



Doug Baker | February 4, 2024
By Adding Self-Control
2 Peter 1:6

1 Peter 4:1-7

1. Self-control prevents us from _____ in life which could ultimately ruin us.

Proverbs 25:28 (KJV)

2. Self-control enables us to make our _____ for something long-lasting, even eternal.

1 Corinthians 9:24-27

3. Self-control prepares us for greater _____ and privileges.

Titus 1:5-9

4. Self-control is only truly experienced when the _____ is in control.

Quality of life	A Definition	Insights	Helpful passages	“How to” steps
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Goodness

Excellence! Being all that I can be as a believer, fulfilling my divine calling to be a faithful follower of the Lord Jesus Christ.

Goodness, “The pursuit of excellence”, frees me from apathy and laziness, and puts me on the scent of an incredibly exciting and rewarding way of life.

Hebrews 6:1-12
Galatians 5:1, 13

- 1) Understand your calling from God as a builder of His kingdom, not yours.
- 2) Determine to live up to that calling under the power of God.
- 3) Get involved in building God’s kingdom in your local church programs.

Knowledge

An intimate, face-to-face understanding of God in the person of Jesus Christ that strengthens my trust in Him and brings to my life the raw power of God for renewal and change.

The knowledge of God as He really is frees me from pride and dead formalism.

Philippians 3:1-10
Matthew 13:53-58 (knowledge increases faith)
John 14:15-21 (Jesus will reveal Himself to me as I know and obey His words)

- 1) Read God’s word daily
- 2) Realize God loves me
- 3) Respond to His love and love Him in return
- 4) Obey His commands
- 5) Jesus will show himself to me, intimately, completely, dynamically.

Self-control

A willful, purposeful, determined, choice to curb my appetites toward the pleasures of life, recognizing that there is more to life as a Christian than the pursuit of personal happiness.

Self-control frees me from slavery to deadly habits and gives me the inner discipline to accomplish great things in life.

2 Peter 2:1-10, 3:1-3
Proverbs 25:28
I Corinthians 9:25
Titus 1:8
Galatians 5:23-26

- 1) Consider my sin nature as being crucified, dead to its passions and desires.
- 2) Walk in step with the Holy Spirit, listening to His voice, and following His way and will for your life.