

PARISH NEWS

THE NEWSLETTER OF FIRST PRESBYTERIAN CHURCH OF METUCHEN, NJ



Rev. Khayla J. Henry baptizes a girl at the open baptismal font on Palm Sunday 2025

SLOW DOWN AND UNPLUG

- Reflections on our open baptismal font
- Lenten concerts and family activities for Lent
- A space for youth to connect on the summer Habitat trip

ALSO IN THIS ISSUE

- Order forms for Easter flowers
- Update on the chancel renovation

REFLECTIONS ON OPEN FONT BAPTISMS

Fred Garry

I have a top three in ministry. Three moments of great achievement. My victories.

The first is a check for \$1000. We developed a youth mission trip to Mexico many years ago. Lots of kids from the community went on this trip. Many of the kids were Roman Catholic. To recognize our work and ministry, one of the local priests gave a \$1,000 to support the effort. When the check arrived, I told the bookkeeper, "frame it!" Just the idea of a Catholic Church giving a Protestant church money floored me. Needless to say, this has only happened once.

The second achievement was the installation of high-end coffee makers. Really nice coffee makers, the kind making gallons of good coffee in a matter of minutes. Think Dunkin' Donut, Starbucks level of machines. It was a long hard fight. Churches love their "battleship perks". Why, I will never know. Large percolators cook down coffee until it is part sludge and part oil slick. How could they ever live without them? The terrible coffee was good enough for the last fifty years, it will be good enough for another fifty. But then, one day, an anonymous donor gave the funds for the new coffee makers. This was quite a production. But in short order I heard the good news of the kingdom of God, "hey, this coffee is really good; it's fast; and it's easy to make." Yes. Yes it is.

The third jewel happened last year on Palm Sunday. We had an "open font" baptism. We spread the word, "if you would like to have your child baptized come on this date between 8:30-9:30am. No membership, no applications, no classes. No restrictions." I was really nervous. I knew of three people who were going to come and be baptized, an infant and two youth, but I didn't know if the "word" would get out and if people would come. Last Palm Sunday they came. Eleven people were baptized, young and old. Many folks who were here to witness expressed awe and wonder. This was remarkable moment.

I must confess I didn't believe it would happen. This was something I dreamed of for thirty years. Part of my disbelief was how much this needed to be the church's idea. This could not be my

plan or my offering. I administer the baptismal water, but it is the church that baptizes. This is a core belief in the Presbyterian Church and I respect this. Pastors come and pastors go, but the church remains. You don't join a pastor; you join a church. When the session read the policy Lori Kellner proposed to open the font, I struggled to keep it together. Lot of emotions. Could this be happening?

Palm Sunday is quickly approaching. And we are opening the font again. We will post the event on Facebook and hopefully it will be shared by many. I hope you will share it too. Do you have a family member or family friend who would like to be baptized or have a child baptized? Invite them, encourage them: this is open to all.

Of the three, the open font is the most important to me. Money from the Roman Catholic Church is not to be dismissed. We have been protesting them for 500 years; this has not led to great relations. And the coffee makers, well, that too is amazing. Churches love the massive percolators. Forging a new path in caffeine creation was an arduous task. But opening the font was a whole different kind of change. We took away the "fence." By opening the baptismal font to all without restrictions we were offering the sacrament the same way we offer the Lord's Supper, "this is for you; this is God's mercy for you. All you need to do is open your heart to receive it."

Last Palm Sunday was a glorious moment. I pray it is again. Get the word out. This is a great message to offer: you are welcome here; this mercy is a gift to you.



Open Font Baptisms at FPC

Palm Sunday, March 29

8:30-9:30 AM

ALL ARE WELCOME

ON LENT, CONNECTION, AND CONCERTS

Jordan Klotz

Each year, the Lenten Concert Series offers a moment to stop and contemplate the season of Lent.

Unlike the joyful preparation of the season of Advent, Lent is a time of pausing, penitence, and self-denial, climaxing with the events of Holy Week and Easter—the pinnacle of our faith. Few things create an environment for such reflection as beautifully as music does.

In an age of digital connection, we know that Americans feel lonelier than ever. Social media was intended to build bridges, but instead, it has left us isolated, divided, and yearning for real community. Recently, the phrase, “everyone wants a village, but no one wants to be a villager,” has made its rounds online and in the media, demonstrating what our culture desires most deeply: togetherness.

The beauty of communities of faith, such as ours, is that we create space for togetherness rooted in love for God and neighbor, mutual respect, compassion, and kindness. The joy and peace found in music, the Word, and in fellowship is best enjoyed with others. Hence, we gather.

In our gathering, we are restored and strengthened. As we prepare for Easter, we offer another opportunity to gather. We hope you will join us.



LENTEN CONCERT SERIES

First Presbyterian Church of Metuchen
invites you to

A 30-minute concert of beautiful music for quiet reflection

Wednesdays at Noon

Sanctuary of the First Presbyterian Church
270 Woodbridge Avenue, Metuchen, NJ 08840
Livestreamed on FPC website & FPC Facebook Page

February 25: Diane Bruce, violin
Brenda Day, piano

March 4: Ethan Draper, organ

March 11: Jordan Klotz, organ

March 18: Lyndon Ji, piano

March 25: Eleanor Rees, soprano

CREATING SPACE FOR GOD AT HOME

Nancy Leardi

Lent invites us to slow down, create space, and walk intentionally with Jesus on the journey to the cross. In a world filled with constant noise and screens, this season offers a beautiful opportunity to unplug and help our children experience faith in tangible, meaningful ways.

This year, we invite families to try a simple, hands-on practice called “Pathway to Easter”—sometimes known as “Lent in a Bag.” This idea is designed to help families spiritually mark the days of Lent together in a way that is accessible, visual, and memorable for all ages.

We invite you to reserve your families “Pathway to Easter bag” or create one using some simple items.



Pathway to Easter: A Simple Family Practice

What you'll need:

- A piece of purple fabric (felt, scarf, table runner—anything works!)
- A small collection of rocks (from your yard, a walk, or craft store)
- A Bible
- A marker or paint pen

How it works:

1. Lay the purple fabric on a table, shelf, or floor to create a “path.”
2. Each day during Lent, gather as a family and read a short Scripture passage.
3. Together, choose one meaningful word from the reading (examples: love, forgiveness, trust, sacrifice, hope).
4. Write that word on a rock.
5. Place the rock on your family’s path, slowly building your pathway toward Easter.

Over time, the path fills with words and stones that tell the story of Jesus’ journey—and your family’s walk of faith alongside Him.

Why This Matters

This visual practice helps children and adults alike reflect on Jesus’ journey to the cross. Faith becomes something they can see, touch, and remember, not just hear about. It also gently builds the rhythm of daily Scripture reading and conversation, without pressure or perfection.

Helpful Tips for Families

- Keep it short—5 minutes is enough.
- Let children choose the word or decorate the rocks.
- Miss a day? Grace abounds. Simply pick up again tomorrow.
- Place the path where you’ll see it often, as a quiet reminder of the season.

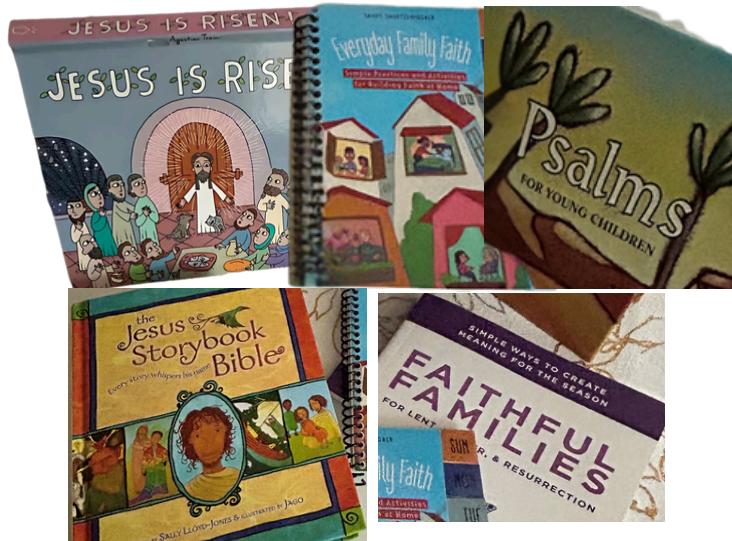
Our prayer is that this Lent will be less about doing more and more about being present—with God and with one another. May this simple practice help your family slow down, unplug, and walk the pathway to Easter together.

Resources

Lent at Home Family Devotional

<https://pcusa.org/resource/lent-home-family-devotional>

Your Christian Education office has Lenten resources for all ages to borrow. Some resources are located outside of the GLOW, Gods Love our Wonder, room. Here are a few.



Resources available in the GLOW Room

BUILDING TOGETHER: HABITAT FOR HUMANITY TRIP, SUMMER 2026

Rev Khayla J. Henry

We're excited to share that our church is heading back to Roanoke, Virginia for our Summer 2026 Habitat for Humanity trip, and we can't wait to build, serve, and grow together once again! This trip brings youth and adults of all ages together for a week that is hands-on, meaningful, and full of moments that matter.



Habitat youth and leaders, Roanoke, VA, summer 2025

One of the best parts of our Habitat trip is how it connects generations. Youth work side by side with adults and mentors, learning practical skills, gaining confidence, and discovering what it looks like to live out their faith in real and tangible ways. Adults and leaders, in turn, are inspired by the energy, curiosity, and compassion of our younger volunteers. Together, we form a team that reflects the heart of our church - different ages, one mission.

All youth between the ages of 14-18 (8th graders to graduating seniors) are invited to participate. We ask that they are active youth participating in church events at FPC throughout the year. Activities include, but are not limited to, Wednesday Night youth group, Presbyterian Puppeteers, Sunday school helpers, volunteering at various church events. All youth who plan to attend are required to help with two or more Habitat fundraisers.

No construction experience is needed. Whether someone is swinging a hammer for the first time, painting walls, or helping behind the scenes, everyone has a role to play. Each day offers opportunities not only to build homes, but also to build friendships, share stories, pray together, and reflect on how service shapes who we are.

As we prepare for Summer 2026, fundraising will be an important part of the journey. Fundraisers help make the trip accessible for youth and families and allow our entire congregation to take part in the mission. In the coming months, we'll be sharing ways to support the trip through events, donations, and sponsorships. Every contribution, large or small, helps put tools in hands and hope in hearts.

This year's fundraisers will be the Pancake Breakfast March 8th, Mother's Day Car Wash May 9th &

Father's Day Car Wash June 20th. You can also contribute to our Habitat Scholarship Fund to ensure all students can join the trip without any hindrances.

This Habitat trip is more than a service project. It's a chance for youth to discover their gifts, for families to serve together, and for our whole church to invest in a community beyond our walls. Even if you're not going on the trip, your prayers and support make you part of the story.



Habitat youth and leaders, Roanoke, VA, summer 2025

We invite you to start praying for the families we'll partner with, the relationships that will be formed, and the impact this trip will have on everyone involved. Keep an eye out for upcoming fundraising events and trip details and consider how you might join us on the build site, at a fundraiser, or through prayer and encouragement. Together, we're looking forward to another summer in Roanoke, Virginia building homes, building faith, and building community across generations. We hope to see everyone at our Annual Pancake Breakfast Fundraiser on March 8th!

MAKING SANDWICHES FOR ELIJAH'S PROMISE

Alicia Parr

Many community members are familiar with the organization Elijah's Promise (based in New Brunswick), which serves people experiencing homelessness. Not everyone may know its history or the different ways in which The First Presbyterian Church of Metuchen (FPC) Food Pantry partners with them.

The Elijah's Promise Community Kitchen started in August 1989. In addition to the Community Soup Kitchen and mobile meal services, Elijah's Promise provides a culinary school and "Let's Cook" program.

How FPC Partners with Elijah's Promise:

Each week, the Elijah's Promise Food Truck (EP On Wheels) brings the Food Pantry over 700 individual pre-cooked meals which volunteers distribute to not only Food Pantry clients but to other local agencies with whom the Food Pantry partners. Some of the local agencies that pick up meals are Edison Housing Authority, Mission First Housing, Community Presbyterian Church, St. Paul's Lutheran Church and Rutgers University Behavioral Health Care (UBHC).



Metuchen High School students, teachers, and church members making lunches, October 2025

FPC received a grant from the Community Resource Development Fund to support a partnership with the Metuchen High School Special Education Program. Students, teachers and church members pack lunches for Elijah's Promise. The day before packing, the students and teachers shop for all needed supplies. The first sandwich lunch bag event with the program



Ham and cheese sandwiches for Elijah's Promise
February 2026

was held October 28th and involved 5 students, 3 teachers, and church members Amy Jeney, Tom Giordano, and church staff, Heather Koball. The students had fun preparing sandwiches and lunch bags knowing they were helping others... and they got pizza for their lunch and they were not in school! The remaining lunch bag event dates are March 24th and May 19th, and a date to be determined in April.

Mission Volunteer Saturdays – Led by longtime church member and Food Pantry volunteer Tom Giordano, church and community members join together the last Saturday of each month at 9:00 a.m. in the Social Center to help pack over 200 lunches (ham/turkey and cheese sandwich, snack, juice) for Elijah's Promise to distribute to homeless and food insecure people. Lunch bag provisions are donated or supplied for these Saturday events. Usually, 12-16 people attend. Working together in teams, volunteers talk and laugh as they see who can make the first sandwich!

The event takes 1 1/2 hours and, when all lunches are complete, Tom delivers them to Elijah's Promise in New Brunswick. If you are interested in volunteering for a Mission Volunteer Saturday, you can learn more and sign up on the FPC Food Pantry [Facebook](#) page.

THE CARE MINISTRY: COMPASSIONATE ASSISTANCE AND RELIEF FOR EVERYONE

Wendy Kukowski

The CARE Ministry is dedicated to providing practical, emotional and spiritual support for all church members in need, regardless of age. Our focus is on those members who are ill, hospitalized, homebound, grieving and lonely. We want everyone to feel valued, loved, connected and cared for.

The Bible strongly emphasizes caring for others through love, compassion and action. Our ministry bridges faith and service by offering companionship, friendship and assistance. Caring is vital for fostering spiritual growth, strengthening our congregation and demonstrating Christ's love through tangible support. It transforms a congregation from a group of acquaintances into a supportive family, offering emotional, physical and spiritual healing. Effective Care reduces loneliness, supports mental health and helps members navigate life's crises.

Our CARE Ministry is a direct reflection of Christian compassion, essential for demonstrating God's love in practical ways. This ministry creates a sense of belonging, ensuring no one feels alone in their struggles. This intentional care develops deep, trusted and lasting connections, creating a stronger sense of community.

What does the CARE Ministry look like on a practical level? Well, it looks like this:

- phone calls to check in on a friend
- birthday, get well, thinking of you and sympathy cards
- soup, a quart or sometimes two handed off to you after service or delivered to your home to wrap you in a warm hug
- flowers, a beautiful arrangement to brighten your day
- prayer shawls for you to literally wrap around your shoulders and feel the love of your church family

- visitations at home, the hospital or skilled nursing facilities to sit beside you, listen, hold your hand and pray
- rides for medical appointments when available
- medical equipment closet which has wheelchairs, walkers, canes, crutches, shower chairs and commodes
- referrals to other resources, both within and outside of the church depending on their needs

The CARE Ministry is a wonderful example of our Faith in Action. In 1 John 3:18, John says "Dear children, let us not love with words or speech but with actions and in truth." Care for others is a true reflection of faith. It's a ministry of friendship. All of us at some time have been touched by illness, loss, stress, or heartache. Goodness, kindness, compassion, and mercy are God's attributes on display towards us in Christ. We seek to better reflect these life-giving graces to our church members in need. We care because God so graciously cared for us.

Our ministry isn't a one-way street. We benefit greatly from the life experiences, stories and wisdom of those we serve. Thank you to everyone who contributes to the CARE Ministry through the Soup Ministry, Prayer Shawl Ministry, medical rides and Deacon flower delivery. Galatians 6:2 commands believers to "Bear one another's burdens and so fulfill the law of Christ."

The core CARE Ministry members are Wendy Kukowski (coordinator), Eli Duhme, Mary Ann Eide, Michele O'Connor and Chris Van Pelt. We need some more members in order to ensure the success of our ministry.

If you are in need of assistance from the CARE Ministry or want to join this ministry, please contact Wendy Kukowski at 732-983-2457, wkukowski14@gmail.com CareTeam@fpcweb.org

LOVING OUR NEIGHBORS: THE WORK OF THE SOCIAL JUSTICE COMMITTEE

Heather Koball

Guided by our church's mission to love God with all our heart, mind, soul, and strength, and to love our neighbor as ourselves, the Social Justice Committee has continued to broaden its ministry of compassion and inclusion for our church and community. As an open and affirming congregation committed to nurturing every person in God's love, the committee seeks to embody our call to foster justice, peace, and care for our neighbors.

One recent area of focus has been environmental responsibility through our church-wide composting initiative. Launched two years ago, this effort provides a simple, practical way for our community to reduce waste while contributing to the care of our neighbors. Compost bins outside the Social Center now collect plant-based food waste, flower trimmings, and other biodegradable materials after events such as the Community Dinner. The resulting nutrient-rich compost has helped our Food Pantry Garden grow more vegetables to feed neighbors facing food insecurity.

Last year, the committee also strengthened its partnerships by collaborating with OutFront Metuchen, a nonprofit organization dedicated to uplifting LGBTQIA+ youth and allies through education, youth engagement, and civic advocacy. OutFront's mission is to create a safe, affirming, and connected community where everyone can thrive.

OutFront Metuchen currently uses our space to host improv groups for teens, offering creative and confidence-building opportunities in an affirming setting. This ongoing collaboration reflects our congregation's commitment to hospitality, inclusion, and supporting the wellbeing of marginalized youth.

In November 2024, the Social Justice Committee hosted a Gender-Affirming Closet at our Social Center, which was organized and led by OutFront Metuchen. This event offered teens clothing that aligned with their gender identity—an important expression of dignity. OutFront coordinated clothing donations and worked closely with our Social Justice Committee and the Queer Fellowship to prepare the space. On the day of

the event, volunteers arranged clothing, welcomed teens, and ensured a warm, supportive environment. Another Gender-Affirming Closet is already planned for May 30–31, 2026.

In recent months, the committee has stepped forward to support immigrant neighbors facing increased enforcement actions. In January, community members, faith leaders, and local advocates were hosted by the Social Justice Committee to support Sener Kalkan, a Metuchen resident detained during an immigration check-in related to his asylum case. The event brought together civic leaders, clergy, and immigrant-rights organizations who stood in solidarity with Sener's family and emphasized the profound human impact of detention. Since the event, Sener was released from detention and is now home with his family.

Through these varied efforts—environmental care, LGBTQIA+ support, youth engagement, and immigrant justice—the Social Justice Committee continues to live out our church's calling. This work reflects what we affirm in our mission: that with our hearts, minds, souls, and strength, we strive to nurture and include everyone in God's love, embracing every race, class, national origin, sexual orientation, gender identity and expression, and worldly condition of every kind. We celebrate God making each of us beautifully unique yet one in Christ Jesus.

As a visible reminder of this commitment, Session has approved a new banner to hang on the portico in the Chapel Garden. The banner reads, "Love your neighbor who doesn't look like you, think like you, love like you, speak like you, pray like you, vote like you — Love your neighbor, no exceptions." Its message echoes the heart of our mission and serves as a public witness to all who pass by: that our church stands for compassion and inclusion.

All members of the congregation are invited to join in the meaningful and ongoing work of the Social Justice Committee. The Committee meets on the 3rd Tuesday of the month, in the PW Lounge at 7:30.

BUILDING RELATIONSHIPS: INTERNATIONAL MISSION IN MALAWI 2026

Sarah Teti

If you flew into Lilongwe, the capital of Malawi, right now... you would not be happy. This time of year (December through March) is rainy season. And this year it's not raining. It's pouring. Massive flooding has washed out an already unstable roadway system in the country, and homes and bridges are damaged. In Mzimba/Luwerezi, a main road through the village, flooded leaving the stores that sell goods to villagers unable to operate. It's a dire situation, but aid trucks are on the roads according to news outlets, desperately trying to reach those in need. Meanwhile, we are keeping in touch with our colleagues, Sam and Matthew, to monitor the situation and see how we can help.



Deb Teall welcomes the Honorable Sam Chirwa to FPC

In May, I will be heading back to Malawi with a future medical student named Gillian. Gillian is a dedicated food pantry volunteer and will be headed to medical school at Rutgers University in July of this year. I am so happy we have found a way for her to go before she leaves us for med school. Gillian and I will be joining a Malawian organization called Ministry of Hope, which is based in Lilongwe and is currently supported by the Liberty Corner Presbyterian Church here in New Jersey. Ministry of Hope supports orphans with a crisis nursery, they have a feeding program, and a mobile medical clinic. We will be visiting their orphanage and accompanying them on their mobile clinic trips for few days.

When Sam and Matthew were here in October, Matthew had the opportunity to sit in for one of Javier Robles, JD, classes about sports medicine and disabilities at Rutgers University. Matthew was able to talk to the students about Malawi and what rights for people with disabilities looks like in a developing country. To keep this educational opportunity open, we hope to share information about disabilities rights back and forth between countries. While I'm in the capitol, Matthew and I will be meeting with the minister of disabilities for Malawi, Honourable Mary Navicha, and we will make a short video about their newly established bill of disability rights, as requested by Javier. Matthew will edit the video to send to Javier to be shown in future classes.

Additionally, I will be meeting with Sam and traveling to Luwerezi to see the village we have already helped, to see how the newly opened clinic is operating, and talk to the area leaders about their current needs. The generator that the Presbyterian Women purchased for the village has not yet been installed, but hopefully it will be functional by May. And, like last trip, Gillian and I will bring a large bin of supplies for the clinic and village.

Building our international mission as a church means building on the ground relationships with the leadership in Malawi. I am dedicated to this mission as long as I have the support of all of you! Thank you to everyone who came out to meet and greet Sam and Matthew when they were here. We are still in the beginning steps of a long trip – but something tells me it will be worth it!



The Malawi flag

BUILDING FOR THE FUTURE

Jordan Klotz

In the middle of the 20th century, under the leadership of Dr. Behrenberg, this congregation completed two major capital projects. First, in the 1940s, First Presbyterian Church built a new social center. The following decade, FPC installed a new pipe organ and re-constructed the sanctuary to meet the needs of the active parish.

Several generations later, First Presbyterian Church recognized the limitations of its social center and has since expanded the building. The possibilities unleashed by this capital project were unknowable at the time of construction; our campus is constantly abuzz with mission, ministry, and community. Mirroring the two phases of the 1940s and 1950s—social center construction followed by sanctuary changes—this congregation is now embarking on an effort to imagine a sacred space for the next generation, just as church leaders 70 years ago did for us.

The objective of this project has been summarized succinctly by the exploratory chancel committee which began meeting two years ago:

We seek to create a space that is beautiful, accessible, and liturgically flexible that facilitates worship, music, and preaching and maintains the historic architectural aesthetic of our sanctuary to look as if it had always been that way.

Shortly after exploring how to achieve these goals, hazardous (and code noncompliant) cotton-covered wiring was discovered in the organ. This has expanded the scope of the work that is necessary not only to ensure that our space is safe and accessible to all, but also a sacred place that meets the worship and program needs of our active and growing church.

Volunteer leaders overseeing the project, in coordination with the Finance Commission and Session, have selected John Milner Architects, Inc., a historic preservation firm with specific experience working in historic churches.

Our organ technicians, who regularly maintain and care for our 71-year-old instrument in addition to overseeing some of the most significant pipe organs in the country, have been contracted to carry out the renovation to the organ.

A leadership team, Maggy Cook, Brenda Day, and Margo Gunsser, has assembled to execute a capital campaign, approved by Session in January.

This is an exciting time to be a member of First Presbyterian Church. Over the course of our 309 year history, only so many moments such as this have presented such an opportunity to offer ourselves, our energy, our resources, and our sacred spaces to God.

Like the visionaries of decades and centuries past, and perhaps like our children's children at the turn of the next century, we will steward what we have been given with grace, care, and love.



Volunteer Opportunity

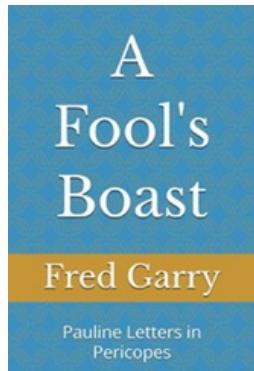
Christian Education Volunteers are needed for the upcoming Easter Egg hunt and other spring/summer programs. Helping children with crafts and stories on Sundays or during the weekday programs can be fun and fulfilling. Having a loving heart towards the young and a flexible nature is encouraged. Contact Nancy Leardi for more information.

Thank You Advent Angels!

A heartfelt thank you to all who contributed to the Advent Angels this Christmas. Over 150 gifts were distributed to low-income children, residents of Roosevelt Care Center, and to seniors at Care One. We received lovely messages from the center directors to thank us for making their residents feel valued and cared for.

For Lent: A Fool's Boast

Rev. Garry's new book is offered as a Lenten devotional to build you up and mend what's been worn down. Drawing on Paul's letters, these pericopes are to be "read with appreciation and care, with caution and trust, with devotion and critique." Copies are available in the Narthex or church office for a suggested donation of \$5.



Door Update

We're moving forward with the installation of new secure, electronically programmable doors funded by a federal grant awarded in fall 2024. The sanctuary, chapel garden, education building, and session room entrances will all be updated. After reviewing vendor proposals, the door committee selected Baut Studios, and the contract was finalized in December. With measurements completed in January, installation is scheduled for July. The door design will be shared with the congregation prior to installation.



EASTER PLANT ORDER FORM

Celebrate the glory of Easter morning this April 5th by decorating our church with a choice of Easter Plants (white lilies, yellow tulips and pink tulips) to honor your loved ones. If you would like to contribute \$10 per lily or tulip, please bring this form to Church or mail to the Office by Sunday, **March 22**.

Please choose your plant choice by indicating the number of plants you want:

White Easter Lilies _____ (\$10 each)
Yellow Tulips _____ Pink Tulips _____ (\$9 each)

Amount of Check _____ (Please make check payable to First Presbyterian Church)

Lily and Tulip Form: Submit by March 22

Your Name: _____

Phone/Email: _____

For Bulletin Listing of Donors (Please print)

Given by: _____

IN HONOR OF: (Name and address of honorees)

IN MEMORY OF:

CONTACTING THE PASTORS OR CHURCH STAFF

To reach the church office or any staff member, please call 732-491-2300, during office hours, Mon-Thurs 9AM-2PM. If you would like to speak with Rev. Fred Garry or Rev. Khayla J. Henry, please call the church office or call Rev. Garry at 315-771-3590 or Rev. Henry at 843-312-7288.

LENT 2026 PARISH NEWS

FIRST PRESBYTERIAN CHURCH OF METUCHEN
270 Woodbridge Avenue, Metuchen, NJ 08840

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Visit the church website, send an email to fpc@fpcweb.org or use your cell phone to go directly to the link using this QR code.

We promise not to spam you!



Parish News Submission

Items for the upcoming newsletter may be emailed to hkoball@fpcweb.org

Church Office

270 Woodbridge Avenue, Metuchen, NJ 08840

Office Hours: Monday - Friday 8:30 am to 4:30 pm

Telephone: (732) 491-2300

Email: fpc@fpcweb.org

Sunday Worship Service 9:30 am
Online Sunday Morning Worship 9:30 am
Livestreamed on FPC Metuchen Facebook



First Presbyterian Church of Metuchen is a congregation of the Presbyterian Church (USA).