



Covenant Presbyterian Church
**MEN'S RETREAT REGISTRATION
FORM**

October 3 – 5, 2025

**Spruce Lake Retreat Center
Canadensis, PA (in the Poconos)**

“Blessed Freedom”

Please complete this retreat registration form by September 21 and submit to Jeff Currier by mail (134 Ruth Road Harleysville, PA 19438) or return to the Currier church mailbox

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Telephone: () _____ Cell: () _____

E-mail: _____

Emergency contact: Name: _____ Telephone: () _____

Check all that apply: ☐ I am interested in carpooling information ☐ I am a first-time participant (*see Discount below*)

If someone particularly encouraged you to come for the first time, indicate their name: _____

- ☐ I *may* be interested in the pre-retreat golf outing on Friday (Check here and/or contact Dave Fenchel)
- ☐ I wish to attend the Friday night group dinner at a location to be determine
- ☐ I will **not** attend Friday night group dinner as I will head directly to Spruce Lake
- ☐ Please list any allergies or medical considerations you wish to share: _____

Regular Registration

- ☐ \$180 Hotel Style room**
- ☐ \$100 Camper

First Timer Registration

- ☐ \$130 Hotel Style room**
- ☐ \$70 Camper

Request Scholarship (confidential)

- ☐ Full
- ☐ Partial Amount _____

** Each room has 1 queen and two single beds. Standard room assignments are 3 to a room; Call Jeff Currier if you desire something specific.
Spruce Lake charges a package rate which includes 2 nights and 5 meals (3 Saturday + 2 Sunday) per person.
If you are only able to join us for one night, or even just for the day on Saturday, please speak with Jeff Currier about arrangements.

☐ I need special accommodations. Please specify: _____

Special request, you don't know if you don't ask: _____

Roommate preferences (you may want to talk with others first to help coordinate)

1) _____ required ☐ desired ☐ 2) _____ required ☐ desired ☐

Scholarship Fund: Enclosed is an additional donation to help cover the cost of scholarships.

☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ FULL=\$180 ☐ Other \$ _____

Please designate scholarship for the following individual(s) _____

Note: Submit this page with registration fee. All other pages may be retained for your reference.

PAYMENT: Check or money order, please, and made payable to **COVENANT PRESBYTERIAN CHURCH**

Please return registration form with payment in one of the following ways:

1. Mail to:
Jeff Currier
134 Ruth Road
Harleysville, PA 19438
Cell: (215) 872-7765
2. Place it in the Currier mailbox at church.

Cancellation and Refund Policy

Cancellations received by September 21, 2025 are refundable.

A Note on Spruce Lake

For more information about Spruce Lake, visit www.sprucelake.org

THE BOOK

This year's retreat will include the book "*The Freedom of Self-forgetfulness*" by Tim Keller

Keller uses this text as an opportunity to talk about pride and self-loathing, gently showing how both are forms of self-centeredness. He demonstrates how this self-centeredness is the way we generally operate in the world, and how it leads to doing many things in our lives *not* because we care about that activity, but because we see how it will bolster our own self-image. Keller writes that Paul demonstrates the opposite of self-centeredness, *not* self-loathing, but self-forgetfulness. Through being primarily concerned about who he is in God's eyes because of Jesus' work, he is free to forget himself, strive for true humility and focus on simply the work God has called him to do. In other words, Keller argues, Christ frees us from a life driven by the guilt of pride and self-loathing and frees us to live a life of selfless service. During the retreat we will discuss how this affects our lives and how we can get that transformed view of self.

Upon registration a copy of the book will be provided in your church mailbox.

SPECIAL PRE-RETREAT EVENTS

Golfing – Some may golf on Friday before the retreat. Contact Dave Fenchel if interested.

*Our **Friday night group dinner** spot has closed, so we are searching for a new location for our Friday night dinner. Suggestions will be accepted. Jeff is scrambling to find something that works for all. Stay tuned!!*

Friday night dinner is **not included in the registration fee** and is **optional but encouraged**. You may also enjoy dinner on the way to Spruce Lake with your carpool friends.

Friday evening kick-off – Join us for optional mini golf fun at 9:00 p.m. at Spruce Lake

Retreat Agenda

FRIDAY:

1. Optional daytime golf outing: Contact Dave Fenchel
2. Optional group dinner at TBD 6:30–8:00 p.m.
3. Optional mini golf 9:00 p.m. at Spruce Lake

SATURDAY:

1. Breakfast - 8:00–9:00 a.m. (in Spruce Lodge Café)
2. Free Time - 9:00–9:30 a.m.
3. Session #1 - 9:30–11:30 a.m. (Covenant Man Cave, also called Lilac Room, Spruce Lodge)
4. Lunch - 12:00–1:00 p.m. (in Spruce Lodge Café)
5. Free Time - 1:00–5:00 p.m.
6. Dinner – 5:00–6:00 p.m. (in Spruce Lodge Café)
7. Free Time - 6:00–6:30 p.m.
8. Session #2 - 6:30–8:00 p.m. (Covenant Man Cave, also called Lilac Room, Spruce Lodge)
9. Volleyball, campfire, and free time - 8:00–11:00 p.m.

SUNDAY:

1. Breakfast - 8:00–9:00 a.m. (in Spruce Lodge Café)
2. Free Time - 9:00–10:00 a.m.
3. Session #3 - 10:00–11:30 a.m. (Covenant Man Cave, also called Lilac Room, Spruce Lodge)
4. Pack up - 11:30 a.m.–12:00 p.m.
5. Lunch - 12:00 p.m. (in Spruce Lodge Café)
6. Departure before 2:00 p.m.

Meal times may be subject to change by Spruce Lake

General Information about the Retreat

- ◆ *New for 2025, optional Pickleball.* If you have your own paddle, bring it!!
- ◆ If you get lost, the number for Spruce Lake is 800-822-7505 or 570-595-7505. Jeff Currier may be reached by cell at 215-872-7765.
- ◆ When arriving at Spruce Lake, go to the new Spruce Lodge, top floor.
- ◆ We have planned for up to three men per room.
 - ◆ Rooms are hotel style with private bath. Each room has one queen bed and two singles.
 - ◆ Towels, bed linens, blankets, pillow, and soap are provided. (Although soap is minimal, you may want your own)
- ◆ Dress is casual
 - ◆ Bring warm clothing—weather may be chilly or cold
 - ◆ optional hiking shoes, volleyball shoes
- ◆ Cash for dinner Friday night (so we can split the check) and a little cash if you want to hit the snack shack
- ◆ Meals will be provided Saturday breakfast through Sunday lunch
- ◆ Bring a musical instrument if you want to play for the group
- ◆ You may bring snacks or games to share with others. These will be in the Lilac Room
- ◆ You may want to bring a camp chair if you wish to join the campfire near our campers. This year we will return to having our campfire at the camp site, not the center ring.
- ◆ If camping, you may bring your own tent or coordinate with other campers to share one if you prefer. Restrooms and showers are available for campers (and for those staying inside too).
- ◆ **Don't see your question here? Just ask Jeff**