

St. Francis Woods Campus News

MARCH 2025

ISSUE 257

"SET ABLAZE THE FIRE OF GOD'S NEWNESS ... COMMUNITY, CHURCH, COSMOS"



Mass: Tuesday-Sunday at 9:30 a.m.

Ash Wednesday: 9:30 a.m.

Eucharistic Adoration: 4:00-4:45 PM on Wednesdays and on the First Friday of the month. Please arrive no later than 3:55 PM as the Front Desk will close promptly at that time.

Jubilee Year Prayer

April 6, 2025

3:30 p.m. – 4:30 p.m.



CATHOLIC SISTERS WEEK – MARCH 8-14

As we kick off Catholic Sisters Week, we are excited to launch the #LikeaCatholicSister campaign—a national initiative that highlights the incredible work of Catholic Sisters across the country. This campaign is more than just a celebration; it is a



movement to challenge outdated stereotypes and shift perceptions of religious life by showcasing the diverse, dynamic, and impactful ways Sisters serve today.

For generations, Catholic Sisters have been breaking barriers, advocating for justice, leading in education and healthcare, and fostering spiritual growth. Their presence in communities is a source of strength, hope, and transformation. At a time when many find it difficult to see the light ahead, this campaign serves as a reminder that hope is alive and provides a resource for women discerning religious life.

We invite you to reflect on and celebrate the ways you, too, make a difference in your community. Just as Catholic Sisters dedicate their lives to service, advocacy, and faith, we all have the opportunity to share compassion, uphold our values, and contribute to the greater good in our own unique ways. Join us in recognizing the impact we can all have—whether big or small—and share how you live out your mission with #LikeaCatholicSister.



The time of Jubilee is at hand! It is a sacred time to enter a holy space where we will meet the God of Jubilee. It is a time to rest in quiet moments of reflection, remembering the goodness and lavishness of a generous Creator. It is a time to dwell in the holiness of Jubilee time so that we can then dwell in the holiness of ordinary time.

Gather with us for prayer and adoration before the Blessed Sacrament!

St. Francis Woods
9201 W. St. Francis Road
Frankfort, IL

SR. KIM MARIE HONORED

Sr. Kim Marie Wolf was honored on February 27 for her 50th Jubilee at St. Jude School, New Lenox, IL, where she is a volunteer. A special Mass was celebrated by the pastor at 9:30 a.m. followed by a luncheon at 10:30 a.m. Sisters, friends and the entire school community celebrated this happy occasion, showering Sister Kim Marie with cards, gifts, and lovingly designed framed mementos. She was overwhelmed by their caring and generosity!



OUR LEGACY CELEBRATED AT TWO HOSPITALS

Celebrations of our legacy were staged at both St Joseph Hospital, Elgin and St Joseph Medical Center, Joliet on Friday, February 28 at noon. New partners with Prime, Inc will bring new challenges and new opportunities. Change is constant but healing with compassionate care remains strong. Signage and symbols might change but healthcare is local. The spirit of so many gone before us will remain in our facilities. Our mission of caring for all those in need will carry on with our prayers.

A special farewell to Sr. Josephine Mulcahey recognizing her more than 33 years of service at SJMC concluded the event in Joliet.



Sr. Josephine Mulcahey (on right above) with Sr. Marilyn Renninger holds up her award while at right Sr. Leticia (far left) celebrates with Ed Hunter and Sisters Christina Fuller, Karen Lanigan, and Nancy Roberta Schramm.



“ARE YOUR HEARTS HARDENED?” MARK 8:17

No openness to soak in the message ... having only one thing in mind ... not able to accept other views ... one track mind ... cold. I am all these things when my heart is hardened. Dear Lord, never let me have a hardened heart again. Let me be open to your message!

Sr. Dominic Dybel

MINDFULNESS: MINDFUL SPEECH VIA ZOOM ON APRIL 14, 7:00 P.M.-8:15 P.M.

Mindfulness is intentionally giving your full attention to the current moment without judgment. In this mindfulness hour, participants will be invited to focus on mindful speech. Our tongues can be the most difficult thing to control, but we can be being mindful. Being attentive while speaking can lead to self-understanding and is one benefit from practicing mindful speech. In this session, participants will explore their speech behaviors and will be introduced to strategies for becoming a more mindful speaker. In our society, mindful speech can be a powerful tool for resolving disputes and building better relationships. Words matter. **Fee:** Donation **Facilitator:** Debra Vinci Minogue, Ed.D., is an Associate Professor at Dominican University, a life coach and certified in several Mindfulness practices including mindful meditation, laughter yoga, chair yoga, labyrinth facilitation, forest therapy, and more.



PORTIUNCULA Center for Prayer
Retreat and Holistic Center

[See All Port Programs](#)

- [YOU TOO ARE CHOSEN](#) - 03/04/2025 - 9:30 am - 12:00 pm
- [MINDFULNESS: MINDFUL LISTENING](#) - 03/10/2025 - 7:00 pm - 8:15 pm
- [GONG MEDITATION WITH BENJAMIN SAVAGE](#) - 03/21/2025 - 7:00 pm - 8:00 pm
- [SOUL COLLAGE](#) - 04/01/2025 - 9:30 am - 12:00 pm
- [PRIVATE RETREAT DAY - LENT AND SPRINGTIME - RENEWAL AND JOYFUL HOPE](#) - 04/07/2025 - 9:30 am - 3:30 pm
- [MINDFULNESS: MINDFUL SPEECH via Zoom](#) - 04/14/2025 - 7:00 pm - 8:15 pm
- [SPIRITUALITY, INTUITION, AND WONDER SHINE THROUGH POETRY](#) - 04/29/2025 - 9:30 am - 12:00 pm

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