



FIRST BAPTIST CHURCH
R O C H E S T E R

Sermon Discussion Guide
September 22, 2024

Refresh

Read Ephesians 4:17-24 to get the Scripture passages back in your mind.

Discuss

The book of Ephesians is best understood as being divided into two parts, chapters 1-3 and 4-6. What big ideas does Paul address in each of these parts? Why is the order in which Paul addresses these ideas essential for us to understand?

As a group, spend time reflecting on the various themes found in chapters 1-3. What themes are particularly encouraging for you? Why are they encouraging?

When Paul exhorts the Ephesian believers not to “walk as the Gentiles do,” what do you think he means by that? How is this idea connected with Ephesians 4:1? Take some time as a group discussing what it means to “walk” in a way that is pleasing to the Lord.

Why is the battle of the mind so critical for someone’s spiritual walk? In what ways does our mind bear a significant influence on the way that we act? What does it look like for our minds to be sanctified according to Romans 12:1-2?

What are the symptoms of a worldly mind according to verses 18-19? What do these symptoms reveal about this person? How could a believer do a “symptom check” to understand whether these symptoms are present in their life?

In what ways does the world around us try to influence our minds? How can we protect ourselves against these temptations? For parents and grandparents, how can we protect the minds of those whom the Lord has entrusted to our care?