. Rowthorn ©1978 Hope Publishing Company.

The Summons. Tune KELVINGROVE (Scottish) Words. John L. Bell © 1987, Iona Community, GIA Publications, Inc. agent

A Moment for Parents Only

Sunday mornings from 10 to 10:30 a.m. in the Dining Room,
January 26 through March 2

Need a moment to breathe, talk to other parents, and share a quiet coffee? Between services today, join other parents in the dining room for refreshments and a few minutes to get to know each other. Our family ministries team will help your children to get their lemonade and cookies at the children's table in the narthex while you meet and greet one another.



Centering Prayer

Fridays, 1:30 to 3 p.m. in the BUMC Parlor

Experience the presence of the Holy Spirit in your prayer life. Join us as we open ourselves to the movement of the Spirit through the practice of Centering Prayer. Learn more through occasional book studies or experiential art. Draw closer as we ask the very Methodist question: 'How is it with your soul?'

Have a Heart Pillow Project

January 28, 10:00-11:30 a.m. in the BUMC Dining Room

Come help assemble pillows for the Have a Heart Pillow Project serving lumpectomy and mastectomy patients. Many pillows need stuffing, so if you don't like to tie, you can help by stuffing tied pillows instead! For more information, contact Linda Osikowicz at Lmosikowicz@comcast.net.

Radicle Methodism: Back to Our Roots by Ashley Boggan D.

Practical Christianity for Men, Saturdays, 9 to 10 a.m. in BUMC Room 111 or on Zoom

This four-module course was put together by the General Commission on Archives and History. In this online video history course, we talk about root systems, what that has to do with Methodism, and what it means to be United Methodist. As we journey together through these radicle moments, we hope you are reminded of what it means to be United Methodist, to follow in our founder's footsteps, and to be in connection with one another. For more information, contact John Maxson at jmaxson@aol.com



Moving Our Vision Forward | Next Sunday, February 2, following the 10:30 a.m. worship

Over 70 members of the Barrington UMC congregation came together on March 10 for our all-church event: Discerning Our Vision and Values. Now, we need you to help move this vision forward!

Mark your calendar and join us for our next gathering in Fellowship Hall on Sunday, February 2, immediately following our 10:30 a.m. worship. Your voice and presence are vital as we continue this important work.

Childcare will be provided from nursery to 5th grade. To help us plan, please scan the QR code to let us know you will join us for lunch and if you need childcare.



Gather Together with Lectio Divina | *Second Sundays*

February 9, 9:15 to 10 a.m. in the Dining Room

We invite you to experience the presence of God through contemplation of the scriptures with Lectio Divina. Lectio Divina, literally “Divine Reading,” is a Christian practice that dates back to the early days of the church. Join us as we meet together on the second Sunday of each month. No experience with the technique is required, and no preparation or long-term commitment is necessary. Lectio Divina is easy to learn and can become an inspiring, restful way to draw closer to God. And you will have time to enjoy a cup of coffee before the 10:30 a.m. worship service. For more information, contact Terrie McComb at tmmccomb@msn.com.



Soup “er” Chili Sunday | *Sunday, February 9, from noon – 2:30 p.m.*

Join us in Fellowship Hall before the BIG Game for soup and/or chili and fellowship. This year, we will not award prizes but still invite all you great chefs to show us what you’ve got! Bring a pot of your favorite soup or chili to share. If you need a crock pot, just let us know - we have several available. All are welcome - bringing a dish is not required to join the fun! Our Youth Group is collecting canned food to donate to the food pantry - please bring your donation to this event.



We will also be taking a “poll” of who will win the Super Bowl by dropping a donation in each team’s respective basket. We will announce our favorite team at the close of our time together - so we can watch the game and see how accurate we are! Please sign up using the QR code.



Ash Wednesday, March 5

A *Vision Unfolding* will be sung by our Chancel Choir as part of our Ash Wednesday service. Centered around themes of social justice, this extended work invites the choir and congregation into a compelling vision of a world rooted in compassion, freedom, inclusivity, and justice. RyAnn Brown and Liberty Johnson will perform spoken-word poetry before, between, and within movements. Begin thinking now of friends you can invite to share this unique worship experience.



Kyle Pederson, composer

Northern Illinois Food Bank

Times are tough for many families in our area. We are thankful they can count on help from the pantries and other food supply options offered through the Northern Illinois Food Bank! NIFB has sought to make getting the food needed to thrive a bit easier – especially for working parents. Mobile Markets in sites like public or church parking lots on weekends help. So does “My Pantry Express” where individuals can request just the items they need from a list of what’s available and then go to a prearranged pick-up location (like a Walmart) to pick them up. Based on availability, there is sometimes even an option for home



delivery. The stated mission of the food bank is: “To provide nutritious food and resources for our neighbors, with dignity, equity and convenience, through partnerships and innovation.”

Our teams from BUMC are part of that partnership of caring when we go twice a month to Geneva to prepare food for distribution. We usually start out with a huge hopper of slightly dented cans or a wide variety of produce. Our job is to repackage the food so it’s suitable for a family. Once in a while, we also pack holiday boxes, weekend backpacks, or fill the My Pantry Express orders. The work isn’t too hard, but if anyone needs a chair to sit on or an anti-fatigue mat to stand on during a shift, those will be provided. Volunteers have plenty of time to chat and joke with each other or sway along to the music piped into the warehouse. Our church (and friends from Salem Lutheran in St. Charles) also take a coffee break each shift.

(They always have better snacks than we do.) Volunteers supply the equivalent work of 66 full-time employees. Simply put, we are doing good AND enjoying ourselves.

Please consider joining this partnership. Sign up by scanning the QR code, or visit our website, barringtonumc.com/get-involved. You may also contact Pat Ziebart to learn more about this important ministry, 217-840-6608.



In an effort to be more transparent and informational, the BUMC Finance Team wants to hear from you about what information you would like to know about our finances. In the fall, we held a town hall meeting and sent a mailing to explain our various funds, and we would like to expand on that. For the next several Sundays, there will be a suggestions box in the narthex where you can place a card with your question(s). We will compile those questions and provide the answers via a meeting and written response.

We are refreshing our library in Room 111 and would love your input and assistance! If you’re interested in being part of this project, please reach out to Linda Osikowicz, Lmosikowicz@comcast.net.