Growth Groups Guide
Off With the Old, On With the New
November 1, 2026
Ephesians 4:17-5:2

Prayer Request: Pray that God would encourage those who were baptized this Sunday.

Icebreaker Question: What is one fashion or article of clothing you used to wear that you no longer wear? Why?

Discussion Questions:

1. Read Ephesians 4:17-5:2. How does Paul describe the identity of those he's written to?

2. What ways of living does Paul encourage believers to put off?

3. What ways of living does Paul encourage believers to put on instead?

4. In what ways have you seen God change your ways of living now that you're a Christian?

5. In your life, what old sinful ways of living do you still need to put off because they're incompatible with your identity as a Christian? What new holy ways of living do you need to put on now that you're a Christian?

6. How can we as a growth group help each other in these areas?

General Questions:

1. What new concept did you learn from this week's text?
2. Is there anything in the text that you don't understand?
3. How does this text challenge you to change? Is there anything standing in your way of making that change?

Prayer: Father, thank you for bringing us to the truth in Jesus. Renew us in the spirit of our minds, and lead us in living lives of true righteousness and holiness. Teach us to be imitators of you, as beloved children. Lead us to walk in love, as Christ loved us and gave himself up for us. (Adapted from Ephesians 4:17-5:2)