

Sermon Notes

How to Have a Clean Fight

Ephesians 4:26-27

February 2, 2024

Theme: There are some basic principles about anger that we need to understand if we're to control it and rightly express it!

Not all anger is _____.

Anger can easily become _____.

1. R_____ to Manage It!
2. R_____ the Cost of Wrong Anger!
3. R_____ Before Speaking!
4. R_____ the Value of Addressing Issues Quickly!
5. R_____ Your Anger Constructively!

P =

E =

A =

C =

E =

6. R_____ on the Help of Jesus Christ!

a) Root Problem

b) Daily Strength