

# **Small Group Discussion**

The Week of:

April 9,2025

# What's your life like:

- 1. What's the last song that got stuck in your head? Did it drive you crazy or did you love it?
- 2. If you could try one big thing and knew you wouldn't fail, what would it be?

# What are we talking about this week:

#### **Main Point of Message**

• Your thoughts shape your life, for better or worse. Just like a playlist full of songs, the thoughts you put on repeat matter. That's why it's important to fill your mind with God's truth. Here's another thought for your new playlist: I am capable of more than I think—especially with God!

# **Bible Verses**

• Ephesians 2:10, Exodus 4:10-12, Ephesians 3:20-21

# **Discussion Questions**

- 1. What are some negative thoughts you find stuck on repeat in your mind?
- 2. Moses didn't feel capable, but God still used him. What does that tell you about how God sees you?
- 3. Ephesians 2:10 says God created you for "good things" he planned long ago. What do you think some of those things could be?
- 4. How can you remind yourself this week that "I am capable of more than I think"?
- 5. What would change in your life if you actually believed that God's power is working within you?

# Now what:

What's something you feel like God might be calling you to, but fear or doubt is holding you back? What step can you take this week?