



Small Group Discussion

The Week of: **March 18, 2026**

What's your life like:

What is something new you've tried to learn recently? (sport, game, instrument, class, etc.)
What made it easier or harder to learn it?

What are we talking about this week:

This week we're talking about the Holy Habit of Bible study. The Bible is important, but it can sometimes feel confusing or hard to understand. Today we'll learn a few practical tips to help us study it, and in the guide this week we'll practice using 7 Bible study tips.

7 Tips for Studing the Bible:

1. Start with a translation you can understand

Have someone read 2 Timothy 3:16-17 out loud in the NIV or NLT version of the Bible.

Discuss: How can the translation we use impact our Bible study?

2. Pause and pray

Before studying the Bible, we ask God to help us understand it. Take a moment to pause and pray before you go on.

Discuss: Why is this an important part of studying the Bible?

3. Start small

Notice we are only looking at two verses today.

Discuss: Why might it be easier to study a small section instead of a huge part of the Bible at once?

4. Understand the context

Ask: Who wrote this? Who was he writing to? When did he write this? Where was Paul when he wrote it? Where was Timothy? What is Paul saying to Timothy? Why might Paul be reminding Timothy about Scripture?

Discuss: How can understanding the context of these verses help us understand the meaning of the verses more?

5. Let the Bible transform you

Discuss: According to verse 17, what is the result of Scripture in our lives? What is one way the Bible could help someone your age live differently this week?

6. Study the Bible with others

You're practicing this right now! Ask students to identify the four things Paul says Scripture is helpful for:

Teaching - showing us what is true

Rebuking - showing us when we're wrong

Correcting - helping us get back on track

Training in Righteousness - helping us grow and live the right way

Discuss: What do each of these mean? How are rebuking and correcting related? Can you think of an example where the Bible showed you a belief or behavior where you were wrong or corrected you to help you get back on track?

Why do you think it helps to talk about the Bible with other people? Who is someone you could read the Bible with or talk about it with this week?

7. Start today!

You did it.

Now what:

Commit to spending some time studying the Bible with these 7 tips in mind this week. Come back next time and let the group know how it went!