



Small Group Discussion

The Week of:

Jan. 14, 2026

What's your life like:

Play a quick game! Students vote Real or Fake by standing/sitting or thumbs up/down.

- Goldfish only have a 3-second memory (Fake)
- Swallowing a watermelon seed can lead to grow a watermelon in your stomach (Fake)
- Lightning can strike in the same place twice (Real)
- Octopuses have three hearts (Real)
- Touching a baby bird will make the mom reject it (Fake)

Tie in: If we can be fooled by facts, we can also be fooled by lies about ourselves or God.

What are we talking about this week:

Main Point of Message

- You can't live the truth if you're believing lies.

Bible Verses

- Matthew 24:4, 2 Timothy 3:16

Discussion Questions

1. How can believing something untrue actually affect how someone lives?
2. Why did Adam and Eve eat the fruit? How did believing the serpent's lie change their choices?
3. How can we help each other identify the lies we might be believing?
4. What lies do you think middle schoolers struggle with the most?
5. How does God's Word help us replace lies?

Now what:

What's one lie you sometimes believe?
What's one truth from God that could replace it?