



Week 4: Define Me

HOW TO USE THIS GUIDE

To maintain a healthy group, focus on four key components: Word, prayer, relationships, and outreach. This guide will help you study a biblical passage through observation, interpretation, and application. As you explore Acts 9:1-6 and Philippians 3:4-8, keep in mind this week's big idea: **we must learn to pray "Define me,"** allowing God to reveal and reshape our identity in Christ.

CONNECT

Ask this ice-breaker: "Share about a time when you felt pressure to define yourself—maybe through achievements, labels, or expectations. How did it affect your sense of peace or purpose?"

INTRODUCTION

In Acts 9:1-6, Saul (later Paul), confident in his self-defined identity as a zealous Pharisee, encounters Jesus on the road to Damascus. A heavenly light and voice confront him, leading to a radical redefinition of his life and purpose. In Philippians 3:4-8, Paul reflects on this transformation, counting his former accomplishments as "loss" compared to the surpassing worth of knowing Christ. This passage helps us see how Paul was freed from his own self-understanding and brought into a new definition of his life and purpose.. Praying "Define me" invites God to expose lies and grant us a new self in Him.

OBSERVATIONS & INTERPRETATION

Read: Acts 9:1-6

- Saul is "breathing threats and murder" against believers (v. 1). What does this reveal about how a self-defined identity can lead to harm or misalignment with God's truth? What did Paul's false self-understanding lead to?
- Jesus asks, "Why are you persecuting me?" (v. 4). How does this encounter force Saul to question his sense of self?

Read: Philippians 3:4-8

- Paul lists his impressive credentials—"confidence in the flesh" (vv. 4-6). Why does he now count them as "loss" for the sake of Christ (v. 7)?
- He calls his former gains "rubbish" compared to knowing Christ (v. 8). How does this shift illustrate the freedom of receiving identity from God rather than building it ourselves?

APPLICATION

- How has self-definition led to anxiety in your life, and what lies might God want to expose as you pray "Define me"?
- Discuss a few "I am" statements from Scripture (e.g., "I am a new creature in Christ" from 2 Corinthians 5:17). How can declaring these truths reshape your daily life and relationships?
- How does Jesus' identification with us in the gospel bring peace and direction to our lives?

PRAYER

In prayer, give God your whole self, and ask God to do the work of defining you. Repent of your false self-understanding and trust what God's word says about you.

CONFESSION OF FAITH

Take a moment to confess this out loud as a group:

- I have been justified and redeemed (Romans 3:24)
- My old self was crucified with Christ, and I am no longer a slave to sin (Romans 6:6)
- I will not be condemned by God (Romans 8:1)
- I have been set free from the law of sin and death (Romans 8:2)
- As a child of God, I am a fellow heir with Christ (Romans 8:17)
- I have been accepted by Christ (Romans 15:7)
- I have been called to be a saint (1 Corinthians 1:2; cf. Ephesians 1:1; Philippians 1:1; Colossians 1:2)
- In Christ Jesus, I have wisdom, righteousness, sanctification, and redemption (1 Corinthians 1:30)
- My body is a temple of the Holy Spirit who dwells in me. (1 Corinthians 3:16; 6:19)
- I am joined to the Lord and am one spirit with Him. (1 Corinthians 6:17)
- God leads me in the triumph and knowledge of Christ. (2 Corinthians 2:14)
- The hardening of my mind has been removed in Christ. (2 Corinthians 3:14)
- I am a new creature in Christ. (2 Corinthians 5:17)
- I have become the righteousness of God in Christ. (2 Corinthians 5:21)
- I have been made one with all who are in Christ Jesus. (Galatians 3:28)
- I am no longer a slave, but a child and an heir. (Galatians 4:7)
- I have been set free in Christ. (Galatians 5:1)
- I have been blessed with every spiritual blessing in the heavenly places. (Ephesians 1:3)
- I am chosen, holy, and blameless before God. (Ephesians 1:4)
- I am redeemed and forgiven by the grace of Christ. (Ephesians 1:7)
- I have been predestined by God to obtain an inheritance. (Ephesians 1:10b-11)
- I have been sealed with the Holy Spirit of promise. (Ephesians 1:13)
- Because of God's mercy and love, I have been made alive with Christ. (Ephesians 2:4-5)
- I am seated in the heavenly places with Christ. (Ephesians 2:6)
- I am God's workmanship created to produce good works. (Ephesians 2:10)
- I have been brought near to God by the blood of Christ. (Ephesians 2:13)
- I am a member of Christ's body and a partaker of His promise. (Ephesians 3:6; see also 5:30)
- I have boldness and confident access to God through faith in Christ. (Ephesians 3:12)
- My new self is righteous and holy. (Ephesians 4:24)
- I was formerly darkness, but now I am light in the Lord. (Ephesians 5:8)
- I am a citizen of heaven. (Philippians 3:20)
- The peace of God guards my heart and mind. (Philippians 4:7)
- God supplies all my needs. (Philippians 4:19)
- I have been made complete in Christ. (Colossians 2:10)
- I have been raised up with Christ. (Colossians 3:1)
- My life is hidden with Christ in God. (Colossians 3:3)
- Christ is my life, and I will be revealed with Him in glory. (Colossians 3:4)
- God loves me and has chosen me. (1 Thessalonians 1:4)