

8:30 a.m. ~ Sunday, February 18th

Organ

WELCOME & RELATIONSHIPS of PEACE

OPENING HYMN "Jesus, Refuge of the Weary"

OPENING LITURGY

- P: In the name of the Father, and of the Son, and of the Holy Spirit.
- C: Amen.
- P: Beloved in the Lord! Let us draw near with a true heart and confess our sins unto God our Father, asking Him in the name of our Lord Jesus Christ to grant us forgiveness. Our help is in the name of the Lord.
- C: Who made heaven earth.
- P: I acknowledged my sin to You,
- C: and I did not cover my iniquity;
- P: I said, "I will confess my transgressions to the LORD,"
- C: and You forgave the iniquity of my sin.
- P: In the darkness of the world around us and amid our own blindness to His will and ways, God calls us to confess our sins.
- C: Return the Lord, your God, for He is gracious and merciful, slow to anger, and abounding in steadfast love.

Moment of Silent Confession

- P: O almighty God, merciful Father:
- C: I, a poor, miserable sinner, confess unto You all my sins and iniquities with which I have ever offended You and justly deserved Your temporal and eternal punishment. But I am heartily sorry for them and sincerely repent of them, and I pray You of Your boundless mercy and for the sake of the holy, innocent, bitter sufferings and death of Your beloved Son, Jesus Christ, to be gracious and merciful to me, a poor, sinful being. Forgive me all my sins and grant me the power of Your Holy Spirit that I may amend my sinful life.

- P: Almighty God, our heavenly Father, has been to merciful to us by giving His only Son to die for us and for His sake forgiven all our sins. By the power of His Holy Spirit, He has worked faith in our hearts, and transformed us to live as His disciples, reminding us always that in Jesus Christ, our Savior, our sins are forgiven and we are now called to live a new life in His truth and grace. May He continue to strengthen us, forgive us, and renew us to live as His beloved and redeemed children.
- C: Amen.
- P: In peace, let us pray to the Lord.
- C: Lord, have mercy.

P: For the peace we have with God through our Lord Jesus Christ, let us pray to the Lord.

- C: Lord, have mercy.
- P: For peace among the families of the nations and in coming generations, let us pray to the Lord. C: Lord, have mercy.
- P: For all who rejoice here for our access by faith into this grace in which we stand, let us pray to the Lord.
- C: Lord, have mercy.
- P: By Your purposeful suffering, rejection, death, and resurrection-help, save, comfort, and defend us, gracious Lord.
- C: Amen.

RESPONSE "Called to Remember"

CHILDREN'S MESSAGE

OLD TESTAMENT LESSON Proverbs 3:1-8 [ESV]

My son, do not forget my teaching, but let your heart keep my commandments, for length of days and years of life and peace they will add to you. Let not steadfast love and faithfulness forsake you; bind them around your neck; write them on the tablet of your heart. So you will find favor and good success in the sight of God and man. Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear the Lord, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

- R: This is the Word of the Lord.
- C: Thanks be to God!

HOLY GOSPEL Matthew 11:25-30 [ESV]

At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

- R: This is the Gospel of the Lord.
- C: Praise to You, O Christ!

CREEDAL HYMN "We Believe in One True God"

SERMON "THE IDOL OF BUSYNESS"

OFFERING

OFFERTORY

"Prelude in A-flat Major"

Judy Kurth, organ

PRAYERS of the CHURCH

THE LORD'S PRAYER

THE PREFACE

- P: The Lord be with you.
- C: And also with you.
- P: Lift up your hearts.
- C: We lift them up to the Lord.
- P: Let us give thanks unto the Lord our God.
- C: It is right to give Him thanks and praise.

Cesar Frank

PROPER PREFACE

P: It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord, who overcame the assaults of the devil and gave His life as a ransom for many that with cleansed hearts we might be prepared joyfully to celebrate the paschal feast in sincerity and truth. Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and singing:

SANCTUS

WORDS of INSTITUTION

THE PEACE

P: The peace of the Lord be with you always.

C: And also with you.

AGNUS DEI

DISTRIBUTION MUSIC

"Psalm Sketch"

Organ

POST-COMMUNION BLESSING

UPCOMING OPPORTUNITIES

BENEDICTION

NUNC DIMITTIS

POSTLUDE

"Finale in F Major"

Dom Andrew Moore

Organ

Gordon Young



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CHURCH OFFICE:

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JOHN MARK COMER'S The Ruthless Elimination of Hurry

10 Symptoms

1.IRRITABILITY 2. HYPERSENSITIVITY **3.RESTLESSNESS** 4. WORKAHOLISM (A NON-STOP ACTIVITY) **5.EMOTIONAL NUMBNESS** 6.OUT-OF-ORDER PRIORITIES 7.LACK OF CARE FOR YOUR BODY **8.ESCAPIST BEHAVIORS (THINK** ALCOHOL, DRUGS, SCROLLING) 9. SLIPPAGE OF SPIRITUAL DISCIPLINES 10.ISOLATION

JOHN MARK COMER'S The Ruthless Elimination of Hurry

20 Ways to Slow Down

1.SLOW DOWN. 2.GET INTO THE SLOW LANE. **3.COME TO FULL STOP AT STOP SIGNS.** 4.DON'T TEXT AND DRIVE. 5. SHOW UP 10 MINUTES EARLY FOR AN APPOINTMENT. WITHOUT YOUR PHONE. 6.GET INTO THE LONGEST CHECKOUT LINE AT THE GROCERY STORE. 7. TURN YOUR SMARTPHONE INTO A DUMB PHONE 8.GET A FLIP PHONE. OR DITCH YOUR CELL PHONE ALL TOGETHER. 9. PARENT YOUR PHONE - PUT IT TO BED BEFORE YOU GO TO BED. **10.KEEP YOUR PHONE OFF UNTIL MORNING TIME. 11.SET TIMES FOR EMAIL.** 12.SET A TIME. AND TIME LIMIT. FOR SOCIAL MEDIA. 13. KILL YOUR TV. 14. SINGLE-TASK (NOT MULTI-TASK). 15. WALK SLOWER. **16. TAKE A REGULAR DAY ALONE FOR SILENCE** AND SOLITUDE. 17. TAKE UP JOURNALING. **18. EXPERIMENT WITH MINDFULNESS AND** MEDITATION. 19.1F YOU CAN. TAKE LONG VACATIONS. 20.COOK YOUR OWN FOOD. EAT IN.