

WHAT DOES *Jesus* do?

LENTEN REFLECTION GUIDE

*In times of temptation, misunderstanding, shame, suffering, grief, and celebration, **What Does Jesus Do?** This Lent, we will step into stories full of common human experiences and watch how Jesus responds.*

Guiding Points for Reflecting on the Gospel Lessons:

- Reflect on the ways that God is active in our lives every day, all the time. Perhaps you notice new ways that you can recognize the work and movement of the Holy Spirit.
- Prayerfully ask the questions. “How is Jesus acting in this moment?” or “What does God desire today?” or “What is the Holy Spirit showing us right now?”

Guiding Scriptures for Lent

Read each passage of scripture slowly and with intention as a daily meditation:

February 22 – 1st Sunday of Lent: Matthew 4:1-11

March 1 – 2nd Sunday of Lent: John 3:1-17

March 8 – 3rd Sunday of Lent: John 4:5-30

March 15 – 4th Sunday of Lent: John 9:1-41

March 22 – 5th Sunday of Lent: John 11:1-45

March 29 – Palm Sunday: Matthew 2:1-11

Lenten Prayer

Prayer for a New Heart (UMH 392)

You who are over us,

You who are one of us,

You who are:

Give me a pure heart, that I may see You;

A humble heart, that I may hear You;

A heart of love, that I may serve You;

A heart of faith, that I may abide in You.

Amen.