

# 40 DAYS OF



# LENT 2025

			March 5 Attend an Ash Wednesday Service today	6 Donate bottles of Shampoo & Conditioner to the Hygiene pantry	7 Sing or listen to your favorite hymn	8 Invite a friend or neighbor to church or to a Lenten event
9 Sit in a different area of the sanctuary and meet someone you may not know	10 Volunteer for Children's Ministry Sunday School	11 Donate Men & Women's deodorant to the Hygiene pantry	12 Read the Parable of the Wheat and the Weeds Matthew 13: 24-29	13 Have a family prayer night	14 Serve your neighbor by sharing a homemade treat with them	15 No complaining today!
16 Arrive to worship early and spend time in prayer in Pearson Chapel	17 Donate shower gel & bar soap to the Hygiene pantry	18 Share VBS registration links with a neighbor	19 Read The Parable of the Yeast Matthew 13: 33-35	20 Give someone a compliment today	21 Do an act of service for someone you love	22 Share Summer in the Arts registration links with a neighbor
23 Pray for your pastors and worship leaders before and after worship.	24 Write a letter of encouragement Send a note or text to someone who might need a little extra support or love	25 Donate diapers to the hygiene pantry (size 4-7 preferred)	26 Read Parable of the Hidden Treasure and the Pearl Matthew 13: 44-45	27 Give away a possession Find an item you no longer need and give it to someone who could benefit from it	28 Offer a smile to a stranger Sometimes a smile can make someone's day	29 Start collecting empty paper towel rolls to be used in VBS construction
30 Bring a friend to church and invite them to worship with you	31 Donate to the Homeless Shelter Dinners fund through the Arcola website	April 1 Donate toothpaste to the Hygiene pantry	2 Read Parable of the Fishing Net Matthew 13:47-52	3 Serve your neighbor by leaving a note of gratitude in their mailbox	4 Hold the door open for someone	5 Write a list of things you are grateful for
6 Sing Joyfully in worship, even if you do not think you have a good singing voice	7 Tell someone you are thankful for them and why you are	8 Have a game day with family or friends	9 Read Jesus Feeds the 5000 Matthew 14: 13-21	10 Volunteer for a future Arcola event	11 Ask God for forgiveness	12 Tell someone why they are special to you
13 Silently pray for someone sitting near you in worship	14 Pray for someone Dedicate your prayers to a specific person, or the intentions of others	15 Show kindness to everyone you come across	16 Read Jesus Walks on Water Matthew 14: 22-36	17 Say hello to new people you meet	18 Have a movie night with loved ones	19 Make time to pray for your loved ones and those in need of help