

Ladies After God's Own Heart

By: Sharita Hanley

O Lord, who shall sojourn in your tent? Who shall dwell on your holy hill? He who walks blamelessly and does what is right and speaks truth in his heart. Psalm 15:1-2

Samuel Mbaye, a 35 year old father of five, enjoys God's Word on a small MP3 player. Chad, his home country, is one of the world's most challenging environments for Christian witnesses. Radical Islam and the country's 22% literacy rate makes accessing and understanding the scriptures difficult. The MP3 player helps. "Jesus is my Lord, is my Savior," Mbaye says. "As a Christian, you have to tell the truth to the people. And when you tell the truth, people become your enemies because many people don't like the truth...But you have to persevere. You have to keep on going straight because you follow the will of God." Source: Global Christian Relief



Samuel Mbaye, a 35 year old father of five who works as a security guard, holds the small MP3 player.

Samuel's courage and commitment to God's truth reflects the kind of life Psalm 15 describes. In this psalm, David plainly explains what the lifestyle of the Godly looks like.

God's people don't have to be perfect but they do:

1. Have Integrity and Live Righteously

Psalm 15:2 encourages us to live blamelessly, do what is right, and speak truth. Blameless doesn't mean sinless, but it does imply integrity, honesty, and strong moral principles. As believers, our principles and morals are determined by the Bible, not the culture, or our feelings. Is our character consistent with God's world, publicly and privately? Do we make choices that reflect God's standards or ours? Do we pray for God's justice or fight for our own version? Let's be humble and ask God to help us live lives above reproach.

2. Speak God's Truth

The world is loud. But more often than not, it twists and lacks God's truth. We are called to be different. We must be honest, not just outwardly, but inwardly as well. And we must speak, share, and promote God's truth.

Even if we lose followers or gain enemies because of it. In John 15:18, Jesus says, “if the world hates you, know that it has hated me before it hated you.” Yes, speak the truth in love, but we must not compromise the truth to submit to the world’s version of love, which oftentimes misconstrues truth and demands and requires tolerance of sin.

3. Avoid Slandering Others

It’s hard to be engaged in any form of the news or social media without seeing or hearing of some type of slander. But sisters, making defamatory statements, damaging another person’s reputation, and misrepresenting people, is NOT of God. We must be careful what we entertain, share, and repeat. Psalm 15:3 gives us clear instructions. Do not slander with our tongue. Do no evil to our neighbor. Take up no reproach against a friend. Is that how we live? Are we loyal? Kind? Faithful? If not, this is a good time for us to repent and ask God to strengthen us in this area.

4. Honors God’s Followers

In such a polarized society, it’s easy to honor those who look like we look and think like we think, but that’s not God’s standard. In 1 Samuel 16:7, God reminds the prophet Samuel, that He does not look at outward appearance. He looks at the heart. Do we? Do we honor those who follow God even if they look, think, and vote differently than us? Heaven is not our home because of the color of our skin. Heaven is our home because of our faith in Jesus. Remember, Jesus said “for whoever does the will of my Father in heaven is my brother and sister and mother,” in Matthew 12:50. We must not forget that even when society does.

5. Keep Their Promises

God is faithful. We should be too. Yes, life happens, but we should aim to keep our promises. The end of Psalm 15:4 tells us that we should keep our word even when it hurts to do so. The world is quick to change its mind for whatever reason. We should be different. Jesus said it this way: “let your ‘yes’ be ‘yes’ and your ‘no’ be ‘no.’” (Matthew 5:37). Keep it simple. Keep it truthful. Be committed.

6. Give Generously

God’s people are generous. To all. Without interest. We shouldn’t hold things over others’ heads. God doesn’t want us to pick and choose who we’re generous with. Remember God is not a respecter of persons. When was the last time you were generous to someone you would usually ignore? Challenge yourself to be kind this week. Give, share, or donate. Step outside of yourself and be generous.

7. Not Lie

The last verse in Psalm 15 tells us not to lie to the innocent. The world is full of gossip and conspiracy theories. Don’t take part in that. Pray about it when you’re led to and train your mind to think about other things when you’re not. Philippians 4:8 tells us to think on things that are honorable, just, pure, lovely, commendable, and anything worthy of praise.

Psalms 15 is the hard heart work that makes us like Christ. Are we open and willing to allow God to mold and shape us like Him? The journey won't be easy, but the result will be oh, so beautiful.

Reflect:

- Which of these character trait(s) do you excel in the most and which one(s) are you weakest in? Ask God to help you in those areas.

Dig a little deeper

- Read Psalm 1 to read about the characteristics of those who are favored by God
- Father, it's so easy to fall short of Your glory, but thank you for Your grace. Help us live righteously. Remind us to pray when we're tempted to slander or gossip. Help us boldly stand for Your truth even when the culture deems it as hateful. Help us to become like you. Kind and compassionate. Holy and bold. Just and faithful. Help us to be light in a dark and divided world. In Jesus' name, Amen.

REFERENCES

The Holy Bible, English Standard Version. ESV Text Edition, Crossway, 2016.

"When Faith Finds a Voice: How Audio Bibles in Chad Encourage Believers." *Global Christian Relief*, 18 Oct. 2025, <https://globalchristianrelief.org/stories/when-faith-finds-a-voice-how-audio-bibles-in-chad-encourage-believers>. Accessed 19 Oct. 2025.