



Week 2: Truth, Grace, Change

HOW TO USE THIS GUIDE

There are four crucial components for a group to maintain its health: Word, prayer, relationships, and reaching out. In this guide, you will study the biblical passage in three steps: observation, interpretation, and application. As the group leader, you are free to use any part of this guide that can assist you in achieving this goal.

CONNECT

- What's one high and one low from the past week?
- When you were young, what's an imaginary story involving yourself that you would daydream about?
- If someone asked you what the difference is between Christianity and other religions, what would you say?

INTRODUCTION

Our values at Aletheia are truth, grace, and change. Values can feel like an abstract concept, but values determine actions—just like a family that values respect won't tolerate a child yelling at her mother. Our values at Aletheia aren't chosen in a vacuum, however. They're determined by the gospel itself. In Ephesians 2:1-10, Paul beautifully summarizes the gospel. In this gospel presentation, we can see what it means to value truth, grace, and change in this house we call Aletheia.

OBSERVATIONS & INTERPRETATION

Read: Ephesians 2:1-10

- What stands out to you from the passage? What about it caught your attention?
- Verses 1-3 are pretty bleak. What examples come to mind when you think of people living "in the passions of [their] flesh, carrying out the desires of the body and the mind," and how do these actions cause harm?
- Look at chapter one, verses 19-23. Based on these verses and other parts of the Bible, what do you think it means to be seated with Christ in heavenly places?
- What is the difference between the "works" described in verse nine and the "works" in verse 10?

APPLICATION

- How is God calling you to respond to this passage? (Thoughts, attitudes, motivations, and/or actions.)
- How do the truth and grace of the gospel presented in this passage shape the way you think about yourself and others?
- What "good works" has God called you to right now in your life, and how can this passage empower you?

PRAYER

- Spend time thanking God for his gift of grace "while we were still sinners."
- Pray for clarity on what good works he's calling you to in response.
- Pray for our church, that the gospel would always shape our attitudes and actions.