



FIRST BAPTIST CHURCH
R O C H E S T E R

Sermon Discussion Guide
January 21, 2024

Refresh

Read Ephesians 4:2-3 to get the Scripture passage back in your mind.

Discuss

What are the characteristics of a “worthy” walk according to verse 3? Why do you think Paul would mention these specific characteristics? In what ways are these characteristics distinct from the world?

Of these characteristics, which do you tend to struggle with the most? Which characteristic would your spouse say you struggle with the most? Why do you or your spouse think you struggle with that characteristic?

What is “the unity of the Spirit” mentioned in verse 3? Why is it so significant?

Why do you think Paul calls believers to “maintain” this unity? What does that tell us about God’s work in the unity of the church? What does this tell us about our part in this work?

In what ways does my walk affect other believers around me? Why do we often forget how influential our walk is with those around us? How do these verses remind us of the importance of walking, not only for my own sake, but for the sake of my brothers and sisters around me?

What is the connection between love and unity in this passage? How might this connection heighten our urgency when it comes to loving those around us? Can true unity happen apart from love? Why or why not?