

Glory of God.
Good of all people.



Week 1: Remember Who You Are

HOW TO USE THIS GUIDE

To maintain a healthy group, focus on four key components: Word, prayer, relationships, and outreach. This guide will help you study a biblical passage through observation, interpretation, and application. As you explore Luke 22:19, keep in mind this week's focus on remembrance as the way to bring God's past faithfulness into the present moment.

CONNECT

- Did your family have any traditions of memory growing up?
- Share about a time when remembering a past event or story—maybe a family tale or personal victory—gave you strength or motivation for something you were facing. How did that memory impact you beyond just recalling facts?

INTRODUCTION

Luke 22:19 captures Jesus' words at the Last Supper: "Do this in remembrance of me." This isn't passive recall but an invitation to *zakar*—the Hebrew concept of remembrance that imparts power, connecting God's past faithfulness to our present. Tied to the Passover meal, it reinterprets deliverance from Egypt as freedom through Christ's sacrifice. God weaves our "destined past" into our lives to fuel the "destined present," through active remembrance, while forgetting leads to spiritual decline (Psalm 78).

OBSERVATION & INTERPRETATION

Read: Luke 22:14-20 (focus on v. 19)

- How does this connect to the original Passover in Exodus, where blood spared lives from judgment?
- What does the context of the Last Supper reveal about Jesus as the "Passover Lamb" (1 Corinthians 5:7), and how does remembrance here go beyond mental recall to invoking His sacrificial power?

Read: Psalm 78:1-8, 40-43

- The psalm warns against forgetting God's deeds, leading to rebellion. What examples does it give of Israel's forgetfulness, and how does this contrast with the power of *zakar* to teach future generations?
- *Zakar* means imparting energy from past acts into the present. How might forgetting God's miracles (like the plagues or Red Sea) weaken faith, while remembering renew them?

APPLICATION

- *Zakar* imparts power: Identify a "destined past" moment where God showed up in your life. How can rehearsing it this week give you strength for a current challenge?
- Share a story of God's faithfulness with someone younger, like during a meal. How might this impart vision and prevent spiritual forgetfulness?
- The next time you partake of the Lord's supper, what burden or doubt could you release by remembering His sacrifice?

PRAYER

Thank God for weaving our destined past. Pray Habakkuk 3:2 over your lives, and for anyone needing to remember their identity in Christ to overcome forgetfulness or weakness.