

INTRODUCING ESTABLISHING FOUNDATIONS

This discussion guide should only take 20-30 minutes, so plan to do it at the beginning or end of your group meeting. The rest of your group time can be wrapping up your previous series or spent getting to know one another and socializing.

WHAT IS ESTABLISHING FOUNDATIONS? WHY ARE WE DOING IT IN OUR GROUP?

At the end of the Sermon on the Mount, Jesus describes two different people who both build a house. The first person builds his house on a rock and the house stands firm when the storm comes. The second builds his house on sand and when the storm comes, the house falls. Both men built a house. Both houses faced a storm. Only the house with the right foundation was left standing.

As we go through Establishing Foundations in our group, our goal is that you and your group members would lay a strong foundation for your life so you too can stand firm as a disciple of Jesus. By the end of this process, you'll be established in three areas: the faith, the Bible and prayer, and the church.

DISCUSS

- Read the above paragraphs to your group. Ask them: What about this excites you? Is there anything that worries you?

HOW ARE WE INTERACTING WITH THIS CONTENT THROUGHOUT THE WEEK?

Each week, you'll have a chapter of the Establishing Foundations book to complete. Each chapter has 5 exercises in it, designed to be done one a day for five days of the week. Each one will likely take roughly 20 minutes to complete. For some of us, this will be a new and big endeavor – but we encourage you to think of it as an opportunity to build the important rhythms of Bible study and prayer that are essential to the life of a disciple!

DISCUSS

- What are your daily rhythms of Bible study and prayer right now? What changes might you need to make to fit this in?
- How can we support one another as we embark on this journey together?

When you are finished, let the group know that the first week's discussion is Appendix II: Hearing God (Inductive Bible Study). Complete that chapter this week and come ready to talk about it next week. Anyone looking for a copy of the book can find it at Aletheia.org/Establishing or can get a copy in person on Sunday for a suggested donation of \$10 (to cover printing costs.)