

Psalm

Dwelling in the Heart of God

10-Week Psalms Reading Plan

WEEK 1 | INTRODUCTION

■ 119

WEEK 2 | WISDOM PSALMS

■ 1 ■ 14 ■ 36 ■ 37 ■ 49 ■ 53
 ■ 73 ■ 112 ■ 127 ■ 128 ■ 133

WEEK 3 | MESSIANIC PSALMS

■ 2 ■ 8 ■ 16 ■ 22 ■ 34 ■ 35 ■ 40
 ■ 41 ■ 45 ■ 68 ■ 69 ■ 109 ■ 110 ■ 118

WEEK 4 | INDIVIDUAL PSALMS OF LAMENT

■ 3 ■ 4 ■ 7 ■ 9 ■ 10 ■ 13 ■ 17 ■ 25
 ■ 28 ■ 31 ■ 39 ■ 42 ■ 43 ■ 55 ■ 61 ■ 64
 ■ 70 ■ 71 ■ 77 ■ 86 ■ 120 ■ 141 ■ 142

WEEK 5 | SPECIALIZED PSALMS OF LAMENT

Penitential ■ 6 ■ 32 ■ 38 ■ 51 ■ 130 ■ 143
 Imprecatory/Judgment ■ 5 ■ 52 ■ 54 ■ 56 ■ 57 ■ 59
 ■ 88 ■ 137 ■ 139 ■ 140

WEEK 6 | CORPORATE / COMMUNITY LAMENT PSALMS

■ 12 ■ 44 ■ 58 ■ 60 ■ 74 ■ 79 ■ 80 ■ 83
 ■ 85 ■ 89 ■ 90 ■ 94 ■ 123 ■ 126 ■ 129

WEEK 7 | LITURGICAL PSALMS FOR PUBLIC WORSHIP

Covenant Songs ■ 50 ■ 78 ■ 81 ■ 132
 Enthronement ■ 20 ■ 29 ■ 47 ■ 72 ■ 93 ■ 96
 ■ 97 ■ 98 ■ 99 ■ 101 ■ 144
 Songs of Zion ■ 46 ■ 48 ■ 76 ■ 87 ■ 122
 Temple Liturgies ■ 15 ■ 24 ■ 82 ■ 115 ■ 134

WEEK 8 | PSALMS OF THANKSGIVING

Salvation History ■ 105 ■ 106 ■ 135 ■ 136
 Songs of Trust ■ 11 ■ 26 ■ 27 ■ 62 ■ 121 ■ 125
 Community ■ 65 ■ 75 ■ 107 ■ 124
 Individual ■ 18 ■ 21 ■ 30 ■ 108 ■ 116 ■ 138

WEEK 9 | HYMN AND DOXOLOGY PSALMS

■ 19 ■ 33 ■ 66 ■ 67 ■ 95 ■ 100
 ■ 103 ■ 104 ■ 111 ■ 113 ■ 114 ■ 117

WEEK 10 | BENEDICTION

■ 23 ■ 63 ■ 84 ■ 91 ■ 92 ■ 102 ■ 131
 ■ 145 ■ 146 ■ 147 ■ 148 ■ 149 ■ 150



"I have chosen the way of faithfulness; I have set my heart on your laws."
 Psalm 119:30



Questions to Ask as You Read:

1. What does this psalm tell me about God?
2. Is there anything that points me to Jesus, the coming Messiah?
3. How were my affections stirred for God as I read this psalm?
4. How might I respond to or change in light of this text?