



Prayer Request: Pray that God would grow our church in united maturity.

Icebreaker Question: Were you involved in any sports or extracurricular activities as a kid? If so, what were they?

Discussion Questions:

1. Read Ephesians 4:1-16. What does Paul describe as uniting us together in the church?
2. In what ways does Paul call us to pursue unity together? How are you doing this here at Refuge?
3. Do you see any dangers to our unity as a church? How can you work to preserve unity in those areas?
4. Paul describes our calling to pursue united maturity together in love. Where could our church grow in united maturity? How are you contributing towards greater maturity here at Refuge?
5. Where do you personally need help growing in maturity? How can we as a growth group help each other toward greater maturity?

General Questions:

1. What new concept did you learn from this week's text?
2. Is there anything in the text that you don't understand?
3. How does this text challenge you to change? Is there anything standing in your way of making that change?

Prayer: Our Father, thank you for calling us to yourself and making us one. Thank you for uniting us together in one body and one spirit, just as you called us to one hope. Would you help us to live lives of humility and gentleness, with patience, and to bear with one another in love. Keep us eager to maintain the unity of the Spirit in the bond of peace, and would you cause us to attain to the unity of the faith and to the knowledge of the Son of God, to maturity. Amen.
(Adapted from Ephesians 4:1-16)