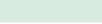
🔁 St Francis Woods Campus News

Franciscan Sisters of the Sacred Heart, 9201 W St Francis Road, Frankfort, IL

ISSUE 253

Merciful, joyous and poor, doing works of neighborly love <u>fssh.net</u>



November 2024

A Way to Share Your Blessings and Give Thanks

How blessed we are to be able to bring God's Word to the world in word and deed! Often, we do not even know that we have influenced



someone's life. We are often God's instruments without us even knowing it. When I taught, I would play my guitar and sing with the students. Several years ago, a former student I had in Dyer passed my email onto another student from that class. I taught all the kids in that family. The brother contacted me that his sisters fell in love with music when I had them in my class. They have formed their own Christian Music group that goes around doing programs especially for people who need to be uplifted! They have a website and have made recordings. I had no idea! This is just one example of the FSSH spark that became enflamed years later.

Would you be willing to share a brief story about one or more of the people who have inspired you? Or did someone tell you that you inspired their life in some way? Sharing these stories of gratitude lifts spirits and raises awareness that

even the small kindnesses or the way we do our day-to-day work touch others' lives. Send your story to sisters@fssh.net. We may share that story on our website, in our publications, and/or on our social media.

Share Your Story

Sr. Mary Paul Shisler

Called to Be Saints

"Beloved, we are God's children now, and what we will be has not yet appeared; but we know that when he appears we shall be like him, because we shall see him as he is." – 1 John 3:2

We are called to be saints. Are saints perfect? No, but they strive to be so out of love for God and his people. This All Saints Day, may we indeed celebrate *all* the saints and pray for our courage to answer the call to be holy examples of God's love in the world. This All Souls Day, may we remember all those we knew who by their lives encouraged us to love others as Jesus did... and still do.

Mass Intentions

Prayer Requests

All our Masses are now spoken for throughout 2024 and into January 2025. We are not accepting any requests for Mass Intentions at this time. Thank you. - *Sr. Ella Binz*

Our Sisters and Associates pray each day for the intentions we receive. How may we pray for you?

Prayer Request





"But I say to you, love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father." Mt: 5:43-38

It is easy to love someone I get along with but hard to love someone who hurts me. To let go of that hurt is not that easy. Lord, let me learn from you. As you hung on the cross, you prayed for your persecutors, "Father, forgive them they do not know what they do." Help me, Lord, to forgive as you did. Let me not hold on to my hurts. As you forgave, may I do the same.

Sr. Dominic Dybel

Spiritual Direction Offered at St. Francis Woods

Being companioned on your spiritual journey by a trained spiritual director offers the opportunity for ongoing spiritual growth. Spiritual Direction sessions are happening via phone, Skype, Duo and Zoom. **Time:** Call for appointment **Fee:** \$55 Reduced rate of \$40 if on retreat at St. Francis Woods.

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Franciscan Spirituality Discussion Group

Register Join us the **second Wednesday of the month**, Sept.-Dec. 2024 and Feb.-May 2025, **10:30 a.m.-12:00 p.m.** for a discussion on Franciscan spirituality. This year we are focusing on the life of St. Clare of Assisi. Participants will need to purchase *Light of Assisi: The Story of Saint Clare* by Margaret Carney, OSF and register on our website, <u>fssh.net</u>.

Curious About Religious Life?

Contact Us

Visit St. Francis Woods, meet our Sisters and ask the questions that are on your heart!

Explore the Associate Relationship

Learn More

Zoom Option for Thursday Scripture Reflections

We welcome participants from around the world as we prepare our hearts for Sunday Mass!





PORTIUNCULA Center for Prayer *Retreat and Holistic Center*

All Programs

A Mindfulness Hour focusing on gratitude will be offered via Zoom on November 11 at 7:00 p.m. by Debra Vinci Minogue, an Associate Professor at Dominican University **Fee:** Donation

