



## Sr. Viviane Makes First Profession of Vows

See website home page for article



## A Great Way to Give Alms for Lent

Catholic Sisters Week begins this Friday, March 8... but we are already getting a jump start! What better way to celebrate Catholic Sisters Week than with a work of neighborly love and Corporal Work of Mercy that welcomes the strangers among us? The need is great and urgent, so please help us by donating to our Essentials for Immigrants Toiletries Drive! We are holding the drive through Sunday, March 10, so we can deliver donations where they are needed in Chicago by the end of Catholic Sisters Week (March 14). The donations will be taken to St. Rita of Cascia Parish in Chicago, where they distribute them in the church parking lot each Saturday morning.

## Caring for Earth Caring for You



### Essentials for Immigrants TOILETRIES COLLECTION



DONATION BOXES AT MOTHERHOUSE FRONT DESK  
AND BY EACH CHAPEL DOOR

March 8-14, 2024



To ensure we can deliver the donations  
by the end of Catholic Sisters Week,  
please donate March 3-10.

### Needed items include:

bath soap/shower gel	shampoo/conditioner
deodorant	razors
toothpaste	toothbrushes
sanitary products	Kleenex
paper towels	toilet paper
diapers	socks (all sizes)
underwear (all sizes)	combs/brushes

## Confessions

Fr. Lawrence Jagdfeld, our Motherhouse Chaplain, will hear confessions the first Saturday of each month after 9:30 a.m. Mass.



## Catholic Sisters Week Celebration Begins with Online Streaming Event March 8

As Catholic Sisters Week (March 8-14) begins, the Franciscan Sisters of the Sacred Heart invite you to a one-hour online prayer experience March 8 at 7:00 p.m. centered on the Franciscan Crown (Seven Sorrows of Mary version). This hour of prayer will also include a Franciscan Healing Meditation.

Through this prayer experience and its focus on healing, especially as the faithful prepare their hearts during this Lenten season, the Sisters hope participants will come to know deeply our neighborly love and care.

This session will be led by Sr. Lovina Francis Pammit and it will be broadcast on [Facebook](#), [YouTube](#) and on the home page of our website, [fssh.net](#).



## A Spring Cleaning of the Best Kind

Spring is just around the corner, and we are being teased even now with warmer days. You may have already started putting away boots, heavy jackets, scarves, and gloves. Have you been inspired yet to do some spring cleaning? We all know how to do that kind of cleaning. Open the windows for fresh air, wash the windows, dust, and maybe even rearrange the furniture. It is time, too, to let go of more stuff! Yet there is more to do...

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In Mk 8:11-13 we hear how "the Pharisees came forward and began to argue with Jesus, seeking a sign from heaven as a test. And Jesus gave a sign from the depths of his spirit..."

*Lord, how depressed, how upset you must have been with these Pharisees that you sighed so deeply. I am so sorry if my actions have caused you to sigh from the depth of your spirit. Please forgive me. I believe, Lord, but help my unbelief. Help me to stay grounded in my faith. Please don't let me lose sight of your loving gaze.*

— Sr. Dominic Dybel

## Be Inspired... Be Connected... Download Our App!

The Franciscan Sisters of the Sacred Heart now have their own cell phone app! Whether you have an Android or an Iphone, you now have an even quicker, more convenient way to send prayer requests, see the latest events, register for programs, check Mass times, and more! Reflections and other new content will continually be added to the app. Look for **Church by MinistryOne** in your app store today!

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Here's what we'll look like on your phone's home screen!