



FIRST BAPTIST CHURCH
R O C H E S T E R

Sermon Discussion Guide
October 13, 2024

Refresh

Read Ephesians 4:17-25 to get the Scripture passages back in your mind.

Discuss

Why does Paul make much of the mind when it comes to the process of “putting off” and “putting on” in the Christian life? How are our minds directly linked to our ability to “put off” and “put on” in the Christian life?

After we are saved, do our minds naturally think in ways pleasing to God? Why or why not? How does a believer train his mind to think the right way? In what ways have you seen your mind transformed over time? As a group, reflect on God’s kindness to change us.

What are some areas where you find yourself tempted to allow unhelpful or sinful influences to enter your mind? What are some ways you can remove yourself from that temptation? What is the long-term effect of not guarding our minds appropriately?

Parents and grandparents, how are you protecting your children’s and grandchildren’s minds from worldly influences that go against the truth of God’s Word? What have you found to be helpful in this pursuit?

If believers are called to righteousness and holiness, why do we often struggle to live that out faithfully? What does it practically look like for a believer to grow in righteousness and holiness? How might believers discern whether they are growing in righteousness and holiness?

Why do you think people so often struggle to be truthful? What are some ways people lie today that might be considered harmless or not a big deal? Why do you think we excuse those forms of lying?

Are there any ways that you are regularly tempted to lie? How can believers progressively grow in being truthful?