

Small Group Discussion

The Week of:

April 23, 2025

What's your life like:

- 1. What's something you've been scared of before, but now looking back, it's kind of funny?
- 2. What's the most middle school thing you've ever been afraid of? (First day of school, lunch seating, trying out for something, etc.)

What are we talking about this week:

Main Point of Message

• Tonight, we are continuing our series called "Your New Playlist". Your thoughts shape your life, for better or worse. Just like a playlist full of songs, the thoughts you put on repeat matter. That's why it's important to fill your mind with God's truth. Here's another thought for your new playlist: **fear gets a voice not a vote.**

Discussion Questions

- 1. Do you think fear can ever be helpful? Why or why not?
- 2. What does it mean that fear gets a voice but not a vote?
- 3. Can you think of a time when you gave fear more than a voice-you gave it a vote?
- 4. What did Peter do right when fear showed up?
- 5. How does keeping your eyes on Jesus help when fear shows up? What does keeping your eyes on Jesus look like?
- 6. What's one "what if" fear you've been thinking about lately?

Now what:

- This week, when fear shows up (and it will), pause and talk to Jesus.
- Say this to yourself, "fear gets a voice not a vote."
- Pick one fear or "what if" that you've been holding onto and tell someone about it—a friend, small group leader, or God.

Want to go deeper? Check out the book Your New Playlist by Jon Acuff and keep building your own playlist of thoughts based on God's truth.

Bible Verses

• Matthew 14:25-33