Senior Tech Connect Class Descriptions
12 Class Series | Oct 19 – Mar 29, 2027 (rev. 10/28)

Each class is a hands-on, one-hour session.
Bring your phone, iPhone or Android, and we'll walk through everything together.

Location: Point Loma Community Presbyterian Church, Family Life Center
2128 Chatsworth Blvd., San Diego, 92107

Register: www.pointlomachurch.org/register or by contacting Elaine Burrell at 619-223-1633 Ext. 210, elaine@pointlomachurch.org

October 19
Smartphone Essentials
Get comfortable with the controls that run your phone. We'll open Control Center (iPhone) and Quick Settings (Android) to adjust brightness, volume and the flashlight, then take a guided tour of the Settings app: Wi-Fi, Bluetooth, sounds, Do Not Disturb, battery and more. You'll connect to Wi-Fi yourself and learn why a secure network keeps your information safe.

November 2
Understanding Your Phone's Hardware
Every button on your phone has a job. Learn what the side buttons do, the difference between sleep mode and powering off, and how to restart your phone. We'll cover what's on the back of your phone, how to turn Airplane Mode on and off, how to find your phone model, and a friendly introduction to Siri and Bixby.

November 16
Locking Down Your Digital World: Passwords & Security Basics
Most hacking comes down to weak passwords. Learn a simple method to build strong passwords you can actually remember, see examples of good and bad ones, and find out what passkeys are. We'll cover password managers built into iPhone and Android, what counts as sensitive information, and how multi-factor authentication adds a second lock to your accounts.

December 7
Find My Phone & Phone Care
Lose your phone? Find My can locate it, make it ring, or lock it. We'll set it up on iPhone and Android, then turn on automatic software updates so your phone stays secure. You'll also pick up easy ways to stretch your battery life and learn how a case and screen protector can save you a costly repair.

December 21
Making Your Phone Your Own
Make your phone yours. Get to know the home screen, status bar and dock, then open Control Center or the Notification Panel for quick access to Wi-Fi, flashlight and more. You'll change your wallpaper, adjust how quickly your screen locks, and learn the trick to snapping a photo straight from the lock screen when you're in a hurry.

January 4
Think Before You Click: Avoiding Online & Phone Scams
Think before you click. Learn to spot phishing emails and texts, social engineering tricks, and robocalls that spoof caller ID. We'll cover the warning signs of malware, register for the National Do Not Call Registry, and set up call blocking and Silence Unknown Callers on your phone. You'll leave with a clear list of do's and don'ts for staying safe.

January 18
Emergency Features Every Senior Should Know
Set up your phone to help when it matters most. Add In Case of Emergency (ICE) contacts so first responders know who to call. Turn on Emergency SOS so a few quick presses of the side button reach 911 or alert a loved one. Set Emergency Bypass so important calls ring through even on silent. Real-life scenarios show why each setting counts.

February 1
Organizing Your Apps & Home Screen
Tame a cluttered home screen. Practice the gestures that move you around your phone: swipe, tap, pinch and hold. Then rearrange apps between pages, group them into folders by category, and delete the apps you never use. You'll also download the free STC Learn app so you can review class slides and ask our AI Tech Coach questions anytime.

February 15
Common Scams Targeting Seniors
Why do scammers target older adults, and what do the numbers say? We'll walk through the scams seen most in San Diego County and nationwide: impersonation, Medicare and health insurance, sweepstakes, tech support, the grandparent scam, romance and investment scams. Learn how to protect yourself, what to do if you've been scammed, and which websites to trust for help.

March 1
Exploring Google Play & App Store: How to Find and Download Apps

Apps unlock what your phone can do. Learn what an app is, browse the App Store and Google Play by category, and search for and install one on your own. We'll show you how to tell free apps from paid ones, how to avoid surprise in-app purchases, and how to use ratings and reviews to pick wisely. Includes a list of popular apps for seniors.

March 15
Smartphone Tips & Tricks

The questions we hear most, answered. Recover a photo you deleted by mistake. Make the text on your screen bigger. Make your phone flash when it rings. Handle a second call while you're already on one. Switch between open apps, and close all those browser tabs you've been collecting. Quick fixes that make your phone easier every day.

March 29
Scams in Disguise: Fake Companies & AI Voice Clones

Scammers love to pose as the names you trust. See real examples of fake Amazon, UPS, Netflix and IRS messages and learn how each company actually contacts you. Then we'll tackle AI scams: voice cloning, the AI grandparent scam, and the family password that stops them cold. Finally, learn exactly where to report fraud, including the FBI's elder fraud line.