



Small Group Discussion

The Week of: Feb. 11, 2026

What's your life like:

Would you rather have no homework ever again or no tests ever again?

What are we talking about this week:

Leaders – this week's message is called Sex Matters. This can be an awkward topic, but it is important for students to establish a biblical view of sex now. Create an environment where students feel comfortable to discuss this topic. Lean into the questions on this guide to get students talking. Don't settle for little to no discussion just because it's uncomfortable! Lean on the Holy Spirit, pray before you start, and let God work through the conversation.

Main Point of Message

- Sex is a gift from God and a gift for your future spouse.

Bible Verses

- Genesis 1:28, Genesis 2:24-25

Discussion Questions

1. How is sex viewed at your school? What do students your age think about it? Why do you think that is?
2. What does it mean that sex isn't an accident, but something God designed?
3. Why do you think God designed sex to be within a lifelong marriage commitment? What are the benefits of waiting until marriage?
4. How do the things we watch and see influence our thoughts and decisions?
5. What boundaries can help us honor God's plan for sex?
6. If someone has already made choices that don't align with God's plan, what does the Bible say about grace and forgiveness?

Now what:

Decide today to save sex for marriage!

What boundaries do you need to help you keep that decision?

Pray for strength and wisdom to make choices that honor God.

Remember, talk to a trusted adult, pastor, or mentor if you are struggling or need guidance!