



# ST FRANCIS WOODS CAMPUS NEWS



Franciscan Sisters of the Sacred Heart, 9201 W St Francis Road, Frankfort, IL

**ISSUE 247** 

Merciful, joyous and poor, doing works of neighborly love fssh.net

**April 2024** 

# Afire with Holy Newness



Santa Novidade

# Prayer for the 28th General Chapter

During our General Chapter April 7-13, a new Leadership Team for our congregation will be elected to a five-year term. We ask you to pray this prayer each day as this important time in our history is quickly approaching.

Loving Creator God, you who are being itself and give being to all that is, we praise and thank you for all that has been, that is, and that is to come. We extol you for your guiding presence with us for 148 years. We stand gratefully on the shoulders of the Sisters who have gone before us and ask their intercession and that of all the Saints as we move into the future.

Help us to be open to the graces of this Chapter and be willing to let go of what is no longer part of your dream for us. Guide us to new ways of thinking and believing, that we may be transformed individually and communally to be afire with holy newness, incendiado com santa novidade. Amen.

Your prayers mean so much to us, we have a very special invitation for you! Please see page 2.



## Lenten and Holy Week Services & Reflections

We are releasing this issue of Campus News early so that we can provide you with our Lenten and Holy Week services and resources.

Lenten Joy Blog

**Audio Reflections** 

# FSSH and UCYM Announce Partnership

We are so pleased to share the exciting news of our partnership with United Catholic Youth Ministries as of March 22, 2024! The collaboration is expected to benefit local communities. Read the full announcement on our website or at this link. Read More...











## You Are Invited to a Special Liturgy on Sunday, April 7!

Sunday, April 7, is an important day for us Sisters. On that day we will begin our 28th General Chapter during which we will determine our vision and elect our Leadership for the next five years. We invite you to join us for the opening festive Liturgy at 9:30 a.m. followed by hospitality. Mark your calendars and plan to be with us. Your presence will be a blessing to us.



#### Care for the Earth/Care for Others

In preparation for Earth Day on April 22<sup>nd</sup>, the Franciscan Sisters of the Sacred Heart will be collecting three different items that will both help the environment and be used for charitable purposes.

- 1. Plastic tags from bread wrappers and other produce.
- 2. Amber colored medicine bottles.
- 3. Aluminum tabs from pop cans and other cans.

The plastic tags will go to a non-profit called Danielle Cares for Chairs. It takes 260,000 tags to pay for a wheelchair for a child in need.

The medicine bottles will go to Matthew 25 Ministries in Ohio, who sends them to poor countries in Central America and Africa to be used to dispense medicines there. They need to be washed and dry with the label removed completely.

The aluminum tabs will be given to Ronald McDonald House for children with cancer.

The collection is going on from now until Earth Day on April 22<sup>nd</sup>. There will be collection boxes in the front lobby and near each of the chapel doors. This is a great opportunity to keep a few small items out of landfills, and help those in need at the same time!

- Sr. Kim Marie Wolf

#### Confessions

Fr. Lawrence Jagdfeld, our Motherhouse Chaplain, will hear confessions the first Saturday of each month after 9:30 a.m. Mass.



In Mark 5: 25-34 we hear of a woman afflicted with hemorrhages for twelve years who had suffered greatly at the hands of many doctors, spent all that she had and only gotten worse. After hearing of Jesus, she was filled with hope, came up behind him in the crowd and touched his cloak, believing that she would be cured, and she immediately was healed. "Jesus, aware at once that power had gone out from him, turned around in the crowd and asked, 'Who has touched my clothes?' But his disciples said to him, 'You see how the crowd is pressing upon you, and yet you ask, 'Who touched me?' And he looked around to see who had done it. The woman, realizing what had happened to her, approached in fear and trembling. She fell down before Jesus and told him the whole truth. He said to her, "Daughter, your faith has saved you. Go in peace and be cured of your affliction."

Jesus your disciples did not understand why you were making a big deal of someone reaching out in a crowd to touch his cloak, but you knew power - a healing had occurred on belief. An unspoken prayer was answered. Lord, deepen my faith as it was in the woman who touched you. Let me have faith knowing that you always hear and answer my prayers. Let me realize that you are close at hand and reach out to touch you.

- Sr. Dominic Dybel



# Spiritual Direction Offered at St. Francis Woods

Share ordinary life experience and be guided to listen for how the Divine is speaking through the twists and turns of your faith journey. Spiritual Direction is an hour-long session, usually scheduled monthly and offered either in-person or over Zoom. The fee is \$55.00 per session or \$40.00 per session for anyone on retreat at The Portiuncula Center for Prayer on campus.

Norma Janssen, OSF 815.545.0183 Nancy Roberta Schramm, OSF 224.565.1460 Mary Barbara Hassler, OSF 847-502-6637 Janice Keenan, OSF 815.469.4883 Joyce Shanabarger, OSF 815.464.3803 Mary Shinnick, OSF 815.464.3807







#### Scripture Reflections

Thursday Scripture Reflections via Zoom and In-Person continues on Thursdays at 10:30 a.m. No registration is required—either come to the Assisi Center (stop at the Motherhouse front desk for directions) or submit the form below to receive a Zoom link for the next gathering. **Zoom Signup** Looking forward to seeing you!



#### **Curious About Religious Life?**

Explore what life is like as a Franciscan Sister of the Sacred Heart. We warmly welcome single Catholic women who wish to journey with us in living a Gospel life and mission that can powerfully impact others. The formation of a Franciscan Sister of the Sacred Heart is the journey of a lifetime!

**Explore Becoming** a Sister



## **Associate Applications Accepted Online**

Learn more about the Associate relationship and orientation classes.

**Explore Becoming** an Associate



#### **Prayer Requests**

Your private prayer intentions will be held lovingly in prayer by our Sisters and Associates. You can request that a Sister contact you for spiritual support.

Send a **Prayer Request** 



#### WOMEN LIVING AUTHENTICALLY: PROTECTING OUR INNER PEACE via Zoom

April 9, 2024, 7:00 p.m.-8:30 p.m.

Register

When we are in alignment from within, we have a greater capacity for self-acceptance while experiencing an innate wellspring of inner peace. When working with our parts/inner family members, it is important to practice curiosity, and self- compassion and to take small daily steps to assist in our inner healing and acceptance. The more healed our parts become, the less they tend to distract us from our inner peace. This alignment creates a ripple of peace and acceptance that contributes to our connecting with others.

Fee: Donation

Facilitator: Danielle Vaquer, LMFT is an empathically intuitive Licensed Marriage Family Therapist, and public speaker. She is in private practice in Oak Lawn, IL and runs retreats and workshops dedicated to inspiring healing from within and creating the ripples of change through our lives and into our communities and the world at large.

**More Programs** & Retreats

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**Subscription Preferences**