Multitasking is the drive to be more than we are, to control more than we do, to extend our power and our effectiveness. Such practice yields a divided self, with full attention given to nothing.

~ Walter Brueggemann, Sabbath as Resistance: Saying No to the Culture of Now



HIGHLAND BAPTIST CHURCH Fourth Sunday after Epiphany February 4, 2024 8:45 and 11:15 a.m. Invitation to Worship

Choral Prelude

The Word Was God

In the beginning was the Word and the Word was with God, and the Word was with God. The same was in the beginning with God. All things were made that have been made. Nothing was made, God has not made.

Opening Words

Come, let us worship and sing to God! *Sing to God with thanksgiving and praise.* Great is the Lord. Great is God's steadfast love. *Come, let us worship the Holy One.*

SONGS OF PRAISES I WILL EVER GIVE TO THEE

Processional Hymn (33) †

Guide Me, O Thou Great Jehovah

Prayer of Praise †

Glory to the Creator

Glory to the Creator, and to the Christ, and to the Spirit, One. As it was in the beginning, is now, and ever shall be, world without end. Amen.

OPEN NOW THE CRYSTAL FOUNTAIN, WHENCE THE HEALING STREAM DOTH FLOW

The Hebrew Lesson

Isaiah 40:21-31 (Pew Bible pages 654-655—OT)

Hymn †

Precious Lord, Take My Hand Phil Collier, clarinet

Precious Lord, take my hand, lead me on, let me stand, I am tired, I am weak, I am worn; through the storm, through the night, lead me on to the light: take my hand, precious Lord, lead me home.

When my way grows drear, precious Lord, linger near, when my life is almost gone, hear me cry, hear my call, hold my hand, lest I fall: take my hand, precious Lord, lead me home.

When the shadows appear and the night draws near, and the day is past and gone, at the river I stand, guide my feet, hold my hand: take my hand, precious Lord, lead me home.

† For those who are able, we invite you to stand.

Lauren Jones Mayfield

Rosephanye Powell

Rob Thompson (8:45) Cameron Fontes (11:15)

Cameron Fontes (11:15)

CWM RHONDDA

Rob Thompson (8:45)

MEINEKE

Paul Henderson

PRECIOUS LORD

Lord, we confess that we are tired and worn out. We are overwhelmed by busyness. We are overwhelmed by the injustices we see in the world. We are on the verge of burnout, unsure of how to find rest and how to do the work of justice. Help us to find rest in you, O Lord, so we can live from your abundance. Amen.

Assurance of Forgiveness

I AM WEAK, BUT THOU ART MIGHTY; HOLD ME WITH THY POWERFUL HAND

The Gospel Lesson †

Mark 1:35-39 (Pew Bible page 35—NT)

Sermon

Saying "No" to the Culture of Now

BEAR ME THROUGH THE SWELLING CURRENT, LAND ME SAFE ON CANAAN'S SIDE

Hymn of Response (302)[†]

Come Away from Rush and Hurry

The Celebration of Holy Communion

Invitation to the Table Exchange of Peace † Prayer of Thanksgiving The Lord's Prayer Words of Institution Reception of the Bread and Cup[†]

> Everyone is invited forward to receive bread and cup. All bread served is gluten friendly. Deacons will receive tithes and offerings in the offering plates as you return to your pew. To make a donation from your phone, text "give2hbc" to 502-747-1212 and open the link.

Call to Justice

Offertory Prayer

News for the Community

In response to your decision, we welcome you! We covenant to be the family of God for you in this place. We hope to learn from you, give to you, and receive from you, as we journey in faith together.

For the ministries that shape the life of our community, *thanks be to God.*

Doxology †

Praise God from whom all blessings flow; Praise God, all creatures here below; Praise God for all that love has done; Creator, Christ, and Spirit, One, Amen.

Benediction †

Postlude

Fanfare and Chorale

Vicki Runnion

Kim Clark-Endicott (8:45) Kim Fritschi (11:15)

Lauren Jones Mayfield

TALLIS' CANON

Mary Alice Birdwhistell

Calvin Fuller

PROMISE

Renee Purtlebaugh

Mary Alice Birdwhistell

Today in Worship

Highland's deacons (wearing identification name tags) are available at various locations for prayer, questions or information. Deacons are lay ministers of the church who have been called to a ministry of service.

Phrases from today's hymn of response, *Guide Me, O Thou Great Jehovah,* will guide us toward images that embody segments of our worship service—praise, confession, proclamation and response.

We welcome Clif Cason as he leads us in worship on the organ through February.

Pardon our Progress! Highland is in the midst of a renovation process to update our irreparable HVAC System. During this time, our pews have been removed and you will notice temporary changes in lighting, flooring, and/or machinery in the sanctuary. To learn more about this work and how to support these efforts, visit hbclouisville.org and click on "Sacred Space for Everyone."

One way Highland is celebrating Black History Month is by hearing the voices of black musicians in our worship. Today we highlight three distinct voices:

- **Rosephanye Powell** grew up in Alabama participating in sports and marching band. After high school, she decided to study music only. Powell received degrees from Alabama State, Westminster Choir College, and Florida State University. Her style of composition is characterized by heartfelt melodies, strong rhythmic emphasis, rich harmonies, often derived from African-American popular styles, and varied vocal textures. Powell is currently a Professor of Voice at Auburn University.
- Thomas Andrew Dorsey grew up in rural Georgia where music was an integral part of his family. Later, he moved to Chicago and became popular for his brand of blues. After attending a life-changing church service, Dorsey decided to devote his life to gospel music. His hymn we sing today, *Precious Lord, Take My Hand*, resulted from the loss of his wife and young son in 1932. Dorsey continued to play gospel music until his passing. He was the music director of the Pilgrim Baptist church in Chicago for 50 years.
- **Calvin Fuller** composed our postlude. Mr. Fuller is a Houston native and received his musical education at Texas Southern University where he earned Bachelor and Master of Music Education degrees. He served as organist at Wesley Chapel AME Church. For fifteen years he was chorus master of the Houston Ebony Opera Guild. Presently, he is organist/choirmaster at St. James Episcopal Church, adjunct lecturer at Texas Southern University, and chorus master of Opera in the Heights.

Listening Assist Devices are available. Please see our sound technician or an usher for assistance. Large print hymn sheets are also available upon request for visually impaired persons. An usher can provide a copy for you.

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Notes and News for the Community of Faith

- Join us for a reception and book signing after worship next Sunday, February 11 as we celebrate Mary Alice and Tyler Mayfield's new book, *Hard & Holy Work*. Pre-orders will be available to pick up, and there will be extra copies available to purchase for \$10. Additionally, if you're interested in reading with a group, Lent would be a great time to visit one of our many different Bible Study classes who are using the book throughout this season!
- Highland will host a Service of Remembrance for our Pastor Emeritus, Don Burke, on Sunday, March 3 at 4:00 PM. Join us to honor our beloved pastor whose life and ministry left such a lasting impact on our congregation and community.
- Up Ahead:
 - ♦ Today: Quarterly Church Conference at 4:00 PM via Zoom
 - ◊ February 13: Cream of the Crop Potluck "Agape" Fellowship Meal at 12:00 PM
 - ♦ February 14: Ash Wednesday service at 6:15 PM in the Fellowship Hall



HIGHLAND BAPTIST CHURCH A thinking, feeling, healing community of faith

Our Mission... God's Love compels us to cultivate a safe, welcoming community of faith where all are challenged to discover, grow, and serve, as together we boldly live out the worship that is our very lives.