



Small Group Discussion

The Week of:

April 22, 2026

What's your life like:

What's one moment this week where something you said, good or bad, had a bigger impact than you expected?

What are we talking about this week:

Main Point of Message:

- We're in week three of our series Faith in Real Life, studying the book of James and asking the same question: Does your faith actually change the way you live?

Bible Verses

- James 3:3-5, James 3:6-8, James 3:9-12, Proverbs 18:21, Luke 6:45

Discussion Questions

1. Read James 3:1-12 as a group. Take turns reading a few verses at a time until you finish the passage.
2. James compares the tongue to a bit in a horse's mouth and a rudder on a ship. Why do you think something so small can have such a big impact?
3. Be honest. Do you feel like you choose your words, or do they just come out? What do you think is actually steering your words right now?
4. James says the tongue can be like a fire. Where have you seen words cause damage, maybe through social media, group chats, or conversations?
5. Proverbs 18:21 says words have the power of life and death. What does it look like to use your words to bring life instead of destruction?
6. James points out how we can praise God and then tear people down with the same mouth. Why is that inconsistency so easy to fall into?
7. Luke 6:45 says what we say comes from what's in our heart. What do your words lately reveal about what's going on inside you?

Now what:

This week, before you speak, post, or send something, pause and ask, is this bringing life or destruction?

Pick one area, maybe your group chat, your team, or your family, and intentionally use your words to encourage, build up, and bring life.