

Home Group Notes
Week of August 31, 2025
Ephesians 1:1-6



New to Home Groups? Glad you are coming!

Not in a group yet? You can go online to our website and apply or contact Sheri Blakey at sblakey@trinityonline.org

Our website: www.trinityonline.org

ABOUT HOME GROUPS

Home Groups are designed to be safe and encouraging relationships where we can discuss life, support and pray for each other, and learn of the deep truths of God. “Home Group Notes” are formed about these three aspects:

- 1) What do we learn about God including His character and ways. After all, as disciples of Christ, we aiming to be like Him. So, Home Group notes always have questions that help us slow down and ponder the goodness and glory of God
- 2) Home Group Notes include discussions to help us learn and grow in Christ together. The Scriptures are God’s words, supernaturally written and preserved for us to know the absolute truth about God, His ways, and His plans. And when we share what we are learning, it can become encouragement to grow.
- 3) Lastly, the notes will include our mission - our calling to live as and make disciples of Christ. When we live as disciples, people will see our love and want to know more, hear the good news of Jesus Christ, and hopefully turn to our compassionate and gracious God.

We are starting the study of “The letter to the Ephesians.” This book of the Bible is rich in powerful truth about God, freighted with important application to grow, and life-changing truth about God’s kingdom. What can be better! In order to take it in, we will follow the time-tested way of growing as a disciple:

- Observation: What does God say?
- Interpretation: What does it mean?
- Application: How do we apply the truth?

So, each week, the “Learn” questions are about observation and interpretation, the “Discuss” questions are about application.

LEARN FROM THE BIBLE, GOD’S WORD

Read Ephesians 1:1-14. Consider the following questions from Ephesians chapter one.

Especially in the first chapter, it is important that we understand the recipients of the letter. Read 1:1-2 and record below what we learn about them. Look up the meaning of any word you think is critical. Also, it is important that you remember who they are as you read the first 14 verses.

According to verse 13, when is someone included “in Christ?”

Reread verses 3-14 and list the words that point to the fact that God has a masterplan for those who are “in Christ.” (For example, “has blessed us” in verse three is something God did in the past.)

Much of this chapter is about the “spiritual blessings” that God has planned for those who are “in Christ.” List those blessings found in verses 4-14. (We will focus more on this next week.) (By the way, I count seven blessings.)

According to verses 3-6, what do we learn about God and what is Paul’s response to God and His blessings?

DISCUSS TOGETHER

The first of God’s “blessings” is “that we should be holy and blameless before Him.” What might this be first? (By the way, the ‘How this happens’ is in verses 7-10)

The second “blessing” is that God planned (set as our destination) for us to be adopted as children (with full rights). What does this tell us about God? About what He wants for and with us?

APPLY IT THIS WEEK

This week, read and reread these amazing and eternal blessings. Take time to be with God to thank and praise Him for “His glorious grace.”

PRAYER REQUESTS

- Pray for the people being baptized at Forest Home on Sunday
- Pray for our Middle and High Schoolers learning to follow Jesus
- Pray for our Global Partners serving in challenging places